



SSPP School News

5th May 2023 Issue 28



**WE ALL DEPEND ON
EACH OTHER – AND,
CRUCIALLY, ON EACH
OTHER'S ACTIONS**



SS Peter and Paul's Catholic Primary School

The Good Shepherd Catholic Trust

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*We show our love for God, in the way we treat each other.
Together we follow Jesus, by learning, and sharing our gifts.*

Dear Parents and Carers,

Welcome to this week's newsletter, although this was a short week, we still managed to pack so much in. Reception had a wonderful day at Barleylands farm on Wednesday. The children were delighted to see many varieties of farm animals; they also had the opportunity to make their own pizzas in the 'farm to fork' kitchen'. Thank you to the parent helpers who came along and made the trip possible.

The new PE sessions and after school clubs, delivered by S4S, are now established; although we have made some minor changes to the timetable to incorporate the strike days and bank holidays, most of the children are in the routine of wearing PE kit to school on the correct days. Any changes to the advertised timetable will be shared with the children and updated on Google Classroom. Please do not phone the office for information regarding PE days. As the weather can still be chilly in the mornings, the children will need to wear a plain navy/black jogging suit over their shorts and polo shirts. Full summer uniform should now be worn.

We were treated to a 'Royal Celebration' at SSPP on Thursday. 3W and 4B presented a joint assembly to the children and parents. It was a brilliant living history lesson for us all, as we were taken back in time to understand the monarchy in more detail. In total, we had ten of the sixty-two monarchs making an appearance, from William the Conqueror to Queen Elizabeth II. The assembly came to a conclusion with the coronation of King Charles III. We are grateful to Mr Bradley and Mr Wall for preparing the children, enhancing their learning and for making the assembly so interactive for the whole school. Thank you to Mrs Thomas and Mrs Soares for helping with the costumes and props.

The Coronation celebrations continued on Friday as we celebrated a Commonwealth day at SSPP. Vibrant colours were on display across the school, representing various Commonwealth countries, providing another opportunity to share our rich cultural diversity. The day ended with a brilliant workshop and performance by the Steel-Pan Trust.

Y6 SATs begin on Tuesday 9th May, the children have been invited to a SATs breakfast at 8.10am each morning. We keep the children in our prayers and wish them lots of luck; I know how hard they have worked this year.

I hope you enjoy the weekend with your families; the Coronation is an historic event for us all to witness for the first time, at the request of the King, the service will include religious leaders representing many different faiths; this is also a first! I wish you all an enjoyable weekend.

God bless,

Mrs S Johnson
Headteacher

Headteacher

Mrs Johnson

Deputy Headteacher

Mrs Hull

Assistant Headteacher

Mr Roca-Mas

DATES FOR YOUR DIARY

Monday 8th May

Bank Holiday

Tuesday 9th May

Y6 SATs Week begins

Tuesday 16th May

Marian Procession (flowers needed)

Friday 19th May

School Disco

LINKS

School Website:

<https://www.sspeterandpauls.redbridge.sch.uk/>

School Blogs:

<https://sspeterandpaulsblog.net/>

UNICEF Article 19

Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and mistreatment by their parents or anyone else who looks after them.



Gospel Reflection (Luke 24:13-35)

In Sunday's gospel, Jesus tells the disciples that if they find it hard to believe in his words, to believe in the things that he does. Throughout His life he showed them (and us) how to love one another, to serve others and to care for them. On the night before he died, Jesus spoke to his friends, the disciples. "Do not let your hearts be troubled," he said. "Trust in God and trust in me. There are many rooms in my Father's house, and I am going now to prepare a place for you. I will come again and take you with me so that where I am, you may be too. You know the way to the place where I am going." Thomas, a disciple, said, "Lord, we do not know where you are going: how can we know the way?" Jesus said, "I am the Way, the Truth and the Life. No one can come to the Father except through me. If you know me, you know my Father too. You must believe me when I say that I am in the Father and the Father is in me. I tell you most solemnly, whoever believes in me will perform the same works as I do myself; they will perform even greater works, because I am going to the Father."

Prayer for the week

Christ Jesus, open our hearts to trust in you, so that we may never be afraid to answer your call to love one another, and so that through you we may come closer to God. Amen

"Put your trust in God, dear young friends! He knows and loves us." Pope Francis

Star Pupil Awards

N	
RC	Cecile
RS	Nira
1A	Ilie
1C	
2I	Rameen
2P	Gavin
3S	Karanveer
3W	Whole Class
4B	Vandana
4M	
5C	Elijah
5S	Kayla
6B	Gabriel
6R	Ania

Attendance w/e 5th May 96.33%

Class	% (Target 95.5%) Class attendance weekly percentages since the 5 th September 2022 Gold = Highest Green = Above 96% Red = Below 96%
RC	96.38%
RS	92.67%
1A	93.71%
1C	97.67%
2I	98.88%
2P	97.13%
3S	99.01%
3W	98.61%
4B	95.68%
4M	98.00%
5C	98.85%
5S	95.83%
6B	97.25%
6R	90.95%



It is important that we always have the most up-to-date contact details you can provide. Please let the school office know if your contact details have changed or if additional people are collecting your child.

School Games Values Certificates

Look out for more certificates being issued in future newsletters.



Upcoming Dates

Monday 8th May

Bank Holiday

Tuesday 9th May

Y6 SATs Week begins

Tuesday 16th May

Marian Procession (flowers needed)

Friday 19th May

School Disco



House Points Totals

NEWMAN	<div style="width: 40%;"></div>	7140
MANNING	<div style="width: 60%;"></div>	10050
VAUGHAN	<div style="width: 50%;"></div>	9570
WISEMAN	<div style="width: 25%;"></div>	5825



SCHOOL NEWS

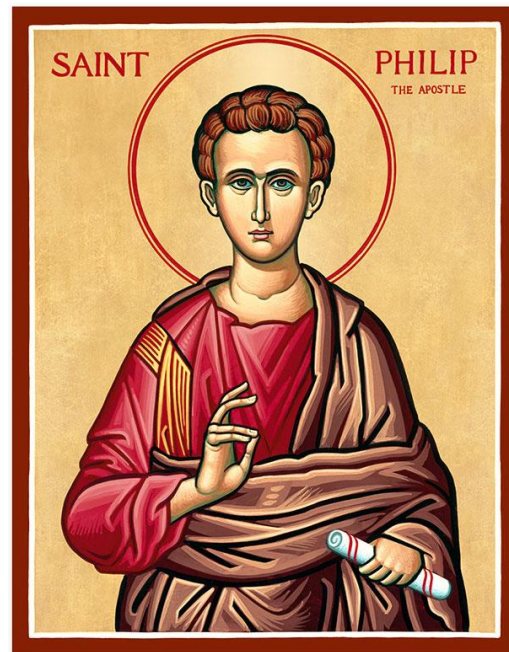
Saint of the Week: Saint Philip (c. 4–c. 80)

Saint Philip was one of the Twelve Apostles. He was most likely a follower of Saint John the Baptist and was aware of John pointing to Jesus as the Messiah. Philip might have been a brother to Simon Peter and Andrew, making him a fisherman by trade. The day after Simon and Andrew were invited to follow Jesus, Jesus encountered Philip and said, "Follow me" (John 1:43). Philip obeyed. He was from the town of Bethsaida, just north of the Sea of Galilee. Philip's first act of evangelization was to tell his friend, Nathanael, that they had found the Messiah. Nathanael was reluctant at first, stating to Philip, "Can anything good come from Nazareth?" Philip's response was ideal. He said to his friend, "Come and see" (John 1: 46). When Nathanael came and saw, he immediately professed his faith in Jesus as the Messiah, the Son of God. Early Church theologians believe that Philip followed our Lord from that time forward, witnessing Jesus' first miracle at Cana.

When Jesus established the Twelve, Philip was among them. He is mentioned in John's Gospel during the feeding of the 5,000 when Jesus sees the large crowd and then turns to Philip and says, "Where can we buy enough food for them to eat?" (John 6:6). Philip is also mentioned in connection with Greek-speaking Gentiles who want to see Jesus (see John 12:21), possibly indicating that Philip could speak Greek and was known to the Greek community. At the Last Supper, as Jesus was speaking about the Father, Philip said to him, "Master, show us the Father, and that will be enough for us", to which Jesus gently responded, "Have I been with you for so long a time and you still do not know me, Philip? Whoever has seen me has seen the Father" (John 14:8–14).

After Pentecost, little is known about Philip's missionary activity. Ancient traditions state he preached in Greece, Phrygia, and Syria, being martyred at an old age in Hierapolis, Phrygia, modern-day southwest Turkey, not far from Ephesus where Saint Paul established a church. Philip is believed to have died either by being crucified upside down or by beheading.

Saint Philip you were a blessed companion of Jesus – help me to prepare for my own mission.



Rights Respecting / Global Action – Miss Ionita's Weekly Information

Reminiscing at the wonderful Rights Respecting Week we had last week at SSPP!

We used the story 'Every Child a Song' which now can be found in each class, pupils across the school revised and learned about their rights. By Thursday they also produced great displays related to their learning. As humans we should be free to express ourselves as well as respecting each other. Children also discussed the meaning of treating and being treated with dignity and fairness.

On Thursday classes discussed global goals and produced fun posters to bring awareness of some of the global goals and ways to help and support with them. They prepared these for our local community who was invited to our brilliant event on Friday afternoon. Our 'Culture' event had as focus our lovely diverse community which SSPP is part of and invited parents and members of the community to showcase their traditions and heritage. It was such a great success that we plan to have it again next year, bigger and even better!

EYFS learned all about recycling and keeping the world clean and tidy! They all became 'Michael Recycle' superheroes

We thank to everyone who helped, supported and contributed to this week! Thrilled to see how children's rights are respected and supported in our school!



West Ham Corner

It was really a free hit this week as we faced Champion's-elect Manchester City away on Wednesday night.

The aim was to keep the score respectable and avoid any major injuries.

Eye brows were raised when the team was announced as it was missing some key players who had pulled out at the very last minute 'sick'. It was so late in the day that we were unable to name a full substitutes bench. Thankfully there was still room for David Moyes to name his usual two goalkeepers on it though.

We did manage to hold out beyond half time, which I think should have entitled us to a point for such a plucky display. Unfortunately, once City had scored their opener through Ake, the inevitable happened and it ended up being 3.

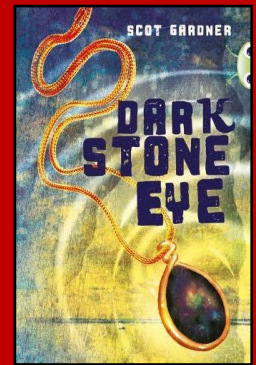
One amazing statistic saw Erling Haaland score his 35th league goal of the season, breaking the current record with 5 games still to go! It was actually his 51st goal of the season in all competitions which seems a little unfair!

Latest Result: Manchester City 3 – 0 West Ham

League Position: 15th



Recommended Read Year 5



Ben's nanna is going crazy. At least, that's what the rest of his family think. She's been sharing Ben's room since his grandad went to work overseas. The black stone in the pendant around her neck talks to her, tells her stories from its life. She retells the stories to Ben after dark. Each story has the clarity of a fable and a message about life tucked within its whispered words. Ben's nanna explains that the stone is neither good luck nor bad luck, but an amplifier of the heart-song of the owner. If they were nasty, it drew nasty things into their lives. If they were kind, it showered them with kindness. As she leaves to join her husband overseas, she gives Ben the stone and tells him to watch his thoughts.

If you liked this then try:

+ 'One Wheel Drive' by Scot Gardner

+ 'The Cloud Rider' by Tina Shaw



Top Ten

These are the current SSPP top ten pupils:

Rank	Name	Year Group
1	Angeline	Year 5
2	Naomi	Year 5
3	Moriah	Year 6
4	Chinualum	Year 5
5	Harleen	Year 5
6	Bhavagnya	Year 4
7	Joab	Year 3
8	Jessica	Year 5
9	Timothy	Year 5
10	Nathaniel	Year 3

Community News



We had a fantastic end to the week with our Commonwealth and Coronation celebration. It was lovely seeing parents and children getting into the party spirit outside as the Steel Pan Agency played.

Enjoy the Chazzle Dazzle this weekend!

Recent Tweets – @SSPP_Primary



SSPPCatholicPrimary
@SSPP_Primary

It was wonderful to showcase so many of the products from our Rights Respecting Week when we invited the whole community into school. Sharing a celebration of cultures and food at the same time was fantastic. #SSPP @Unicef_uk @UNICEFuk_action #GlobalGoals



SSPPCatholicPrimary
@SSPP_Primary



#BOOKMATCH

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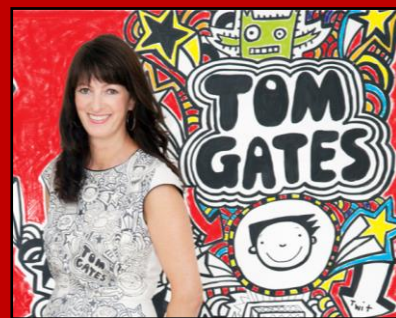
Books for fans of Tom Gates by Liz Pichon



IF YOU LIKE TOM GATES, READ THESE

For more #BookMatch & similar suggested reads, visit TheReaderTeacher.com

Author Book Match



Liz Pichon

- + Tom Gates Series
- + My Big Brother Boris
- + A Tale Of Two Kitties
- + Bored Bill
- + Shoe Wars

EYFS Exploration Date

On **Tuesday 16th May** we will be holding a Parent's Exploration session across Nursery and Reception.

Reception from: 9.00am-10.00am

Nursery morning children: 9.00am-10.00am

Afternoon children: 12:30pm-1:30pm

The focus for this session will be Mathematics.

We look forward to inviting you into our classrooms.



Marian Procession

We will be holding our annual procession to Mary on Tuesday 16th May. We ask that children bring in flowers on this day to honour Mary. These will be displayed, like always, in our prayer garden.



Rights Respecting Cultural Celebration



Reception – Barleylands Visit

This term in Reception we have been reading the story The Little Red Hen. We have been learning about what can be grown at the farm and how flour is made. This week the children in Reception went to Barleylands. They went to see the animals and made pizza. The children learnt how wheat is grown at the farm.

The children had so much fun. They were very excited to touch the animals and feed them.



Year 2 – History


Year 2 used iPads to research information about Rosa Parks this afternoon. We found out about her childhood and how she stood up for what she believed in and made a change to the world. The children used what they found out to create a fact file about Rosa Parks. Teaching the children that they should stand up for their beliefs also links in with our learning about Rights Respecting. *Article 12: I have the right to be listened to and taken seriously and Article 13: I have the right to freedom of expression.*



Thursday 4th May 2023
WALT: Research the life of a famous person from the past using different resources to help me.

Rosa Parks Fact File

Full Name: Rosa Louise McCauley Parks
 Date of Birth: 4 February 1913
 Place of Birth: Montgomery, Alabama, USA
 Date of Death: 24 October 2005



Childhood:
 Rosa had a little brother called Sylvester. Her mother was a teacher and her dad was a carpenter. Rosa loved to learn and studied hard at high school.

How Rosa Parks made a change: Rosa had to move right to the back but she didn't. She just moved to the ^{bus} window. The driver said to move up. Rosa said No! She was sent to jail and had to pay the fines.

Facts and Quotes about Rosa Parks:

1. Dr. Martin Luther King got involved.
2. Rosa's job was sewing and making clothes.
3. She spoke out for civil rights all her life.
4. She worked in a shop, but after her arrest she lost her job.
5. He campaigned for black people to have the same rights as white people.



Commonwealth & Coronation Celebrations



1 Mo has six 5p coins.



He also has five 10p coins.



He buys this lolly.

How much money does he have left?



2 Mrs Green bakes muffins.

She sells them in her shop.



- On Monday she bakes 30 and sells 18
- On Tuesday she bakes twice as many muffins but has the same amount left.

How many muffins did she sell on Tuesday?



1 The diameter of a 10p coin is 24.5 mm. The diameter of a 5p coin is 18 mm. Some coins are laid out end to end.



What is the distance marked b in the diagram?

$$\begin{aligned} 24.5 \times 4 &= 98 \\ 18 \times 5 &= 90 \\ 98 - 90 &= 8 \end{aligned}$$

$b = 8 \text{ mm}$

2 Mrs Green bakes muffins. She sells them in her shop.



$$\begin{aligned} 200 \div 10 &= 20 \\ 20 \times 7 &= 140 \\ 200 - 140 &= 60 \end{aligned}$$

- On Monday she bakes 200 and sells 70% of them.
- On Tuesday she bakes twice as many muffins but has the same amount left. $400 - 60 = 340$

$$\begin{aligned} 340 \div 400 &= 0.85 \\ 0.85 \times 100 &= 85 \end{aligned}$$

What percentage of the muffins did she sell on Tuesday? She sold 85% of the muffins.



Online Safety

As part of our continued drive to offer advice and support for all aspects of digital/online safety, we are going to showcase weekly information from the National Online Safety resources which can be found at: <https://nationalonlinesafety.com/>

Have you ever read something online that's changed your perspective? Provided new information and made you look at an issue in a fresh light? Imagine if that kind of thing never happened: if everything you read on the internet just reinforced what you thought to begin with, and – what's more – confirmed that pretty much everyone else out there in cyberspace felt the same way.

Welcome to the world of online echo chambers, where one particular school of thought is constantly repeated and never challenged. This lack of impartiality can be damaging if the opinion is an extreme one – especially for younger people who are generally more inclined to believe it. Our #WakeUpWednesday guide has the essentials for parents and carers.

This free online safety guide examine echo chambers – how they work; why they're potentially harmful to impressionable young internet users.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about ECHO CHAMBERS

Digital echo chambers have become increasingly prevalent over the last half decade. Formed by a combination of social media algorithms designed to promote engagement and the basic human urge to be correct, these online environments reinforce the opinions that people already have – such as particular political ideologies – in a perpetual loop. The danger is that exposure to this constant bias can gradually nudge users towards more extreme views. That's certainly a potential hazard for young people, who tend to be more impressionable and easily influenced by things they see and read online – especially if it reflects a view they already agree with.

WHAT ARE THE RISKS?

EXTREME IDEOLOGIES

Echo chambers can offer routes to harmful extreme worldviews. A typically teenage distrust of authority, for example, could spiral into a full-blown belief in conspiracy theories – sometimes rooted in ideas which are antisemitic, racist or misogynistic. For impressionable individuals who may be feeling disillusioned with life, echo chambers can often function as a gateway to radicalisation.

NO CRITICAL THINKING

While critical thinking skills are sometimes taught in schools, they are rarely domain specific. A lack of experience in thinking critically – for example, about things we see when browsing the internet – places young people at risk of falling prey to misinformation, untruths and false narratives, which are sometimes deliberately designed to mislead them and influence their thinking.

A VALUES VACUUM

If schools struggle to deliver on a clear ethos, founded in British values as outlined in the national curriculum, it leaves a space within which other ideologies have potential to flourish. Teaching about British values in more siloed experiences, such as PSHE lessons, doesn't always effectively convey the key notions: tolerance, democratic values, individual liberty and the rule of law.

UNDETECTABLE INDOCTRINATION

Many people enter online echo chambers every day without realising. It's easy to simply consume whatever's placed in front of us as we keep scrolling, unaware that we're being funnelled down a particular route. Not recognising that their daily digital diet could in fact be deeply biased in favour of one side or the other can accelerate a young person's journey towards more extreme ideologies.

LACK OF BALANCE

It's challenging to reflect on your own beliefs and opinions, and question whether you might have got things wrong. That's why most of us naturally lean towards consuming information which reinforces and underlines what we thought to begin with. The long-term consequence of this is general close-mindedness and, potentially, intolerance of a more diverse set of perspectives.

Advice for Parents & Carers

TALK ABOUT CHALLENGES

It could be helpful to explain to your child that, in general, people like to find evidence to strengthen their existing beliefs and prefer to ignore anything which supports an opposing perspective. Emphasise that it's OK if someone (politely) challenges what they think occasionally, and that any criticism of their view is purely that – a criticism of their opinion, not of them as a person.

DEBATE CAN BE GREAT

Encourage any interest your child shows in debating – whether at home, at school, or in clubs or societies. Debates require people to assess the merits of an opposing argument, so they can counter it. Putting themselves in the shoes of someone who has a different point of view is a useful way for children to approach new ideas that may contradict what they previously believed.

DISCUSS 'UNHEALTHY FEEDS'

Help your child understand how online algorithms shape which information is presented to them each day: ask them to consider why things appear in their feed on platforms like TikTok, Instagram or Snapchat. Explain that it benefits social media companies' advertising revenue to keep people coming back by showing them content which, generally, reinforces their existing world view.

THE VALUE OF VALUES

It can be hugely beneficial if your child recognises the importance of a core set of principles, such as the British values. By regularly tying their online experiences back to those essential ideas of democracy, tolerance and kindness towards others, understanding the rule of law and protecting individual liberties, you'll be helping them grow into a more resilient and robust future citizen.

VARY THEIR DIGITAL DIET

Sitting down to read online news stories with your child is an excellent way to demonstrate to them why it's important not to always get their information from just one place. Comparing how the same story is reported across popular mainstream publications – and talking about the political biases each may have – will highlight the importance of regularly checking a wide range of online sources.

Meet Our Expert

A former director of digital learning and currently a deputy headmaster and DSL, Brendan O'Keefe's experience and expertise gives him a clear insight into how modern digital systems impact the experience of children, staff and parents – and which strategies help to ensure that the online world remains a useful educational tool rather than a minefield of risks.

Source: <https://archive.org/details/cognitivebias000dunn/page/79/mode/2up> | <https://www.toronline.com/doi/full/10.1080/13881882.2018.1218526> | <https://www.aljazeera.com/media-bias/media-bias-chart>

National Online Safety
#WakeUpWednesday

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WEEKLY MENU

REMEMBER... RECEPTION, YEAR 1 & YEAR 2 ARE ENTITLED TO FREE SCHOOL MEALS. THIS EXCLUDES INDEPENDENT SCHOOLS.



WEEK 1

17th April
15th May
19th June
17th July
25th Sept
23rd Oct

MONDAY

Macaroni Cheese 1.7 V
Vegetable Hot Pot V
Jackets with a
Choice of Toppings 7.8.9

Green Beans
Carrots

Ice Cream 7
Mr Nourish Biscuit 1
Fruit Pots

TUESDAY

BBQ Pulled Pork in a Bun 1.5
Herby Tomato Penne Pasta 1 V
Jackets with a
Choice of Toppings 7.8.9

Rainbow Rice
Sweetcorn, Courgettes

Chocolate Pudding 1.9
& Chocolate Sauce 7
Mr Nourish Biscuit 1
Fruit Pots

WEDNESDAY

Roast Chicken & Gravy
Cheesy Vegetable Burrito 1.7 V
Jackets with a
Choice of Toppings 7.8.9

Rustic Roast Potatoes
Cabbage, Carrots

Fruit Jelly
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

THURSDAY

Chicken Pie 1
Arabiatto Pasta Twists 1 V
Jackets with a
Choice of Toppings 7.8.9

New Potatoes
Seasonal Vegetables

Peach Sponge 1.9
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

FRIDAY

Fish Fingers 1.8
Cheese & Spinach Pinwheel 1.7 V
Jackets with a
Choice of Toppings 7.8.9

Chips, Peas
Baked Beans, Coleslaw 9

Banana Bar 1.15
Yoghurt 7
Fruit Pots

Dishes marked
with any of
the following
numbers contain
the matching
allergen.

- 1 Wheat Gluten
- 2 Crustaceans
- 3 Soybean
- 4 Mustard
- 5 Sesame
- 6 Sulphites/
Sulphur Dioxide
- 7 Milk
- 8 Fish
- 9 Egg
- 10 Peanuts
- 11 Molluscs
- 12 Celeriac/Celery
- 13 Nuts
- 14 Lupins
- 15 Oat Gluten
- 16 Barley Gluten

Allergen
Accreditation

WEEK 2

24th April
22nd May
26th June
4th Sept
2nd Oct

Vegetable Pie 1 V
Cheese & Bean Wrap Pocket 1.7 V
Jackets with a
Choice of Toppings 7.8.9

New Potatoes
Seasonal Vegetables

Banana in Chocolate Custard 7
Mr Nourish Biscuit 1
Fruit Pots

Sweet Chicken Curry
Cheese Topped Pasta Bake 1.7 V
Jackets with a
Choice of Toppings 7.8.9

Rice, Carrots
Cauliflower

Apple Crumble 1 & Custard 7
Mr Nourish Biscuit 1
Fruit Pots

Roast Pork & Gravy
Caribbean Pasty 1 V
Jackets with a
Choice of Toppings 7.8.9

Rustic Roast, Broccoli
Sweetcorn

Crispy Cake 3.7.16
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

Cottage Pie
Cheesy Pasta Twists 1.7 V
Jackets with a
Choice of Toppings 7.8.9

Carrots, Green Beans

Lemon Drizzle Cake 1.9
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

Fish Fingers 1.8
Summer Frittata 9 V
Jackets with a
Choice of Toppings 7.8.9

Chips, Peas
Baked Beans, Cucumber Sticks

Caramel Cookie 1.7
Yoghurt 7
Fruit Pots

WEEK 3

1st May
5th June
3rd July
11th Sept
9th Oct

Margherita Pizza 1.3.7.9 V
Loaded Cajun Bean Wedges V
Jackets with a
Choice of Toppings 7.8.9

New Potatoes
Sweetcorn
Peppers

Ice Cream 7
Mr Nourish Biscuit 1
Fruit Pots

Sweet & Sour Pork
Cheesy Pasta Bows 1.7 V
Jackets with a
Choice of Toppings 7.8.9

Rice, Cauliflower
Carrots

Jam Tart 1.6 & Custard 7
Mr Nourish Biscuit 1
Fruit Pots

Toad in the Hole 1.6.7.9
Vegetable Toad in The Hole 1.7.9 V
Jackets with a
Choice of Toppings 7.8.9

Rustic Roast Potatoes
Cabbage, Peas

Fruit Jelly
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

Penne Bolognese 1
Rice & Bean Burrito 1 V
Jackets with a
Choice of Toppings 7.8.9

Baked Wedges
Seasonal Vegetables

Beetroot Cake 1.9
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

Fish Fingers 1.8
Cheesy Bean Slice 1.7 V
Jackets with a
Choice of Toppings 7.8.9

Chips, Peas
Baked Beans, Coleslaw 9

Brownie 1.9
Yoghurt 7
Fruit Pots



WEEK 4

8th May
12th June
10th July
18th Sept
16th Oct

Meatfree Meatballs & Pasta 1 V
Quorn Sausage & Bean Pie 1 V
Jackets with a
Choice of Toppings 7.8.9

Cauliflower
Carrots

Peach Crumble 1 & Custard 7
Mr Nourish Biscuit 1
Fruit Pots

Beef & Onion Pie 1
Cheesy Pasta Twists 1.7 V
Jackets with a
Choice of Toppings 7.8.9

New Potatoes
Seasonal Vegetables

Strawberry Pot 7
Mr Nourish Biscuit 1
Fruit Pots

Roast Gammon & Gravy
Vegan Sausage Roll 1 V
Jackets with a
Choice of Toppings 7.8.9

Rustic Roast Potatoes
Green Beans, Carrots

Chocolate Cornflake Cake 3.7.16
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

Chicken Fajitas 1.4
Tomato Spaghetti 1 V
Jackets with a
Choice of Toppings 7.8.9

Rice, Sweetcorn, Side Salad

Traybake Pancake 1.7.9
& Berry Sauce
Mr Nourish Biscuit 1
Fruit Pots, Yoghurt 7

Salmon Fish Cakes 1.7.8
Margherita Pizza 1.3.7.9 V
Jackets with a
Choice of Toppings 7.8.9

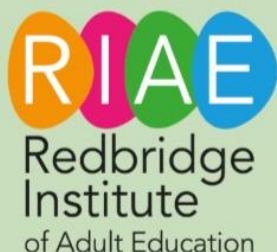
Chips, Peas
Baked Beans, Carrot Sticks

Oaty Biscuit 1.15
Fruit Pots, Yoghurt 7



Family Learning Course

This is bespoke to SSPP Parents and requires you to sign up using the contact details below.



Family Learning courses



Help your
child with
their
learning

Keeping Up with Children- Maths 5 Weeks Course

Understand National curriculum and learn tips and tricks to improve your child's Math skills !!

Start Date: Friday 28th April 2023

End Date : Friday 26th May 2023

Time: 1.10pm-3.10pm

To Book please contact: Reception at SS Peter & Paul's Catholic Primary School

www.redbridge-iae.ac.uk
Call us on 020 8550 2398

Gaysham Avenue
Gants Hill, IG2 6TD
enquiries@redbridge-iae.ac.uk



Redbridge Emotional Wellbeing Mental Health Services



Anna Freud Centre Resources

- Lingo booklet: provides insight into the experiences of young people when talking to adults/professionals about their mental health <https://www.annafreud.org/mental-health-professionals/improving-help/resources/lingo/>
- Talking mental health with young people in primary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-primary-school/>
- Talking mental health with young people in secondary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-secondary-school/>
- Supporting children's transition into secondary school: Guidance for parents/carers: evidence-based guidance package for parents that was written with input from clinicians at the AFC and teachers. <https://www.annafreud.org/schools-and-colleges/resources/supporting-childrens-transition-to-secondary-school-guidance-for-parents-and-carers/>



Child Psychotherapy

- Understanding childhood: contains a series of leaflets written by experienced Child and Adolescent Psychotherapists to give parents, grandparents, carers and professionals additional insight into children's feelings and view of the world and to help make sense of their behavior. <https://childpsychotherapy.org.uk/resources-families/understanding-childhood>



Redbridge EWMHS/CAMHS

- ADHD Resources for parents: with information on organizations that parents can refer to for extra support for their child, including support in the education section, parenting programs, and online courses for parents/carers. (attached)
- Official Redbridge EWMHS/CAMHS Resource Booklets <https://www.nelft.nhs.uk/redbridge-camhs>



YoungMinds

- Apart from having great resources for parents/carers regarding young people's mental health, they also have a parenting support helpline that you are able to call.
 - Offer advice to parents/carers concerned about their child's mental health up to the age of 25.
 - Helpline: 0808 802 5544 (9:30am-4pm Monday to Friday) FREE
 - Webchat service (9:30am-4pm Monday to Friday) – on bottom right hand corner, click the webchat icon
 - Email service (temporarily closed)
 - [Parents Helpline | Mental Health Help for Your Child | YoungMinds](#)



Gov.Uk

- UK Government website also has a section called the Education Hub where they provide lists of resources for children, students, parents, school staff that you can access for free.
- [Mental health resources for children, students, parents, carers and school/college staff - The Education Hub \(blog.gov.uk\)](#)

Google Classrooms – Help Sheet



Google Classroom

What is Google Classroom?

Google Classroom is a class-organisation platform that incorporates Google's core G Suite (Google Docs, Sheets, Slides, Drive) and other Google products so students can access everything they need for a class, including homework assignments, group projects and files. Google Classroom is designed for organisation and collaboration. We will be using Google Classroom to assign homework as well as within school to improve children's digital literacy.

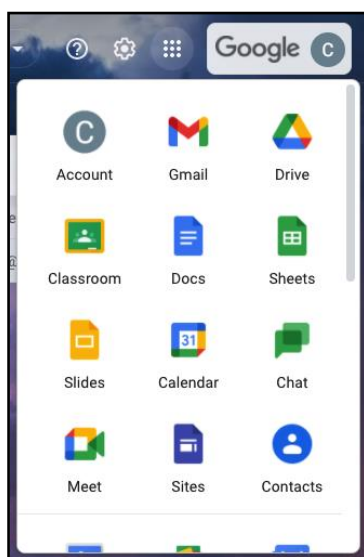
How do you log into a Google Classroom?

Your child has been given a username (email address) and a password, these should be stuck inside their communication or homework books. You have also received an email and/or text with the information. To access it you can search 'Google login', once you have logged in using the username and password you have access to email, classroom and Google drive (a storage system that uses the Google version of Word, Excel and PowerPoint).

When you log in look for the 'waffle' (the nine dots).



You will then see these options and you select 'Classroom'



Each class is private to the people the teacher has personally invited, including the students enrolled in that class and other teachers. Once your child has accessed a class, they can use all the features the teacher has enabled for that class, including class schedules, assignments and announcements.

Can you use Google Classroom at home?

Children can access Google Classroom from anywhere, including from their phones or tablets, when they download the Google Classroom app.

How does my child find out about new stuff posted in Google Classroom?

Your child will receive an email when the teacher posts an announcement. These emails come through your child's email account, not solely in the Classroom. Classrooms do not alert you when an assignment is due; to keep track of deadlines, kids need to check the class calendar.