



# SSPP School News

27<sup>th</sup> January 2023 Issue 17



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**THANK YOU GOD FOR  
EVERYTHING, IT'S A  
BEAUTIFUL WORLD  
YOU MADE**

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# SS Peter and Paul's Catholic Primary School

## The Good Shepherd Catholic Trust

Gordon Road, Ilford, Essex, IG1 1SA, UK

Tel: 020 8478 1267

[admin.sspeterandpauls@redbridge.gov.uk](mailto:admin.sspeterandpauls@redbridge.gov.uk)



*We show our love for God, in the way we treat each other.  
Together we follow Jesus, by learning, and sharing our gifts.*



Dear Parents and Carers,

In our assembly on Monday, we celebrated Chinese New Year, the year of the Rabbit. Happy New Year to all our families who enjoy this colourful celebration.

Y3 enjoyed a fantastic trip to Colchester Castle yesterday; even the gloomy weather could not dampen their spirits as they learned about the Romans.

Thank you to 2I for delivering a fantastic assembly about how God wants us to live a good life and care for his beloved world. They shared Pope Francis' message to 'Live wisely, think deeply and love generously'. Thank you to Miss Ionita and Mrs Briggs for preparing the children.

It was lovely to see so many Nursery and Reception parents attend the exploration morning today. I hope you gained an understanding of how the children learn in the EYFS, I know the children were excited to see you all and proud to show off their classrooms.

As you are aware, the National Education Union has declared industrial action for teachers on 1<sup>st</sup> February, 2<sup>nd</sup> March, 15<sup>th</sup> March and 16<sup>th</sup> March. A letter has been sent to all parents and carers, with an outline of how this will impact on our school. Details of the class closures are outlined in the letter, although this situation may still change. A message will be sent on Wednesday 1<sup>st</sup> February to confirm the current position. Please ensure you check your email account and Google Classroom for all updates.

Congratulations to the school netball team who entered a netball tournament at Redbridge Sport's centre yesterday, we were very proud of their team spirit, winning two of their four games.

Wishing you all a lovely weekend.

God bless,

Mrs S Johnson  
Headteacher

### Headteacher

Mrs Johnson

### Deputy Headteacher

Mrs Hull

### Assistant Headteacher

Mr Roca-Mas

### DATES FOR YOUR DIARY

#### Tuesday 31<sup>st</sup> January

Coffee Morning – Invited Parents  
9:00am

#### Thursday 2<sup>nd</sup> February

6B Class Assembly – 9:00am

#### Tuesday 7<sup>th</sup> February

Internet Safety Day

#### Thursday 9<sup>th</sup> February

RS Class Assembly – 9:00am

#### Friday 10<sup>th</sup> February

Y6 Parents Residential Meeting

### LINKS

School Website:

<https://www.sspeterandpauls.redbridge.sch.uk/>

School Blogs:

<https://sspeterandpaulsblog.net/>

### UNICEF Article 23

*A child with a disability has the right to live a full and decent life in conditions that promote dignity, independence and an active role in the community.*



Children with disabilities should be respected and part of the group.  
All illustrations are the property of UNICEF, 1994-2017

## Gospel Reflection (Matthew 5:1-12)

Out of his great love for us, God created us to be happy with him forever. The blessings in this Sunday's Gospel, which promise true, lasting happiness, are taken from Jesus' Sermon on the Mount and are known as the Beatitudes. Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples; Jesus said "How happy are the poor in spirit; theirs is the kingdom of heaven. Happy the gentle: they shall have the earth for their heritage. Happy those who mourn: they shall be comforted. Happy those who hunger and thirst for what is right: they shall be satisfied. Happy the merciful: they shall have mercy shown them. Happy the pure in heart: they shall see God. Happy the peacemakers: they shall be called sons of God. Happy those who are persecuted in the cause of right: theirs is the kingdom of heaven. Happy are you when people mistreat you and persecute you and speak all kinds of slander against you on my account. Rejoice and be glad, for your reward will be great in heaven."

## Prayer for the week

God of love, you bless those people who are poor, who are sad, who are hungry and thirsty and who are hurt because they stand up for what they believe in. Help us to follow in your way. Amen.

*"God is the reason for our hope and the source of our happiness."* Pope Francis

## Star Pupil Awards

N	
RC	Caio
RS	Gurvansh
1A	Harper
1C	Morgane
2I	Whole Class
2P	Meagan-Joy
3S	Joao
3W	Anax
4B	Bhavagnya
4M	Moreens
5C	Karolina
5S	
6B	Fatima
6R	Jack

## Attendance w/e 27<sup>th</sup> January 93.85%

Class	% (Target 95.5%) Class attendance weekly percentages since the 5 <sup>th</sup> September 2022  Gold = Highest Green = Above 96% Red = Below 96%
RC	90.77%
RS	92.59%
1A	95.00%
1C	87.86%
2I	96.90%
2P	93.10%
3S	97.20%
3W	97.50%
4B	92.59%
4M	96.00%
5C	95.71%
5S	98.21%
6B	95.33%
6R	95.17%



It is important that we always have the most up-to-date contact details you can provide. Please let the school office know if your contact details have changed or if additional people are collecting your child.

## School Games Values Certificates

Look out for more certificates being issued in future newsletters.



## Upcoming Dates

**Tuesday 31<sup>st</sup> January**

Coffee Morning – Invited Parents 9:00am

**Thursday 2<sup>nd</sup> February**

6B Class Assembly – 9:00am

**Tuesday 7<sup>th</sup> February**

Internet Safety Day





**Thursday 9<sup>th</sup> February**

RS Class Assembly – 9:00am





## House Points Totals

NEWMAN		2150
MANNING		7891
VAUGHAN		7921
WISEMAN		1124



## SCHOOL NEWS

### Saint of the Week: Saint Angela Merici (1474–1540)

Angela was the youngest of five children born to her virtuous and faith-filled parents. She was born in the town of Desenzano in northern Italy. Shortly afterward, her family moved to a farm just outside of town where Angela was raised. Angela was well-trained in the Catholic faith as a youth. Each day, her father would read to the family about the lives of the saints from "The Golden Legend," flooding little Angela's mind and heart with a desire to imitate them. As a teenager, however, tragedy struck her family not once, not twice, but three times. Angela's father, mother, and sister all died within a short period of time, leaving Angela and her three brothers orphaned.

At some point it is believed that Angela had one or more visions that increased her trust in God and deepened her commitment to her vocation. Angela was deeply concerned about whether her sister was in Heaven, and her heart longed for reassurance. Her answer came in the form of a vision she had of her sister joining in a Heavenly procession with angels and other young girls. This put Angela's heart at rest. In that same vision or in a subsequent one, she saw a ladder leading to Heaven and several young virgins climbing that ladder. This vision became the seed of her calling to teach young girls about God and to form them for holy living. Angela began to teach young girls who would gather in her home each day to help them become better Christians. Soon, other young single women began to imitate her, welcoming girls into their homes.

*Saint Angela, you fell in love with God at a young age and fostered that love through hard times. After losing many within your beloved family, God gave you new spiritual children to care for as a spiritual mother. Please pray for me, that I may learn from your example.*



## Rights Respecting / Global Action – Miss Ionita's Weekly Information

Safer Internet Day is marked on 7<sup>th</sup> February every year. We all have a right to feel safe and secure and that means safe online as well as in the real world. Safer Internet Day is an annual event that promotes the safe, responsible and positive use of the internet.

There are a large number of articles that link with being online. This week has a particular focus on Article 19, the right to protection from harm, Article 17, the right to reliable information and Article 34, protection from exploitation.

The internet can be a great place but needs to be used carefully. Please use these activities to start the conversation about internet issues that matter to you, what changes you would like to see and how we can make it a more positive and rights respecting place!

Activities you can do at home:

- ☐ Have a discussion and perhaps create a display about safe play and friendship in the playground and safe play and friendship online.
- ☐ Draw a picture of your favourite online game or character. Discuss the sort of helpful message they might give to you and other children. You could add these to the pictures as speech bubbles.
- ☐ Your right to be safe and protected is always important, including when you use computers, phones and the internet. Can you think of three top tips for staying safe online? Use thinkuknow.co.uk to help. Discuss this with adults in your house.

Stay safe online!



## West Ham Corner

It was billed as El Sackio, a tongue in cheek reference to the Spanish game between Barcelona and Real Madrid each year – El Classico.

The main aim here was to take something from the game against fellow strugglers Everton.

Despite not playing very well, and having only 32% possession at home, we somehow managed to pull off a two nil win with both goals being scored by Father-of-twins-to-be Jarrod Bowen.

It is not going to live long in the memory as far as classic games go, but might trigger a few quiz questions in the future, if anyone asks – after which game did Everton manager (and former West Ham player) Frank Lampard get the sack?

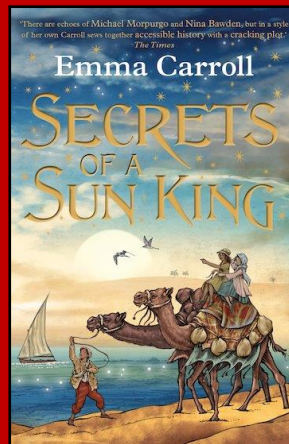
So David Moyes survives for another week, in which he has seen new signing Danny Ings injured, returning centre half Kurt Zouma injured and other season-saving arrivals stuck on just one.

**Latest Result:** West Ham United 2 – 0 Everton

**League Position:** 16<sup>th</sup>



## Recommended Read Year 5



*London, 1922.*

*A discovery from ancient Egypt... A cursed package... The untold story of a young pharaoh...*

*When Lilian Kaye finds a parcel on her grandad's doorstep, she is shocked to see who sent it: a famous Egyptologist, found dead that very morning, according to every newspaper in England!*

*The mysterious package holds the key to a story... about a king whose tomb archaeologists are desperately hunting for.*

If you liked this then try:  
+ 'Frost Hollow Hall' by Emma Carroll



## Top Ten

These are the current SSPP top ten pupils:

Rank	Name	Year Group
1	Angeline	Year 5
2	Naomi	Year 5
3	Moriah	Year 6
4	Chinualum	Year 5
5	Bhavagnya	Year 4
6	Jessica	Year 5
7	Harleen	Year 5
8	Navjot	Year 6
9	Austin	Year 5
10	Timothy	Year 5

## Community News



You will see elsewhere in the newsletter about how successful our EYFS Exploration morning went.

We want to thank all those parents who were able to make it into Nursery and Reception to see their child's learning happening.

## Recent Tweets – @SSPP\_Primary



SSPPCatholicPrimary  
@SSPP\_Primary

Y2 are learning about algorithms for their Computing topic. They've looked at the importance of giving clear instructions, particularly when they are part of a sequence. They had to give the Beebots commands in different orders & predict where they would end up.  
[#SSPP](#) [#Computing](#)





# #BOOKMATCH

© The Reader Teacher

Books for fans of Vashti Hardy



**IF YOU LIKE VASHTI HARDY, READ THESE**

For more #BookMatch & similar suggested reads, visit [TheReaderTeacher.com](http://TheReaderTeacher.com)

## Author Book Match

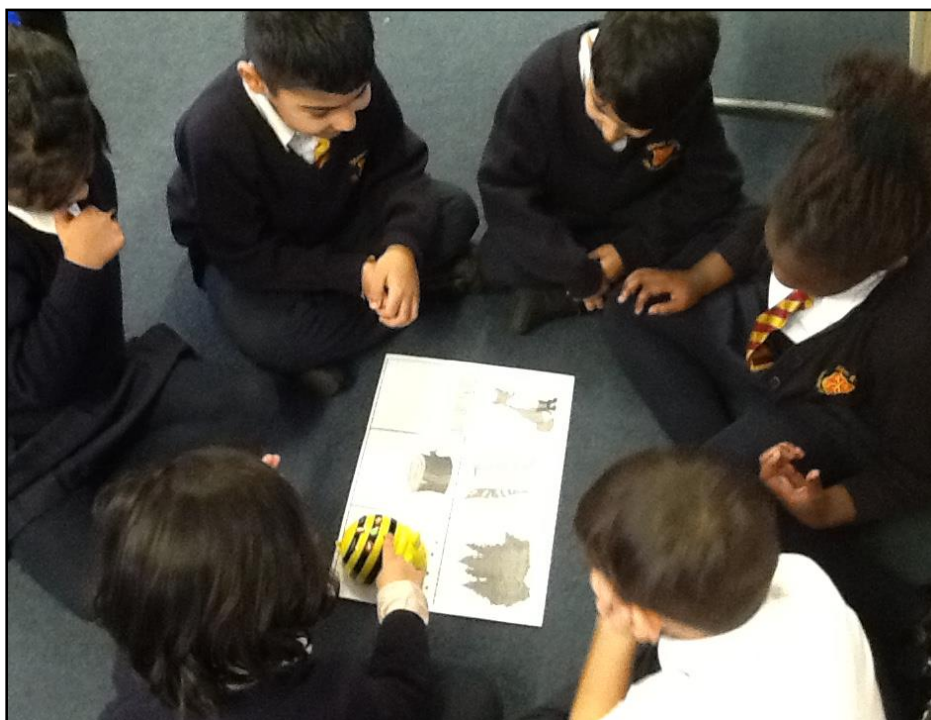


**Vashti Hardy**

- + Brightstorm Series
- + Wildspark
- + Harley Hitch and the Iron Forest
- + Crowfall

## Year 2 – Computing

In Year 2 we are learning about algorithms for our Computing topic this term. We have looked at the importance of giving clear instructions, particularly when they are part of a sequence. This week the children had to give the Beebots commands in different orders and predict where they would end up. They then tested their sequences to see if they were correct.





## Year 3 – Colchester Castle Trip

Year 3 went to Colchester Castle this week to learn more about the Romans. According to records, Colchester was the Romans' first British town they settled in. Although Colchester Castle was not made by the Romans, the castle was built on top of Roman ruins that was burnt down to the grounds by Boudicca. The children had lots of fun on their day out to Colchester!





## Reception – Maths

This week in Reception we have been learning to add one more using a range of manipulatives. We started off by using cubes and then moved onto using teddy bears. Children were able to verbally say the calculations such as 4 add 1 equals...

The children continued to add one more during their play.

At home you can continue to add one more using toys or spoons.



## EYFS Exploration Session

Wow! It was absolutely amazing to see how many parent/carers came to our first Parent's Exploration. All the children were extremely excited to spend special time with their parent/ carers in their classrooms. The atmospheres in the classrooms were engaging and exciting.

I wanted to say a huge thank you to all the parent/carers for making an effort to attend the session. The feedback we received was very positive.

We look forward to inviting you into the EYFS again. Look out on the newsletter and Google classroom for upcoming events.





1 Which of these are equal to 15?

$10 + 5$        $5 + 5 + 5$   
 $20 - 5$        $1 + 5$

2 A rope measures 30 metres.



The rope is cut into 10 equal sized pieces.  
What is the total length of 5 of these pieces?

3 Danny has two boxes of sweets.



He puts the sweets into smaller bags.

There are 5 in each bag.



How many bags can Danny fill using all the sweets?



1 Circle all the numbers equivalent to 0.25

$0.4$        $\frac{50}{100}$        $\frac{25}{100}$        $\frac{1}{4}$

2 A rope measures 2.8 metres.

$2.8 \div 10 = 0.28$   
 $0.28 \times 5 = 1.4$   
 or  $2.8 \div 2 = 1.4$

The rope is cut into 10 equal sized pieces.  
What is the total length of 5 of these pieces?

The total length is 1.4 metres.

3 Sweets come in boxes of 600  
Danny has two boxes of sweets.

$600 \times 2 = 1200$

He packs the sweets into smaller bags.

There are 21 in each bag.

How many bags can Danny fill using all the sweets?  
 $1200 \div 21 = 57 \text{ r } 3$   
Danny can fill 57 bags.



## Online Safety

As part of our continued drive to offer advice and support for all aspects of digital/online safety, we are going to showcase weekly information from the National Online Safety resources which can be found at:

<https://nationalonlinesafety.com/>

Twitter is a social media network which allows users to post short messages ('tweets') of up to 280 characters. Tweets can consist of text, photos, videos, audio, links, polls and GIFs – often linked by hashtags if they share a common theme or message. Hashtags receiving high levels of interest are said to be 'trending'. Twitter users can engage with other people's posts by liking, retweeting (sharing) or tweeting back (commenting on). Since the entrepreneur Elon Musk acquired Twitter in 2022 for \$44 billion, the platform has undergone several major changes.

In the guide, you'll find tips on a number of potential risks such as trolls and bullying, fixation on view count and interaction with strangers.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](https://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about TWITTER

Twitter is a social media network which allows users to post short messages ('tweets') of up to 280 characters. Tweets can consist of text, photos, videos, audio, links, polls and GIFs – often linked by hashtags if they share a common theme or message. Hashtags receiving high levels of interest are said to be 'trending'. Twitter users can engage with other people's posts by liking, retweeting (sharing) or tweeting back (commenting on). Since the entrepreneur Elon Musk acquired Twitter in October 2022 for \$44 billion, he has implemented several major changes to the platform.

**WHAT ARE THE RISKS?**

**INTERACTION WITH STRANGERS**  
Tweets are public by default, meaning that anyone can view and interact with posts, follow someone and send direct messages. The concern here is that young people may therefore connect and communicate with strangers. Some individuals may follow a young person's Twitter account simply because they have similar interests; however, others may turn out to have more sinister intentions.

**FIXATION ON VIEW COUNT**  
Twitter has recently introduced a 'view count' feature – telling users how many people have seen their tweet (even if they haven't reacted to it). Previous research has found that unfavourable comparisons with other social media users can cause young people to experience feelings of insecurity, jealousy and low self-esteem – leading to an obsession with increasing their numbers.

**TROLLS AND BULLYING**  
The anonymity offered by fake profiles encourages some users to send tweets designed to provoke a reaction; to disrupt conversations; to pick an argument; or to harass the recipient. Such trolling and bullying can impact the mental wellbeing of both the target and anyone who witnesses it. Encourage your child to come to you if they experience such behaviour on Twitter, or if they see it taking place.

**PAID-FOR VERIFICATION**  
Previously, if a Twitter profile displayed a blue tick icon, it meant that the owner – usually a celebrity or a major organisation – had been verified as genuine. Now, however, anyone can pay for a Twitter Blue subscription to receive the tick, with the platform carrying out limited checks on the account's authenticity. This could easily lead to more fake accounts impersonating real people or companies.

**CONTENT MODERATION CHANGES**  
In late 2022, Twitter stated that their 'policy enforcement will rely more heavily on de-amplification of violent content: freedom of speech, but not freedom of reach'. No policies have changed yet, but this wording suggests they may limit who can see posts rather than removing them. While supporting free speech, this could encourage an environment where some toxic content remains online.

**HIJACKED HASHTAGS**  
The hashtag (#) is one of Twitter's most recognisable facets, allowing users to find specific trends or topics. But the sheer volume of tweets each hour can rapidly distort a hashtag's meaning: an initially innocent search term can quickly end up returning inappropriate results. This is common with 'trending' hashtags, as people know that using them will get their tweet seen by a larger audience.

## Advice for Parents & Carers

**SET ACCOUNTS TO PRIVATE**  
To reduce some of the fear of your child's tweets being seen and shared by anyone, you can always make their account protected. This means that your child has to give approval for another user to view their posts. You can change Twitter's privacy settings so that your child can't be messaged directly by other people on the platform and their geographical location won't be shared.

**FOSTER CRITICAL THINKING**  
It can be difficult for anyone to ascertain if something online is real or false, but particularly for young people. Encourage your child to check several reputable sources to determine if a story they've seen is true; remind them to watch out for scams and think about the message's possible motive. Emphasise that it's not a good idea to retweet something if they aren't sure it's correct.

**ENGAGE SAFETY MODE**  
When Safety Mode is activated, Twitter checks for abusive or spammy behaviour such as hurtful language or repeated negative replies. The platform then flags these suspect accounts and blocks them from responding to your child's tweets. The autoblock function then prevents these accounts from interacting with your child's again for seven days.

**EXPLORE THE NEW SETTINGS**  
Previously, any user could reply to anyone else's tweets. However, the new conversation settings let your child determine who can reply to their posts – either by selecting everyone (the default option), people they follow or only people they mention (using the @ symbol). This improvement has given users extra control, providing them with more protection from trolls and online abuse.

**PAUSE BEFORE POSTING**  
It's important that young people think about what they're about to post and whether they might regret it later. Twitter has developed 'nudges': little prompts which appear if someone is about to tweet using harmful or offensive language. These nudges promote more positive online behaviour by giving users an opportunity to pause and consider their words before they post something.

**BLOCK, REPORT OR MUTE**  
If someone is upsetting your child on Twitter, you can block and report them. Blocking stops them from messaging or following your child, while reporting an account alerts Twitter to investigate possible misuse. The 'mute' feature, meanwhile, keeps tweets from a specific account (or which include certain words) out of your child's timeline. The other user won't know that they've been muted.

**BE CAREFUL WHO TO FOLLOW**  
As accounts are no longer being as rigorously verified under the 'blue tick' system, it's essential that young Twitter users understand what this means, in terms of people not necessarily being who they claim. Anyone who your child only knows online is still a stranger, regardless of how long they've been communicating for. Remind your child never to disclose personal information on social media.

**Meet Our Expert**  
Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

**National Online Safety**  
#WakeUpWednesday

Source: <https://blog.twitter.com/common-thread/en/topics/stories/2022/how-twitter-is-nudging-users-healthier-conversations> | [https://blog.twitter.com/en\\_us/topics/product/2022/twitter-blue-update](https://blog.twitter.com/en_us/topics/product/2022/twitter-blue-update) | [https://blog.twitter.com/en\\_us/topics/company/2022/twitter-2-0-our-continued-commitment-to-the-public-conversation](https://blog.twitter.com/en_us/topics/company/2022/twitter-2-0-our-continued-commitment-to-the-public-conversation) | <https://scholarworks.lib.csusb.edu/cgi/viewcontent.cgi?article=213&context=etd>

[www.nationalonlinesafety.com](https://www.nationalonlinesafety.com) @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.01.2023



# Family Learning courses



Help your  
child with  
their  
learning

## Keeping Up with Children- Maths 5 Weeks Course

**Understand National curriculum and learn tips and tricks to  
improve your child's Math skills !!**

Starting : Monday 27th Feb 2023—9.00am - 11am

End Date: Monday 27th March 2023— 9.00am-11am

***Important: Only limited spaces available so hurry and reserve your place!!***

To Book please contact: Reception at SS Peter & Paul's Catholic Primary School  
Ilford

[www.redbridge-iae.ac.uk](http://www.redbridge-iae.ac.uk)  
Call us on 020 8550 2398

Gaysham Avenue  
Gants Hill, IG2 6TD  
[enquiries@redbridge-iae.ac.uk](mailto:enquiries@redbridge-iae.ac.uk)



# Improve your English and Maths



## FREE short courses for adults

Do you struggle to communicate in English?

Do you feel shy in public due to your spoken English and Maths skills?

Do you wish to improve your confidence?

If your answer is YES, then this is the perfect course for you!

**Join 5 week Course at SS Peter & Paul's Catholic Primary School**

Contact your school to register your interest

*Hurry Only limited Spaces Available !!*

**Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?**

**JOIN OUR FREE WEBINARS!**

**Ultimate Parent Teacher Guide to SEND Appeals & Tribunals**

**Thursday 5th January 2023 at 8pm**

**How to improve your child's Executive Functioning Skills**

**Tuesday 10th January 2023 at 8pm**

**Dyspraxia (Developmental Coordination Disorder) - an Introduction**

**Monday 16th January 2023 at 7pm**

**Precision Teaching - Sight Words to Fluency**

**Wednesday 18th January 2023 at 7pm**

**Ultimate Guide to explaining Anxiety to Children with Coping Strategies**

**Thursday 26th January 2023 at 8pm**

**Graphic Facilitation - using Dual Coding to support Learning**

**Tuesday 31st January 2023 at 7pm**

**Please check EPT Facebook page for further details.**

**Please join EPT free membership and book the webinars by text or email.**

**FREE MEMBERSHIP**

Open to family members and carers of any child or young person with SEND up to the age of 25 years who live in or receive services from Redbridge. Associate membership is available for practitioners.

**MEMBERSHIP FORMS AVAILABLE FROM:**

[www.empoweringparentstogether.org.uk](http://www.empoweringparentstogether.org.uk)  
[info@empoweringparentstogether.org.uk](mailto:info@empoweringparentstogether.org.uk)



07486 880 799  
07486 880 646

**FOLLOW US ON FACEBOOK: Empowering Parents Together - Redbridge**

**FOLLOW US ON TWITTER: @EPT\_Redbridge**



Department  
for Education

London Borough of

**Redbridge**



**contact** For families  
with disabled children



## Parenting Courses



We would like to draw your attention to some free online parenting courses, which enable parents/carers to develop parenting skills in their own time. The Solihull courses are short modules on a range of subjects from 'Understanding Pregnancy/ Labour, Birth and Your Baby' right through to 'Mental Health and Well Being for Parents and Teenagers Only'. The courses are excellent, available in several different languages and FREE to Redbridge residents.

**To access the range of courses go to <https://inourplace.co.uk/> and apply the 'access' code 'BRIDGE'.**

## Cost of Living Crisis

Please see below important links providing information, which may help you with the cost of living crisis.

- Household Support Fund (HSF): [hsf@redbridge.gov.uk](mailto:hsf@redbridge.gov.uk)
- <https://www.redbridge.gov.uk/benefits/cost-of-living-payments> Cost of Living Payments / Low-income benefits
- <https://www.gov.uk/browse/benefits> Includes eligibility, appeals, tax credits and Universal Credit
- List of food banks in Redbridge:  
<https://search3.openobjects.com/mediamanager/redbridge/fsd/files/foodsupportlocationsredbridge.pdf>

# Redbridge Emotional Welling Mental Health Services



## Anna Freud Centre Resources

- Lingo booklet: provides insight into the experiences of young people when talking to adults/professionals about their mental health <https://www.annafreud.org/mental-health-professionals/improving-help/resources/lingo/>
- Talking mental health with young people in primary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-primary-school/>
- Talking mental health with young people in secondary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-secondary-school/>
- Supporting children's transition into secondary school: Guidance for parents/carers: evidence-based guidance package for parents that was written with input from clinicians at the AFC and teachers. <https://www.annafreud.org/schools-and-colleges/resources/supporting-childrens-transition-to-secondary-school-guidance-for-parents-and-carers/>



## Child Psychotherapy

- Understanding childhood: contains a series of leaflets written by experienced Child and Adolescent Psychotherapists to give parents, grandparents, carers and professionals additional insight into children's feelings and view of the world and to help make sense of their behavior. <https://childpsychotherapy.org.uk/resources-families/understanding-childhood>



## Redbridge EWMHS/CAMHS

- ADHD Resources for parents: with information on organizations that parents can refer to for extra support for their child, including support in the education section, parenting programs, and online courses for parents/carers. (attached)
- Official Redbridge EWMHS/CAMHS Resource Booklets <https://www.nelft.nhs.uk/redbridge-camhs>



## YoungMinds

- Apart from having great resources for parents/carers regarding young people's mental health, they also have a parenting support helpline that you are able to call.
  - Offer advice to parents/carers concerned about their child's mental health up to the age of 25.
  - Helpline: 0808 802 5544 (9:30am-4pm Monday to Friday) FREE
  - Webchat service (9:30am-4pm Monday to Friday) – on bottom right hand corner, click the webchat icon
  - Email service (temporarily closed)
  - [Parents Helpline | Mental Health Help for Your Child | YoungMinds](#)



## Gov.Uk

- UK Government website also has a section called the Education Hub where they provide lists of resources for children, students, parents, school staff that you can access for free.
- [Mental health resources for children, students, parents, carers and school/college staff - The Education Hub \(blog.gov.uk\)](#)



# Google Classrooms – Help Sheet



Google Classroom

## What is Google Classroom?

Google Classroom is a class-organisation platform that incorporates Google's core G Suite (Google Docs, Sheets, Slides, Drive) and other Google products so students can access everything they need for a class, including homework assignments, group projects and files. Google Classroom is designed for organisation and collaboration. We will be using Google Classroom to assign homework as well as within school to improve children's digital literacy.

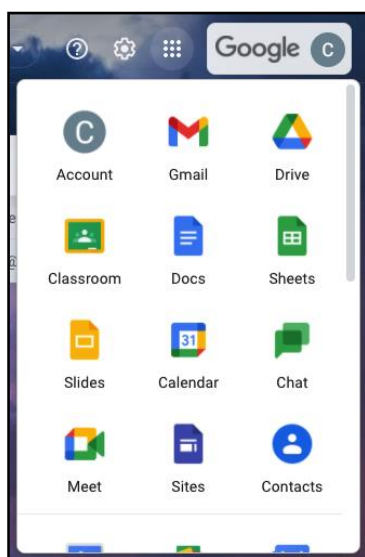
## How do you log into a Google Classroom?

Your child has been given a username (email address) and a password, these should be stuck inside their communication or homework books. You have also received an email and/or text with the information. To access it you can search 'Google login', once you have logged in using the username and password you have access to email, classroom and Google drive (a storage system that uses the Google version of Word, Excel and PowerPoint).

When you log in look for the 'waffle' (the nine dots).



You will then see these options and you select 'Classroom'



Each class is private to the people the teacher has personally invited, including the students enrolled in that class and other teachers. Once your child has accessed a class, they can use all the features the teacher has enabled for that class, including class schedules, assignments and announcements.

## Can you use Google Classroom at home?

Children can access Google Classroom from anywhere, including from their phones or tablets, when they download the Google Classroom app.

## How does my child find out about new stuff posted in Google Classroom?

Your child will receive an email when the teacher posts an announcement. These emails come through your child's email account, not solely in the Classroom. Classrooms do not alert you when an assignment is due; to keep track of deadlines, kids need to check the class calendar.