



SSPP School News

26th May 2023 Issue 31



**NEVER GIVE UP, THE
NEXT TRY COULD BE
THE ONE THAT
WORKS**



SS Peter and Paul's Catholic Primary School

The Good Shepherd Catholic Trust

Gordon Road, Ilford, Essex, IG1 1SA, UK

Tel: 020 8478 1267

admin.sspeterandpauls@redbridge.gov.uk



*We show our love for God, in the way we treat each other.
Together we follow Jesus, by learning, and sharing our gifts.*

Dear Parents and Carers,

On Monday, we welcomed the Governors to SSPP for the day. They attended our whole school assembly, interviewed the Rights Respecting steering group, saw a phonics lesson and visited the EYFS. They were particularly impressed with Nursery, who had just returned from a shopping trip, having purchased all the necessary ingredients to make an appetising breakfast. The day was tinged with some sadness as we said goodbye to Mr Coughlin, a Governor at SSPP for over twenty-four years. We thank Mr Coughlin for all his support and loyalty to SSPP for so many years and wish him a long and happy retirement.

Y5 visited Ilford Football Club on Wednesday, as part of their history topic on the local area. During their long history of 135 years, Ilford Football club came up against many top sides and played in Wembley Cup Finals on two occasions achieving national acclaim; the children and staff found it very interesting.

On Thursday, the school was taken over by protestors! Y2 marched through the school using their freedom of speech, ensuring we all understood the suffragette movement of the late 1800's. It was good to see that boys and girls chanted 'Votes for Women'... to make the point!



Sporting4schools are now taking books for after school club, after half term; full details may be found on Google Classroom and by using the link below.

www.bookwhen.com/sporting4schoolssspeterandpauls

We pray for all the children making their First Holy Communion this weekend; may the blessings of Christ always be upon them.

I wish you all a lovely half term holiday with your families.

God bless,

Mrs S Johnson
Headteacher

Headteacher

Mrs Johnson

Deputy Headteacher

Mrs Hull

Assistant Headteacher

Mr Roca-Mas

DATES FOR YOUR DIARY

Friday 26th May

Last Day of Summer 1
1.30pm finish

Monday 5th June

INSET Day

Tuesday 6th June

First day of Summer 2

Wednesday 14th June

Sports Day

Thursday 15th June

Nursery Class Assembly

LINKS

School Website:

<https://www.sspeterandpauls.redbridge.sch.uk/>

UNICEF Article 19

Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and mistreatment by their parents or anyone else who looks after them.



Gospel Reflection (John 20:19-23 (Pentecost Sunday))

In the evening, the disciples were gathered in a room. They had locked the doors because they were afraid of the people who had crucified Jesus. Jesus came and stood among them. "Peace be with you," he said to them. He showed them his hands and his side; the disciples were filled with joy when they saw the Lord. "Peace be with you," Jesus said to them again. "As the Father has sent me, so I now send you." When he had said this, he breathed on them. "Receive the Holy Spirit," he said to them. "If you forgive the sins of anyone, then they are forgiven. If you do not forgive them, they are not forgiven."

The Holy Spirit gives the disciples the courage to see that they can do what Jesus asks of them. Jesus asks us to do the same as the disciples – to spread his message of love and peace to all people through what we do.

Prayer for the week

God of all, you sent your Spirit to be with the disciples, filling them with joy, peace and courage. May we also be filled with your Spirit, be brave and share your peace in our world. Amen.

"May we be united to one another, by the power of love which the Holy Spirit pours into our hearts." Pope Francis

Star Pupil Awards

N	
RC	
RS	Harkirat
1A	
1C	
2I	Whole Class
2P	Whole Class
3S	Dhvija
3W	
4B	Zachary
4M	
5C	Kaustubh
5S	Tryphena
6B	Sofia C
6R	Aadhu

Attendance w/e 26th May 93.47%

Class	% (Target 95.5%) Class attendance weekly percentages since the 5 th September 2022 Gold = Highest Green = Above 96% Red = Below 96%
RC	86.67%
RS	88.52%
1A	94.63%
1C	92.67%
2I	97.24%
2P	94.00%
3S	98.46%
3W	95.42%
4B	95.56%
4M	93.60%
5C	95.17%
5S	96.30%
6B	93.79%
6R	93.45%



It is important that we always have the most up-to-date contact details you can provide. Please let the school office know if your contact details have changed or if additional people are collecting your child.

School Games Values Certificates

Look out for more certificates being issued in future newsletters.



Upcoming Dates

Monday 5th June

INSET Day

Tuesday 6th June

First day of Summer 2

Wednesday 14th June

Sports Day

Thursday 15th June

Nursery Class Assembly



House Points Totals

NEWMAN	<div style="width: 40%;"></div>	7812
MANNING	<div style="width: 60%;"></div>	10196
VAUGHAN	<div style="width: 50%;"></div>	9848
WISEMAN	<div style="width: 30%;"></div>	6262



SCHOOL NEWS

Saint of the Week: St Augustine of Canterbury

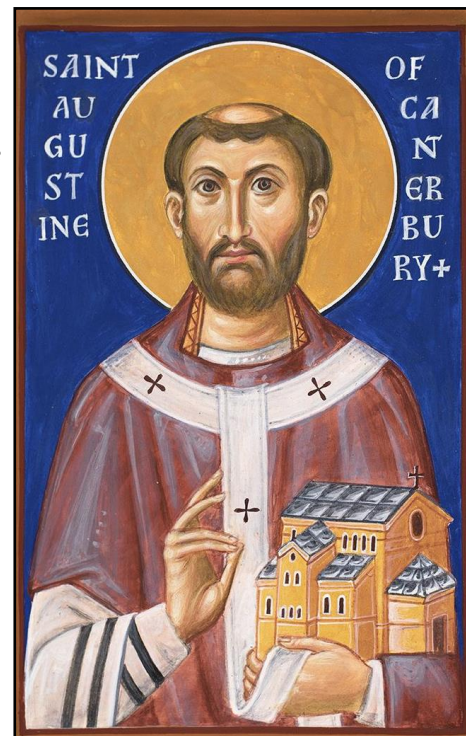
Around the year 595, Pope Saint Gregory the Great was said to have been walking through a Roman market when he came upon some young boys being sold as slaves. Out of concern for them, he inquired where the boys were from. "Angles from the isle of England" he was told. "Ah, they are angels!" he exclaimed. Seeing these pagan boys being sold as slaves moved the pope to take action. He wanted them Christian, and he wanted all of Anglo-Saxon England to be Christian. But how?

Nothing is known about Augustine before his mission to England, but he was most likely born and raised in Rome in a noble family. Though his date of birth is unknown, he would have been advanced in years when he set out on his mission.

The monks' objective was to go to King Æthelberht of the Kingdom of Kent, southeast England. King Æthelberht's wife was a Christian and the daughter of Frankish King Charibert I. Before giving his daughter to Æthelberht in marriage, Charibert obtained Æthelberht's agreement to allow his daughter to freely practice her Christian faith. Æthelberht's wife brought a Catholic bishop to Kent with her to minister to her needs. This arrangement clearly softened King Æthelberht's heart toward Christians.

Encouraged by the pope, Abbot Augustine and the monks set out for the Kingdom of Kent. After the monks crossed the English Channel, King Æthelberht went out to meet them, welcoming them with open arms. He offered them a ruined church and gave them permission to convert as many people as they could. In less than a year, the king himself converted and was baptized. Elated with the news, Pope Gregory named Abbot Augustine as the first Archbishop of Canterbury. After receiving episcopal ordination in Arles, France, Bishop Augustine returned to Kent and enthusiastically continued his mission. On Christmas Day 597, Bishop Augustine baptized nearly 10,000 Anglo-Saxons.

Saint Augustine of Canterbury, you were open to the will of God in your life, despite the radical and unexpected nature of your calling. You responded with courage, faith, and hope, and God used you in powerful ways.



Rights Respecting / Global Action – Miss Ionita's Weekly Information

Whilst enjoying the lovely sunshine this half term, please have a look at our **Article 29** focus for the current week:

Article of the Week

To get a better understanding of Art 29, we recommend you pick one of the activities below:



Which of the hobbies or activities in this video do you enjoy? What other hobbies can you think of? Make a list of all the hobbies that people you know do.



Article 29 says that education should develop your personality, abilities and talents. Look up these words and discuss their meaning. Create a drawing or write a poem or story to show some of your abilities and talents or an aspect of your personality.

Work with a partner or small group (friends, family, siblings). Talk about the things that you think each person is really good at or has a special talent for. Consider making a 'Talent Tree' for your class with each person's picture on a leaf with their talents on the other side.

Everybody is different, but education is for everyone and no one should be discriminated against (Article 2).

Article 29 includes developing respect for human rights. How does your school community show that this is an important part of your education? Make a list and send it to Ms Ionita.

West Ham Corner

The sun was out, it was the final home game of the season, and for once, everything seemed to fall into place.

Leeds were the visitors, and they are still fighting for their lives at the bottom of the table.

Sam Allardyce had been brought in with only a few games to go in an attempt to avoid what looks like the inevitable relegation, so it was worrying that West Ham, with nothing to play for, and who have their eyes firmly on their European final, were in the way of much needed points.

Leeds started brightly and, as expected, and bagged a 17th minute goal. That was as good as it got for them, and by the end of the match they had conceded three to West Ham and were staring the drop in the face.

If Hollywood could have written the script, it would have gone something like the reality we saw, as Declan Rice got the equaliser in what *could* be his final home appearance as captain of the side, and after Bowen had put us ahead, another possible departing fan favourite Lanzini got a third in the 94th minute.

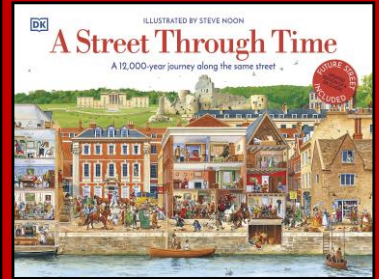
With one league game to go against another team destined for the Championship (Leicester) it has been a strange old season, but the chants of 'one more year' to Rice will resonate all summer.

Latest Result: West Ham 3 – 1 Leeds United

League Position: 14th



Recommended Read Year 3



Have you ever wondered what your street was like hundreds and hundreds of years ago? In this book you can follow the life of one such street. You will see it develop from a small Stone Age camp - changing over thousands of years - into a bustling riverside thoroughfare in the heart of a metropolis. This beautifully illustrated book brings fourteen key periods in history to life. You will see magnificent buildings go up and come down new churches built on the site of ancient temples wooden bridges destroyed and then remade in stone and statues demolished then unearthed many years later. But incredibly some buildings do survive and remain centuries later in the heart of a modern city. You'll find out too how people lived long ago - the tools they used what they wore what they ate and what they did all day. The lively text provides a fascinating and factual insight to the pictorial story and also suggests lots of hidden details to spot.

If you liked this then try:

+ 'A City Through Time' by Steve Noon

+ 'Machines on the Moon' by Clive Gifford



Top Ten

These are the current SSPP top ten pupils:

Rank	Name	Year Group
1	Angeline	Year 5
2	Naomi	Year 5
3	Moriah	Year 6
4	Chinualum	Year 5
5	Harleen	Year 5
6	Bhavagnya	Year 4
7	Joab	Year 3
8	Jessica	Year 5
9	Manasvi	Year 3
10	Timothy	Year 5

Community News



Our School Fete and Parish Fun Day will take place on **Saturday 1st July**.

As we have done in the past, the day will begin with Mass celebrated at school by Father Andrew.



Recent Tweets – @SSPP_Primary



SSPPCatholicPrimary
@SSPP_Primary

...

As part of our 'Reading is out of this world' Book Week celebrations, we set a competition based on 'Even Aliens Need Snacks' by [#MatthewMcElligott](#). It was great to hand out the space-themed prizes to our winners, a couple of which can be seen here. [#SSPP](#) [@moses_brian](#)



SSPPCatholicPrimary
@SSPP_Primary

...

Year 6 are pulling together so many elements of the curriculum through their current Theme Park Project. There is budget setting in maths, maps in art, persuasive brochures in English and even website design coming after half term in computing. [#SSPP](#) [#BroadCurriculum](#)



#BOOKMATCH

© The Reader Teacher

Books for fans of Percy Jackson by Rick Riordan



IF YOU LIKE PERCY JACKSON, READ THESE

For more #BookMatch & similar suggested reads, visit TheReaderTeacher.com

Author Book Match



Rick Riordan

- + Percy Jackson Series
- + Daughter of the Deep
- + The Trials of Apollo Series
- + Cold Springs
- + The Kane Chronicles

Year 6 – Project

Year 6 are pulling together so many elements of the curriculum through their current Theme Park Project. There is budget setting in maths, maps in art, persuasive brochures in English and even website design coming after half term in computing.



Uniform

Please take the time to refresh your memory over what the summer uniform requirements are at SSPP.

This information can be found on our School Website (Parents – Uniform).

We are currently seeing a lot of coloured under layers being worn which can be seen below the sleeve line on our shirts and hem line of the girls' dresses.



INSET Day

Please note that **Monday 5th June** is a Staff INSET Day, meaning pupils return on **Tuesday 6th June** for the start of Summer Two, our final term of the year.



School Choir Albert Hall

Near the end of this week's newsletter there is a flier from the Redbridge Music Service with details of how purchase either a DVD or online download of the Choral Festival we took part in back in March.

This was such a wonderful event to behold, so a memento like this might be something you wish to consider buying.

Details of costs and the ordering process can be seen within the information.



Year 2 – Art

Year 2 began their Art topic this week by looking at patterns in nature. They collected natural items from our playground and then used them to create their own artwork. During their topic, they will be learning more about Angie Lewin, a print maker who creates images based on the UK's natural flora. They will then be creating their own prints, drawing inspiration from their History topic this term.

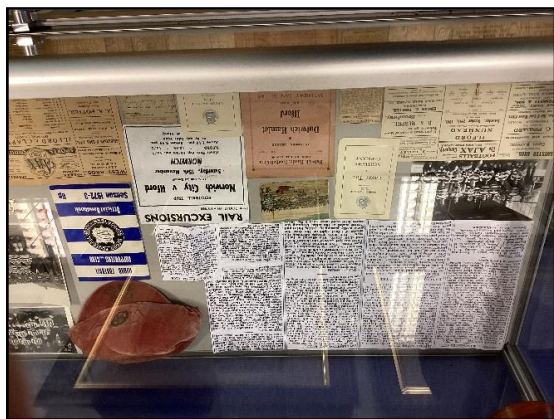


Angie Lewin



Year 5 Trip to Ilford Football Club

On Wednesday 24th May, Year 5 had an 'away fixture' at Ilford football club. Our history topic this term is 'The History of SSPP', as part of our learning we also discuss the history of Ilford and how it has changed over time. Ilford Football Club in conjunction with the Redbridge Museum were able to arrange a joint session to discuss the changes in Ilford from the Ice Age up to the present day. The children were able to handle and investigate a selection of different artefacts and answer questions about the History of Ilford Football club.



Year 2 – History & Art

All of the hard work in our History and Art topics came together this week when Year 2 took part in a protest march. After learning about Rosa Parks and Emmeline Pankhurst, amazing women who both stood up for what they believed in, we held our very own suffragette march through the school. We used sashes, rosettes, posters and our voices to get our message across. The suffragettes slogan "Deeds not words" tells us that instead of complaining that something is unfair, we need to **DO** something about it to make a change. It is important that our children understand this and know they should speak out when they feel something is unfair.

Rights Respecting Article 12 says that we have the right to have our opinions heard and taken seriously.

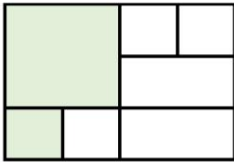
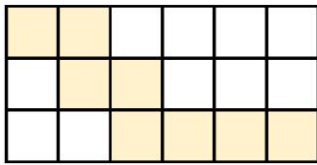


Palmer Catholic Academy – Year 6 Parents

Palmer Academy are holding a meeting for our current Year 6 pupils who will be attending there in September on **Tuesday 4th July at 4:30pm**. In addition, on **Thursday 6th July**, they are inviting into the academy for their Induction Day, those Year 6 pupils who will be joining them in September.



1 What fraction of each rectangle is shaded?



2 Work out the following fraction calculations.

(a) $\frac{3}{6} + \frac{1}{2}$

(b) $\frac{2}{5} + \frac{7}{15} + \frac{3}{5} + \frac{8}{15}$

(c) $1 - \frac{1}{5} - \frac{3}{10}$



The answer to the KS1 problem seen in our last Newsletter:

1 Complete these number sentences.

$5 + 5 + 5 + 5 = \boxed{4} \times 5$

$2 + 2 + 2 + 2 + 2 = \boxed{2} \times 5$

$10 + 10 + 10 = \boxed{6} \times 5$

$5 - 5 = \boxed{0} \times 5$

2 Lou has 5 bananas.



Don has 8 times as many.

$5 \times 8 = 40$
 $40 + 5 = 45$

How many bananas do they have in total?

They have 45 bananas in total.

A bag contains 100 counters.

3 Susie takes out 26 counters.

Mark takes out 39 counters.

How many counters are left in the bag?

$100 - 26 = 74$
 $74 - 39 = 35$

There are 35 counters left in the bag.



Online Safety

As part of our continued drive to offer advice and support for all aspects of digital/online safety, we are going to showcase weekly information from the National Online Safety resources which can be found at: <https://nationalonlinesafety.com/>

Wearable tech is increasingly big business. More than 170 million smartwatches were sold globally in 2022, for example, with Apple biting off the largest chunk of the market (26% - some distance ahead of Samsung, in second with 9%). That's partly because they have more than 21,000 apps available for their devices, allowing users to customise their smartwatch experience.

Both Apple and Samsung's products, of course, lean towards the higher spec end of the market – usually with price tags to match. Sourcing a less expensive alternative, however, often also means inferior safety features to protect young wearers. That's just one of the potential hazards highlighted in our #WakeUpWednesday guide to smartwatches. In the guide you'll find tips on a number of potential risks such as location tracking, causing distractions at school and the danger of theft.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many devices which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

10 top tips for safely using SMARTWATCHES

Kids love gadgets, and smartwatches – available to buy from as little as £20 online – make a tempting gift. As with any type of mobile technology, though, smartwatches can pose risks to children unless they're used safely. Receiving unwanted calls, cyber-stalking and distracting a young person when they're crossing the road are all known risks associated with smartwatches. However, these devices can bring plenty of benefits for children and parents alike – so let's examine the pros and cons of smartwatches.

AVOID CHEAP OPTIONS

A quick search online yields a torrent of cheap smartwatches for kids, costing as little as £20. It's wise to avoid this bargain basement tech: it tends to deliver a poor experience with inferior battery life, and it's hard to have faith in the software's safety. There have been cases of smartwatches being hacked to track or contact children; stick to known brands who have a reputation to protect.

CONTROL CALLING

Many smartwatches have the facility to make or take calls. As with a phone, you may want to restrict who your child can call – or be called by. On Apple Watches, you can select trusted contacts who are allowed to ring your child, while other watches' controls vary hugely. Some need to connect to a linked phone for calls, so you may be able to block unknown contacts via that device instead.

BEWARE HIDDEN COSTS

For a smartwatch to allow calls independently (that is, without being connected to a phone via Bluetooth), it will need its own mobile data plan, this might take the form of a tiny SIM card that you slot into the watch – or an eSIM, where the physical card is replaced by software settings. Either way, this will incur an additional monthly cost that you'll need to factor into any buying decision.

ENABLE FAMILY SHARING

Apple Watches aren't cheap, but they do offer superb safety features – allowing parents to control calls, messages and emails on the device, as well as a location tracking system that can send alerts if kids wander beyond pre-set boundaries. Their SOS function enables children to contact emergency services instantly if they're in trouble, which simultaneously also alerts parents and carers.

MAKE THEM COOL FOR SCHOOL

Some schools have banned smartwatches, as pupils have been using them as substitute phones. If your child's school does permit them, some devices can be set to prevent distractions in class. For example, Apple's Schooltime feature turns their watches into ordinary time-keeping devices during school hours. The display changes in this mode, showing teachers that it isn't being used for other purposes.

BE MINDFUL OF BEDTIME

Many smartwatches offer sleep tracking, which some (usually older) children use to justify wearing them to bed. However, that also presents a temptation to message friends or check social media late at night, even if their phone is downstairs. Unless there's a valid reason not to, you could encourage your child to remove the watch in the evenings and ensure the charger stays in a different room.

TRACK ITS LOCATION

Both Apple and Android devices have apps which allow you to track a smartwatch's location. You can also initiate an audio alert – avoiding those cushion-hurling panics when a treasured device can't be found at home. If you're planning to track your child's location via their watch, make them aware of that in advance. You could even make it a condition of them getting the watch in the first place.

THINK 'SAFETY FIRST'

Smartwatches are often worth hundreds of pounds, which can make young people wearing one a target for thieves. Advise your child to keep the watch hidden in public (when possible) and not to resist if muggers demand their watch. If you manage to track a stolen device, pass that information to the police: location data isn't always accurate, so you could end up wrongly accusing someone.

STORE MEDICAL INFO

Devices including the Samsung Galaxy Watch and Apple Watch can store the owner's medical details (such as their blood group and any pre-existing medical conditions), potentially giving emergency services access to vital information in a crisis. These devices also have 'hard fail' detection, which sends a text message to selected contacts along with a map showing the wearer's location.

USE THEM AS MOTIVATION

If you're worried your child's spending too much time slumped on the sofa staring at screens, smartwatches are great fitness trackers and can be a powerful incentive to get moving. Some devices will alert the wearer if they've been inactive for a long time and encourage them to do some exercise. Many watches record the user's daily step count and measure other health metrics.

Meet Our Expert

Barry Collins has been a technology journalist and editor for more than 20 years, working for titles such as the Sunday Times, Which?, PC Pro and Computeractive. He's appeared regularly as a technology pundit on television and radio, including on BBC Newsnight, Radio 5 Live and the ITV News at Ten. He has two children and writes regularly about internet safety issues.

NOS National Online Safety

#WakeUpWednesday

@natonlinesafety /NationalOnlineSafety @nationalonlinesafety @national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 03.09.2023



DON'T MISS THIS FANTASTIC OPPORTUNITY

REDBRIDGE MUSIC SERVICE

REDBRIDGE SCHOOLS CHORAL FESTIVAL

Happy and Glorious

13 March 2023 | Royal Albert Hall

DVD & ONLINE

Relive the magic of this spectacular concert for years to come

Order your DVD today

A professional video recording of this concert from the Royal Albert Hall is being produced. DVDs and ONLINE DIGITAL VIEW will be available for purchase by early May, priced £15 (p+p for DVD).

You can order online at

bsfv.co.uk/shop

What's coming up at Redbridge

Forum June 2023



Wednesday 7th June

Zoom meeting at 7-8pm Link: <https://us06web.zoom.us/j/81547460511?pwd=NnU0TEJleHc0czJYTk5kN1RlcjlhUT09>

In partnership with The Money Charity we will be hosting this zoom session to guide you on making your Will and future planning. This session will include

Recognising the Importance of Wills, The Tax Implications of Making a Will, Do I Need a Solicitor and How Do I Choose One? Planning for the Future including Powers of Attorney and Social Care, Know How To Access Credible, Up-To-Date and Impartial Financial Advice.

All attendees will receive a copy of The Money Manual as a handy guide to making the most of your money, together with a signposting handout detailing the organisations mentioned in the session

Another valuable session, as too many of us put off making a will, so to help you get started *book with* Miraj@redbridgeforum.co.uk

Lastly look out for our invite coming for a social gathering at the Kenneth More Theatre on the afternoon of Thursday 8th June.



Fundamentals of Financial Wellbeing

For over 25 years, The Money Charity has been helping people from all walks of life to take control of their finances, become financially capable and achieve Financial Wellbeing. As a charity, we are independent and impartial, meaning we never endorse or promote any financial products.

In these uncertain times, managing your money well is more important than ever. These interactive sessions have been designed to help you get on top of your money by sharing money saving tips, information and the latest tools to manage your money better.

These Sessions Cover The Following Topics:

Financial Resilience and the Cost of Living Crisis	Savings (and Investments within 1.5-hours and 2-hours sessions only)
Budgeting and Keeping Track	Making Your Money Go Further
Credit, Borrowing and Understanding Your Credit Score	Introduction To Organisations Offering Free, Credible Support and Information
Where To Access Support For Debt	

All attendees will receive a copy of our Money Manual as a handy guide to making the most of your money, together with a signposting handout detailing the organisations mentioned in the session.

<https://www.themoneycharity.org.uk>
hello@themoneycharity.org.uk





Wills & Future Planning

For over 25 years, The Money Charity has been helping people from all walks of life to take control of their finances, become financially capable and achieve Financial Wellbeing. As a charity, we are independent and impartial, meaning we never endorse or promote any financial products.

This 1-hour interactive session is designed to help you recognise the importance of making a Will and understand the consequences of not having one.

The Session Covers The Following Topics:

Recognising the Importance of Wills	Planning for the Future including Powers of Attorney and Social Care
The Tax Implications of Making a Will	Know How To Access Credible, Up-To-Date and Impartial Financial Advice
Do I Need a Solicitor and How Do I Choose One?	

All attendees will receive a copy of our Money Manual as a handy guide to making the most of your money, together with a signposting handout detailing the organisations mentioned in the session.

<https://www.themoneycharity.org.uk>
hello@themoneycharity.org.uk



**Carers Week 5-11th June 2023 Information Event**

As part of National Carers Week, RIASS would like to invite you to special information event in partnership with RCSS. (Redbridge Carers Support Service)

Wednesday 7th June**11am – 1pm****Central Library Ilford**

The information session will feature a marketplace for services that support children and young people with SEND, from both statutory and voluntary sectors in Redbridge. It will be your chance to meet services, ask questions and find out more information

**LBR SEN Team 0-14
LBR SEN Team PFA
LBR CWDT (Children with
Disability Team) Social Care
LBR SEND Therapy Service
LBR EP service**

**LBR REWT
SEaTSS
Local Offer
Connexions
Work Redbridge
FiND**

**RCVS, Redbridge Forum, Redbridge Respite,
One Place East, Richmond Fellowship Uniting Friends,
Jewish Care, Voiceability**

And many more services from both statutory and voluntary sector

There will be an update on the Carers Strategy and Charter from the Lead Commissioner at LBR and your chance to put your views across and find out how you can be involved

Therapy taster sessions and light refreshments will be provided, and this is an opportunity for communities to come together to recognise the huge contribution unpaid carers make to society. It is also a chance for carers to network, gain peer support and learn more about support services.

Spaces are limited

To book a space please call, email, or use the Eventbrite link below:

riass@redbridge.gov.uk

020 8708 8922

<https://www.eventbrite.co.uk/e/riass-rcss-information-day-tickets-631376763897?aff=ebdssbdestsearch>

We look forward to seeing you

Redbridge Emotional Welling Mental Health Services



Anna Freud Centre Resources

- Lingo booklet: provides insight into the experiences of young people when talking to adults/professionals about their mental health <https://www.annafreud.org/mental-health-professionals/improving-help/resources/lingo/>
- Talking mental health with young people in primary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-primary-school/>
- Talking mental health with young people in secondary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-secondary-school/>
- Supporting children's transition into secondary school: Guidance for parents/carers: evidence-based guidance package for parents that was written with input from clinicians at the AFC and teachers. <https://www.annafreud.org/schools-and-colleges/resources/supporting-childrens-transition-to-secondary-school-guidance-for-parents-and-carers/>



Child Psychotherapy

- Understanding childhood: contains a series of leaflets written by experienced Child and Adolescent Psychotherapists to give parents, grandparents, carers and professionals additional insight into children's feelings and view of the world and to help make sense of their behavior. <https://childpsychotherapy.org.uk/resources-families/understanding-childhood>



Redbridge EWMHS/CAMHS

- ADHD Resources for parents: with information on organizations that parents can refer to for extra support for their child, including support in the education section, parenting programs, and online courses for parents/carers. (attached)
- Official Redbridge EWMHS/CAMHS Resource Booklets <https://www.nelft.nhs.uk/redbridge-camhs>



YoungMinds

- Apart from having great resources for parents/carers regarding young people's mental health, they also have a parenting support helpline that you are able to call.
 - Offer advice to parents/carers concerned about their child's mental health up to the age of 25.
 - Helpline: 0808 802 5544 (9:30am-4pm Monday to Friday) FREE
 - Webchat service (9:30am-4pm Monday to Friday) – on bottom right hand corner, click the webchat icon
 - Email service (temporarily closed)
 - [Parents Helpline | Mental Health Help for Your Child | YoungMinds](#)



Gov.Uk

- UK Government website also has a section called the Education Hub where they provide lists of resources for children, students, parents, school staff that you can access for free.
- [Mental health resources for children, students, parents, carers and school/college staff - The Education Hub \(blog.gov.uk\)](#)

Google Classrooms – Help Sheet



Google Classroom

What is Google Classroom?

Google Classroom is a class-organisation platform that incorporates Google's core G Suite (Google Docs, Sheets, Slides, Drive) and other Google products so students can access everything they need for a class, including homework assignments, group projects and files. Google Classroom is designed for organisation and collaboration. We will be using Google Classroom to assign homework as well as within school to improve children's digital literacy.

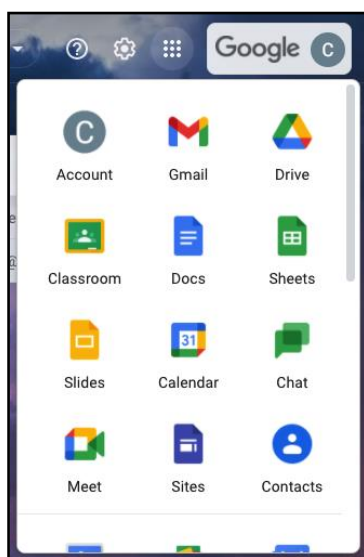
How do you log into a Google Classroom?

Your child has been given a username (email address) and a password, these should be stuck inside their communication or homework books. You have also received an email and/or text with the information. To access it you can search 'Google login', once you have logged in using the username and password you have access to email, classroom and Google drive (a storage system that uses the Google version of Word, Excel and PowerPoint).

When you log in look for the 'waffle' (the nine dots).



You will then see these options and you select 'Classroom'



Each class is private to the people the teacher has personally invited, including the students enrolled in that class and other teachers. Once your child has accessed a class, they can use all the features the teacher has enabled for that class, including class schedules, assignments and announcements.

Can you use Google Classroom at home?

Children can access Google Classroom from anywhere, including from their phones or tablets, when they download the Google Classroom app.

How does my child find out about new stuff posted in Google Classroom?

Your child will receive an email when the teacher posts an announcement. These emails come through your child's email account, not solely in the Classroom. Classrooms do not alert you when an assignment is due; to keep track of deadlines, kids need to check the class calendar.