



SSPP School News

19th May 2023 Issue 30



**TAKE THIS DAY,
MAKE IT YOURS,
AND FILL ME WITH
YOUR LOVE**



SS Peter and Paul's Catholic Primary School

The Good Shepherd Catholic Trust

Gordon Road, Ilford, Essex, IG1 1SA, UK

Tel: 020 8478 1267

admin.sspeterandpauls@redbridge.gov.uk



*We show our love for God, in the way we treat each other.
Together we follow Jesus, by learning, and sharing our gifts.*

Dear Parents and Carers,

The Curriculum we follow at SSPP, teaches children about British Values: democracy, the rule of law, individual liberty, mutual respect and tolerance of other faiths and beliefs. We recognise that our school is a multi-language, multi-cultural and multi-faith community, therefore it is important that the children in our school understand the importance of tolerance, understanding and respect for each and every one within our school and wider community. The curriculum encourages the children to explore and share their values and beliefs as well as learn about others. We believe this is something we do very well at SSPP; however it is always good to receive praise from external sources.



Yesterday we received notification that we have been awarded the UNICEF UK Outright 2022/2023 award. Our commitment and passion to raise awareness on the importance of children's right to the best possible health, has been recognised by UNICEF. This is the first major step in our re-accreditation for the Gold award. Thank you to Ms Ionita and the steering group for using their voices to promote awareness of this important right.

Thank you to all the Reception parents who attended the exploration morning on Tuesday; once again it was fantastic to see so many families enjoying the children's learning. The sun came out on Tuesday afternoon, just in time for the Marian procession to the prayer garden. We are very grateful for all the beautiful flowers brought in by the children to honour Our Lady.

The school was represented with two mixed teams at a borough basketball competition on Wednesday. In total, over 150 children took part, our children represented SSPP with enthusiasm and fair play, winning several games each. Well done to all the children who took part!

Thank you to the Friends of SSPP for organising the children's disco tonight; the children had a great time. All funds raised at these social events go directly back to your children, so far this year the Friends have raised enough money to pay for an outside gym for the infant playground, which is due to be installed at half term. Without their hard work, the school would not have the extra equipment for the children to enjoy.

I wish you all a lovely weekend.

God bless,

Mrs S Johnson
Headteacher

Headteacher

Mrs Johnson

Deputy Headteacher

Mrs Hull

Assistant Headteacher

Mr Roca-Mas

DATES FOR YOUR DIARY

Friday 19th May

School Disco

Thursday 25th May

Class Photos

Friday 26th May

Last Day of Summer 1
1.30pm finish

Monday 5th June

INSET Day

Tuesday 6th June

First day of Summer 2

LINKS

School Website:

<https://www.sspeterandpauls.redbridge.sch.uk/>

School Blogs:

<https://sspeterandpaulsblog.net/>

UNICEF Article 19

Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and mistreatment by their parents or anyone else who looks after them.





UEFA EUROPA CONFERENCE LEAGUE

FINALISTS

Gospel Reflection (John 17:1-11)

In this Sunday's Gospel, Jesus is telling his Father in heaven that he has completed what was asked of him. Jesus prays for his friends. This takes place after the last supper and just before Jesus is arrested. Jesus raised his eyes to heaven and prayed: 'Father, the hour has come: glorify your Son so that your Son may glorify you; and, let him give eternal life to all those you have entrusted to him. And eternal life is this: to know you, the only true God, and Jesus Christ whom you have sent. I have glorified you on earth and finished the work that you gave me to do. I have made your name known to those you gave me. They were yours and you gave them to me, and they have obeyed your word. I have given them the teaching you gave to me, and they have truly accepted it. They know that I came from you and believed that it was you who sent me.

I pray for them; for those you have given me, because they belong to you.

Prayer for the week

God our Father, you sent your Son Jesus to show us how to love. Help us learn to work together in love, and to make the world a better place for everyone. Amen.

"Dear young people, Jesus wants to be your friend, and wants you to spread the joy of this friendship everywhere." Pope Francis

Star Pupil Awards

N	
RC	Peter
RS	Amelia
1A	Keziah
1C	Azeemah
2I	Natalia
2P	Leah
3S	Arbab
3W	Aaliyah
4B	Maahin
4M	Inayah
5C	Ismaeel
5S	
6B	Ayaan
6R	Ethan

Attendance w/e 19th May 94.90%

Class	% (Target 95.5%) Class attendance weekly percentages since the 5 th September 2022 Gold = Highest Green = Above 96% Red = Below 96%
RC	89.68%
RS	88.77%
1A	99.29%
1C	93.92%
2I	96.67%
2P	99.31%
3S	97.31%
3W	98.75%
4B	97.04%
4M	92.40%
5C	97.59%
5S	94.07%
6B	96.13%
6R	97.24%



It is important that we always have the most up-to-date contact details you can provide. Please let the school office know if your contact details have changed or if additional people are collecting your child.

School Games Values Certificates

Look out for more certificates being issued in future newsletters.



Upcoming Dates

Thursday 25th May

Class Photos

Friday 26th May

Last Day of Summer 1 (1.30pm finish)

Monday 5th June

INSET Day

Tuesday 6th June

First day of Summer 2



House Points Totals

NEWMAN	<div style="width: 40%;"></div>	7812
MANNING	<div style="width: 80%;"></div>	10196
VAUGHAN	<div style="width: 60%;"></div>	9848
WISEMAN	<div style="width: 20%;"></div>	6262



SCHOOL NEWS

Saint of the Week: Saint Rita of Cascia (c. 1386–1457)

Rita was a model nun who lived to the fullest the spiritual requirements of her age. She was obedient, generously served the sick of the convent, and shared her wisdom of human nature, especially regarding marital distress, with the lay women who sought her out. Sister Rita was also devoted to prayer and meditated so deeply on the Passion of our Lord that she experienced a mini-stigmata. Instead of open wounds in her hands oozing blood, as Saint Francis and Saint Padre Pio displayed, a small wound appeared on Rita's forehead. It was as if a thorn from Christ's crown had penetrated the tightly wrapped flesh on her skull. There was no thorn visible, of course, just as no nails or spears pierced the bodies of other stigmatists. Rita's wound refused to heal for a number of years. The unique statue, or image, showing a nun with a thorn stuck in her forehead is Saint Rita, making her one of the most easily identifiable people on the calendar of Catholic saints.

After Saint Rita died of natural causes, her body did not deteriorate. She was placed in an ornate tomb, her extraordinary holiness was attested to in writing, and healing miracles were petitioned for and soon granted through her intercession. These many cures led to Rita's beatification in 1626 and her canonization in 1900. Leathery black skin still covers Saint Rita's habited body as she peacefully reposes in a glass coffin in her shrine in Cascia, Italy. She is invoked as a kind of female Saint Jude, a patroness of impossible causes, particularly those related to the difficult vocation of marriage.

Saint Rita was both a physical and a spiritual mother. She was a spouse of Christ—a perfect man, and of her husband—a flawed man. She knew intimately the vocation both to religious and to married life, giving her a certain status, or credibility, with both consecrated and married women, which few others saints enjoy.

Saint Rita, through your intercession, help all women. Help them to think rationally during hard times and devote some of their time to God. Saint Rita, prayer for us.



Rights Respecting / Global Action – Miss Ionita's Weekly Information

This week we are celebrating Art 15: setting up and/or joining groups. At SSPP we always support children who like to implement new clubs and would like to make their voices heard through original ideas.

In our meeting this week, the SSPP steering group made a summary of all the great things which happened this year related to rights respecting and lunchtime clubs were mentioned as being a great way to encourage others to express themselves through different activities.

If you are thinking of ways to support with Article 15, here are some ideas:

Facilitate a discussion with children about friendship and belonging.

Why is 'belonging' important to us?

Create an opportunity for children to share and discuss the clubs and activities that they take part in after school or outside of school. Link this to Article 29, which is about developing your talents and abilities.

Imagine you are meeting others in a new club. What would you tell them about yourself? What would you like to know about them? Design a 'personal profile'. What sort of things do you like to find out when you meet somebody new?

Think about a group or club you are part of in or out of school. Create a poster, leaflet or video to encourage other people to join it. Make sure to list all of the reasons why it is a good idea to join this group and why you love it so much. Can you link your club to any rights?



West Ham Corner

Van Gough, Cruff, Rembrandt, Van Halen, Rieu and Van der Valk... your boys took one hell of a beating!

Yesterday evening, 11 heroes took to the pitch in all black (would have been great to write claret and blue, but the black kit still remains iconic especially without the sponsor!)

Holding a 2-1 advantage from the first leg, West Ham knew that AZ would come out of the blocks fast and go at them in an attempt to level the tie, but it was actually the away side who had the best chance, when Paqueta curled a left-footed shot beyond the goalie and back off the post.

It was not pretty at times, and AZ had their chances, but the night will go down in history as the one where West Ham won through to their first major European final in 47 years!

A 0-0 draw would have been enough, but in the final seconds off the game, Fornals turned into prime Iniesta, spun away from the defenders, before striding through and scoring. Cue the celebrations as drink spilled, tears flowed, and songs broke out, and that was just at home!

Wednesday, 7th June, Prague – mark it in your diaries...it is coming home!!!!!!



Latest Result: AZ Alkmar 0 – 1 West Ham United

League Position: 15th



Top Ten

These are the current SSPP top ten pupils:

Rank	Name	Year Group
1	Angeline	Year 5
2	Naomi	Year 5
3	Moriah	Year 6
4	Chinualum	Year 5
5	Harleen	Year 5
6	Bhavagnya	Year 4
7	Joab	Year 3
8	Jessica	Year 5
9	Timothy	Year 5
10	Nathaniel	Year 3

Community News

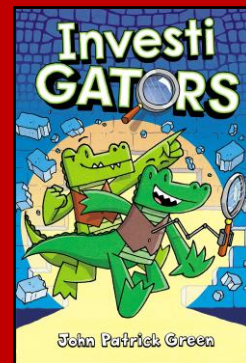


We offer a big hello to all of the new families who have joined in recent weeks.

You are most welcome into the SSPP family and we look forward to getting to know you more and seeing how your children will flourish.



Recommended Read Year 2



MANGO and BRASH are the INVESTIGATORS: sewer-loving agents of S.U.I.T. and scourge of supervillains everywhere!*

With their Very Exciting Spy Technology and their tried-and-true, toilet-based travel techniques, the InvestiGators are undercover and on the case! And on their first mission together, they have not one but two mysteries to solve! Can Mango and Brash uncover the clues, crack their cases, and corral the crooks or will the criminals wriggle out of their grasp?

**Special Undercover Investigation Teams*

If you liked this then try:

+ 'Dog Man' by Dav Pilkey
+ 'Bumble and Snug' Series by Mark Bradley

Recent Tweets – @SSPP_Primary



We always finish SATs week with our film afternoon to reward the focus shown over the week and the months before. For one afternoon, the children are bending our 'healthy eating' rules ever so slightly and the film gives a large clue to this year's summer production. #SSPP #Year6



6R have been set a challenge to programme their #microbit to become a counter. This builds on their coding from last week and even considers how to display when a count has reached its limit. @microbit_edu #SSPP



#BOOKMATCH

© The Reader Teacher Books for fans of A Series of Unfortunate Events by Lemony Snicket.



IF YOU LIKE A SERIES OF UNFORTUNATE EVENTS, READ THESE

For more #BookMatch & similar suggested reads, visit TheReaderTeacher.com

Author Book Match



**Lemony Snicket
(Daniel Handler)**

- + A Series of Unfortunate Events
- + All the Wrong Questions
- + The Composer Is Dead

Uniform

Please take the time to refresh your memory over what the summer uniform requirements are at SSPP.

This information can be found on our School Website (Parents – Uniform).

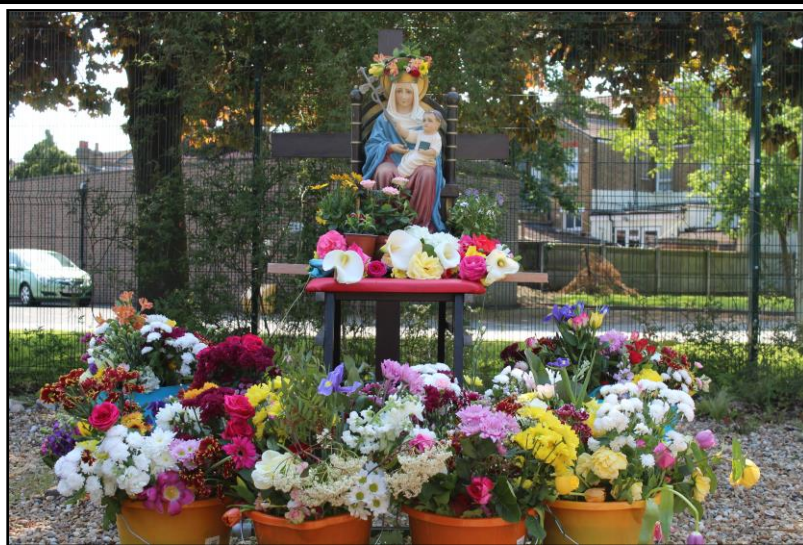
We are currently seeing a lot of coloured under layers being worn which can be seen below the sleeve line on our shirts and hem line of the girls' dresses.



Marian Procession

Thank you to all of our families who sent in flowers to be used during our Marian Procession.

As is tradition, our statue of Mary was crowned by a selected year 3 pupil, before being walked round to the prayer garden, where children were able to give their offering before saying a 'Hail Mary'.



School Disco – Information

As noted on the ticket, parents **must remain** at the Infant disco. Children are not allowed to be dropped off and collected without a parent staying.



School Choir Albert Hall

Near the end of this week's newsletter there is a flier from the Redbridge Music Service with details of how purchase either a DVD or online download of the Choral Festival we took part in back in March.

This was such a wonderful event to behold, so a memento like this might be something you wish to consider buying.

Details of costs and the ordering process can be seen within the information.



Nursery – Mini Shoppers

Our Nursery children went on an adventure this week. They went to the local shop to buy items for snack table. They will be making toast for their friends. The children had to create their own shopping list, collect money from the office and then bring change and receipt back to the office. This was a real life shopping experience for them. The children thoroughly enjoyed the trip. Next week 6 more children will get to go.



EYFS – Family Exploration Session

Year 2 used spotter sheets as part of their TAPS science assessment this afternoon. They had to identify any minibeasts they saw and also record where they saw them. Our sensory garden is a fantastic micro-habitat for all sorts of minibeasts.



Year 4 – Science

Shout out to 4M for their investigative skills during our Sound topic. Pupils tested how sound travels through gas, liquid and solid mediums. In addition, students carried out their own tests to explore factors that might affect sound travelling through string. Nobody got 'hertz' and the only thing that broke, was the silence.



EYFS – Family Exploration Session

This week we had a Family Exploration session across Nursery and Reception. The focus was Mathematics learning. The children loved having their families in the class and showcasing their learning.

Once again it was amazing to see how many families took the time to spend time with their child in class. We wanted to say a big thank you. It is much appreciated.



Mental Health Awareness Week

Here are some activities which can support with your mental health when you feel like you need a moment to return to your calm and happy mood.

Helping others and being kind can make us feel happier. Make a 'thank you' card for someone you know to surprise them or make a 'thank you' chart or 'tree' for your class and ask everyone to put messages onto it. It's the job of duty bearers to make sure you get all your rights but it's good to thank them!

Mindfulness and relaxation can help our mental health. Try this relaxation activity. How did it make you feel? Discuss how activities like this might contribute to Articles 6, 24, 31 and any others?



Think about something that you have recently learnt or something you are getting better at (for example, at school, or a sport or hobby or a skill you use every day). What does it feel like when learning is easy and what does it feel like when learning is hard? Share your ideas in class and link your discussion to mental health and Article 29.

It's ok to have different feelings and moods, and talking about them links to your right to freedom of expression. Learn what the different colours mean in the 'Zones of Regulation'. How can you get back to green if you are in a different zone? Create your own Zones Bookmark to remind you of techniques that work for you.

1 Complete these number sentences.

$$5 + 5 + 5 + 5 = \square \times 5$$

$$2 + 2 + 2 + 2 + 2 = \square \times 5$$

$$10 + 10 + 10 = \square \times 5$$

$$5 - 5 = \square \times 5$$

2 Lou has 5 bananas.



Dan has 8 times as many.

How many bananas do they have in total?

3 A bag contains 100 counters.

Susie takes out 26 counters.

Mark takes out 39 counters.

How many counters are left in the bag?



The answer to the KS2 problem seen in our last Newsletter:

1 Complete these number sentences.

$$25 + 25 + 25 + 25 = \square \times 25$$

$$10 + 10 + 10 + 10 = \square \times 5$$

$$25 + 25 + 25 + 25 = \square \times 5$$

$$25 + 25 + 25 + 25 = \square \times 100$$

$$25 + 25 - 25 - 25 = \square \times 25$$

2 Louise is thinking of a 4-digit number. Here are some clues to the number.

The number lies between 4,000 and 5,000

All the digits are different

The digit in the tens place is twice the digit in the thousands place

The sum of the digits is 24

The number is odd

What could Louise's number be?
4,983, 4,389
4,587, 4,785



Online Safety

As part of our continued drive to offer advice and support for all aspects of digital/online safety, we are going to showcase weekly information from the National Online Safety resources which can be found at: <https://nationalonlinesafety.com/>

Recently rising in popularity among children and young people, Wizz is a social networking app that allows users to chat live with people from around the world. In similar fashion to a dating app, it facilitates conversations with people that users would not ordinarily meet – but of course, making connections to individuals online bring its own self-evident potential safety issues.

While Wizz makes use of face recognition technology to assesses users' age and group them by age group – but the software is far from perfect and is no guarantee that some individuals won't attempt to exploit the app for sinister purposes. Our #WakeUpWednesday guide examines Wizz in detail, identifying pitfalls that parents and carers should be aware of. In the guide you'll find tips on a number of potential risks such as catfishing, explicit content and "sextortion".

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about WIZZ

Wizz is a networking app which allows users to connect and chat with other people around the world. Its principle is similar to a dating platform: users have a profile with up to three photos, along with optional interests and hobbies tags. This allows other like-minded people to be recommended in searches. If a user likes what they see on someone's profile, they can initiate conversation through the instant message feature; otherwise they swipe on. The app does use age verification technology when an account is created and groups users by age.

AGE RESTRICTION
12+ App Store
Teen Google Playstore

WHAT ARE THE RISKS?

OVER-SHARING
Immediately after setting up an account, users start receiving friend requests (mainly from the opposite gender). For many young people, this will be exciting and a boost to their confidence. As young people tend to be more trusting online and may believe what others tell them, however, this can lead them into dropping their guard and revealing personal information to strangers.

CATFISHING AND PREDATORS
Wizz uses Yoti, a digital ID system, to verify users' age. The AI only detects approximate age, though – so an older person who looks younger could be grouped with teens (or vice versa). Also, profile pics on Wizz don't have to match the face of the person who did the initial age verification: it would be fairly easy to create a fake account using another person's photos with a made-up name and age.

EXPLICIT CONTENT
During our research, conversations on Wizz very quickly turned sexual. Users frequently suggested taking it to Snapchat (Snapchat's disappearing image feature can make it conducive to sharing explicit selfies), connecting on other social media, swapping nude or semi-nude pictures, or holding sexual chats. These users created an impression of the platform being sleazy and unsafe for young people.

INTIMATE IMAGES
It's not unheard of for young people to be coerced into sending suggestive images of themselves over apps of this kind. Given that Wizz connects users with strangers, who may not be honest about their real intentions, a teenager might conceivably be persuaded to share sexually suggestive selfies by someone who they believed they had a trusting relationship with.

NO PARENTAL CONTROLS
The app claims to provide a secure and inclusive environment, but our researcher couldn't find any parental controls or safety features in evidence. If you report another user for inappropriate behaviour, you are offered the option to block them – but there's no indication as to whether the block has actually been successful, and there was no follow-up contact from the developers.

SECRETS AND SUBSCRIPTIONS
Wizz sent our researcher occasional 'mystery' friend requests from a blurred-out profile. To discover the sender's identity, users can either watch a video (usually an ad for a game or app) or take out a monthly subscription. Cyntia might suggest this could be a way to exploit young people's curiosity into making them pay for the app, and that the 'secret admirers' are bots rather than real people.

Advice for Parents & Carers

TALK IT OUT
If your child has downloaded Wizz, talk to them about why they like it and who they've connected with. Have they shared any personal details with this person or connected with them on other social media platforms? Refresh your child's memory of the various risks that can arise from engaging with strangers online and get them to consider using a similar app with more robust safety features.

BE SUPPORTIVE
When connecting with strangers on apps like Wizz, seemingly innocent chats can quickly progress to become sexually explicit and lead to nudes being sent. Make sure your child knows to come to you if they're uncomfortable about anything they've been sent or been asked to send. If they've already shared something that they now regret, reassure them that you'll support them no matter what.

EMPHASISE CAUTION
Young people are far more inclined to see the good in others; they often overlook the fact that scammers set up fake accounts on apps like this with the intention of getting money or personal data. Remind them that not everyone online is who they claim to be, how easy it is for someone to create a bogus profile, and why it's vital to think twice about sharing anything on networking apps.

KEEP THINGS TRANSPARENT
It might feel awkward, but regular chats about your child's online life can be beneficial. If they seem suddenly anxious or secretive around their phone or tablet, they may have something they need to get off their chest. You could also consider not allowing digital devices in their bedroom, especially overnight – that's when a lot of the riskier conversations on apps like Wizz tend to take place.

Meet Our Expert
Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

National Online Safety
#WakeUpWednesday

Source: https://play.google.com/store/apps/details?id=info.wizzapp&hl=en_GB&gl=US | <https://www.met.police.uk/advice/advice-and-information/sexual-offences/sextortion/>

@natonlinesafety /NationalOnlineSafety @nationalonlinesafety @national_online_safety

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FINAL 2023





DON'T MISS THIS FANTASTIC OPPORTUNITY

REDBRIDGE MUSIC SERVICE

REDBRIDGE SCHOOLS CHORAL FESTIVAL

Happy and Glorious

13 March 2023 | Royal Albert Hall

DVD & ONLINE

Relive the magic of this spectacular concert for years to come

Order your DVD today

A professional video recording of this concert from the Royal Albert Hall is being produced. DVDs and ONLINE DIGITAL VIEW will be available for purchase by early May, priced £15 (p+p for DVD).

You can order online at

bsfv.co.uk/shop

What's coming up at Redbridge Forum May 2023



Welcome everyone

Dates for your diary!

Carers week is fast approaching and we have a number of sessions to offer you.

Wednesday 17th May

Zoom meeting at 7-8pm Link:

<https://us02web.zoom.us/j/4265838313?pwd=eXhKZzVkclpYT0tJK2R4TEtvY0M3Zz09>

Parents/Carers of Children with Disabilities Consultation.

London Borough of Redbridge is currently developing its All Age Carers Charter, primarily Parents/Carers of Children with Disabilities. They would like to consult with this group and also with the wider community and services who work closely with unpaid carers. Your insights will inform the Charter's development and the strategic direction the local authority takes with regards to the action plan.

Redbridge Forum will be hosting this session, you may have had a survey before, but if you have issues you would like to raise please come along so we can collect as much feedback as possible.

Please book with Miraj@redbridgeforum.co.uk

Wednesday 24th May Zoom meeting at 7-8.30pm Link:

<https://us06web.zoom.us/j/81100533919?pwd=T0JPWWdtNE03NmYxR2p4YVFTTE54dz09>

Financial Resilience and the Cost of Living Crisis, Budgeting and Keeping Track, Credit, Borrowing and Understanding Your Credit Score, Where To Access Support For Debt, Savings, Making Your Money Go Further, and an Introduction To Organisations Offering Free, Credible Support and Information.

All attendees will receive a copy of The Money Manual as a handy guide to making the most of your money, together with a signposting handout detailing the organisations mentioned in the session

I'm sure you will appreciate this valuable information at this difficult time. So please don't miss this session and book with Miraj@redbridgeforum.co.uk

Wednesday 7th June

Zoom meeting at 7-8pm Link:

<https://us06web.zoom.us/j/81547460511?pwd=NnU0TEJleHc0czJYTk5kN1RlcjIhUT09>


In partnership with The Money Charity we will be hosting this zoom session to guide you on making your Will and future planning. This session will include

Recognising the Importance of Wills, The Tax Implications of Making a Will, Do I Need a Solicitor and How Do I Choose One? Planning for the Future including Powers of Attorney and Social Care, Know How To Access Credible, Up-To-Date and Impartial Financial Advice.

All attendees will receive a copy of The Money Manual as a handy guide to making the most of your money, together with a signposting handout detailing the organisations mentioned in the session

Another valuable session, as too many of us put off making a will, so to help you get started *book with* Miraj@redbridgeforum.co.uk

Lastly look out for our invite coming for a social gathering at the Kenneth More Theatre on the afternoon of Thursday 8th June.



Fundamentals of Financial Wellbeing

For over 25 years, The Money Charity has been helping people from all walks of life to take control of their finances, become financially capable and achieve Financial Wellbeing. As a charity, we are independent and impartial, meaning we never endorse or promote any financial products.

In these uncertain times, managing your money well is more important than ever. These interactive sessions have been designed to help you get on top of your money by sharing money saving tips, information and the latest tools to manage your money better.

These Sessions Cover The Following Topics:

Financial Resilience and the Cost of Living Crisis	Savings (and Investments within 1.5-hours and 2-hours sessions only)
Budgeting and Keeping Track	Making Your Money Go Further
Credit, Borrowing and Understanding Your Credit Score	Introduction To Organisations Offering Free, Credible Support and Information
Where To Access Support For Debt	

All attendees will receive a copy of our Money Manual as a handy guide to making the most of your money, together with a signposting handout detailing the organisations mentioned in the session.

<https://www.themoneycharity.org.uk>
hello@themoneycharity.org.uk



Wills & Future Planning

For over 25 years, The Money Charity has been helping people from all walks of life to take control of their finances, become financially capable and achieve Financial Wellbeing. As a charity, we are independent and impartial, meaning we never endorse or promote any financial products.

This 1-hour interactive session is designed to help you recognise the importance of making a Will and understand the consequences of not having one.

The Session Covers The Following Topics:

Recognising the Importance of Wills	Planning for the Future including Powers of Attorney and Social Care
The Tax Implications of Making a Will	Know How To Access Credible, Up-To-Date and Impartial Financial Advice
Do I Need a Solicitor and How Do I Choose One?	

All attendees will receive a copy of our Money Manual as a handy guide to making the most of your money, together with a signposting handout detailing the organisations mentioned in the session.

<https://www.themoneycharity.org.uk>
hello@themoneycharity.org.uk



**Carers Week 5-11th June 2023 Information Event**

As part of National Carers Week, RIASS would like to invite you to special information event in partnership with RCSS. (Redbridge Carers Support Service)

Wednesday 7th June**11am – 1pm****Central Library Ilford**

The information session will feature a marketplace for services that support children and young people with SEND, from both statutory and voluntary sectors in Redbridge. It will be your chance to meet services, ask questions and find out more information

**LBR SEN Team 0-14
LBR SEN Team PFA
LBR CWDT (Children with
Disability Team) Social Care
LBR SEND Therapy Service
LBR EP service**

**LBR REWT
SEaTSS
Local Offer
Connexions
Work Redbridge
FiND**

**RCVS, Redbridge Forum, Redbridge Respite,
One Place East, Richmond Fellowship Uniting Friends,
Jewish Care, Voiceability**

And many more services from both statutory and voluntary sector

There will be an update on the Carers Strategy and Charter from the Lead Commissioner at LBR and your chance to put your views across and find out how you can be involved

Therapy taster sessions and light refreshments will be provided, and this is an opportunity for communities to come together to recognise the huge contribution unpaid carers make to society. It is also a chance for carers to network, gain peer support and learn more about support services.

Spaces are limited

To book a space please call, email, or use the Eventbrite link below:

riass@redbridge.gov.uk

020 8708 8922

<https://www.eventbrite.co.uk/e/riass-rcss-information-day-tickets-631376763897?aff=ebdssbdestsearch>

We look forward to seeing you

Redbridge Emotional Welling Mental Health Services



Anna Freud Centre Resources

- Lingo booklet: provides insight into the experiences of young people when talking to adults/professionals about their mental health <https://www.annafreud.org/mental-health-professionals/improving-help/resources/lingo/>
- Talking mental health with young people in primary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-primary-school/>
- Talking mental health with young people in secondary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-secondary-school/>
- Supporting children's transition into secondary school: Guidance for parents/carers: evidence-based guidance package for parents that was written with input from clinicians at the AFC and teachers. <https://www.annafreud.org/schools-and-colleges/resources/supporting-childrens-transition-to-secondary-school-guidance-for-parents-and-carers/>



Child Psychotherapy

- Understanding childhood: contains a series of leaflets written by experienced Child and Adolescent Psychotherapists to give parents, grandparents, carers and professionals additional insight into children's feelings and view of the world and to help make sense of their behavior. <https://childpsychotherapy.org.uk/resources-families/understanding-childhood>



Redbridge EWMHS/CAMHS

- ADHD Resources for parents: with information on organizations that parents can refer to for extra support for their child, including support in the education section, parenting programs, and online courses for parents/carers. (attached)
- Official Redbridge EWMHS/CAMHS Resource Booklets <https://www.nelft.nhs.uk/redbridge-camhs>



YoungMinds

- Apart from having great resources for parents/carers regarding young people's mental health, they also have a parenting support helpline that you are able to call.
 - Offer advice to parents/carers concerned about their child's mental health up to the age of 25.
 - Helpline: 0808 802 5544 (9:30am-4pm Monday to Friday) FREE
 - Webchat service (9:30am-4pm Monday to Friday) – on bottom right hand corner, click the webchat icon
 - Email service (temporarily closed)
 - [Parents Helpline | Mental Health Help for Your Child | YoungMinds](#)



Gov.Uk

- UK Government website also has a section called the Education Hub where they provide lists of resources for children, students, parents, school staff that you can access for free.
- [Mental health resources for children, students, parents, carers and school/college staff - The Education Hub \(blog.gov.uk\)](#)

Google Classrooms – Help Sheet



Google Classroom

What is Google Classroom?

Google Classroom is a class-organisation platform that incorporates Google's core G Suite (Google Docs, Sheets, Slides, Drive) and other Google products so students can access everything they need for a class, including homework assignments, group projects and files. Google Classroom is designed for organisation and collaboration. We will be using Google Classroom to assign homework as well as within school to improve children's digital literacy.

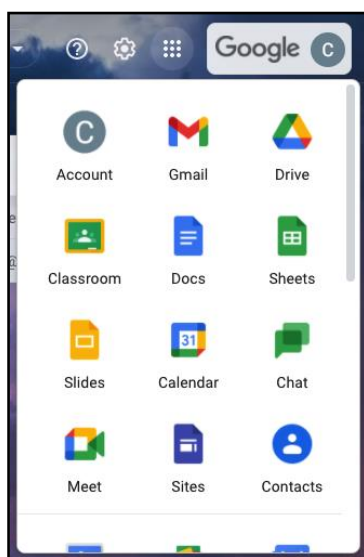
How do you log into a Google Classroom?

Your child has been given a username (email address) and a password, these should be stuck inside their communication or homework books. You have also received an email and/or text with the information. To access it you can search 'Google login', once you have logged in using the username and password you have access to email, classroom and Google drive (a storage system that uses the Google version of Word, Excel and PowerPoint).

When you log in look for the 'waffle' (the nine dots).



You will then see these options and you select 'Classroom'



Each class is private to the people the teacher has personally invited, including the students enrolled in that class and other teachers. Once your child has accessed a class, they can use all the features the teacher has enabled for that class, including class schedules, assignments and announcements.

Can you use Google Classroom at home?

Children can access Google Classroom from anywhere, including from their phones or tablets, when they download the Google Classroom app.

How does my child find out about new stuff posted in Google Classroom?

Your child will receive an email when the teacher posts an announcement. These emails come through your child's email account, not solely in the Classroom. Classrooms do not alert you when an assignment is due; to keep track of deadlines, kids need to check the class calendar.