



SSPP School News

20th January 2023 Issue 16



**SET YOUR GOALS
MAKE YOUR PLANS
CHASE YOUR DREAMS**



SS Peter and Paul's Catholic Primary School

The Good Shepherd Catholic Trust

Gordon Road, Ilford, Essex, IG1 1SA, UK

Tel: 020 8478 1267

admin.sspeterandpauls@redbridge.gov.uk



*We show our love for God, in the way we treat each other.
Together we follow Jesus, by learning, and sharing our gifts.*

Dear Parents and Carers,

We continued our assembly theme of dreams and goals, by celebrating the life of Martin Luther King on Monday. The children engaged fully, sharing their knowledge and understanding about the civil rights movement. As a Rights Respecting School, we are all aware of Article 2 'Governments should take measures to ensure that children are protected against all forms of discrimination.' We are confident that the children at SSPP have a very strong pupil voice and understand the terms: fairness, justice, equality and discrimination.

Thank you to the many parents who attended the EYFS coffee morning this week to meet Mrs Kumar, the new EYFS leader and to hear the exciting things she has planned for the EYFS phase. We look forward to seeing you all at the Exploration Morning on Friday 27th January.

On Thursday, 1A shared a wonderful assembly about 'Special People'. The children explained that we are all special because we were made by God. It was heart warming to see such young children sing and sign so beautifully about God's mercy. Thank you to Mrs Ajisha for preparing the children and for her musical direction.

We had a special visitor at SSPP on Thursday... Mr Nourish made an impromptu visit to share our 'disco dinner'.

Nourish have been our school caterers since September 2023 and we are delighted with the improved service and quality. There will be an opportunity going forward for parents to attend a food tasting session and to gain an understanding of the menus and portion sizes.



We continue to receive many requests from parents asking to take children out of school in term time to travel abroad. This request will not be authorised under any circumstances.

Thank you for your very kind donations at the KS2 carol concert; as a result we have sent a cheque for £164.75 to the Brentwood Catholic Children's Society.

I wish you all a lovely weekend.

God bless,

Mrs S Johnson
Headteacher

Headteacher

Mrs Johnson

Deputy Headteacher

Mrs Hull

Assistant Headteacher

Mr Roca-Mas

DATES FOR YOUR DIARY

Tuesday 24th January

Y6 Maths Booster Begins

Thursday 26th January

2I Class Assembly – 9:00am

Thursday 26th January

Y6 Reading Booster Begins

Friday 27th January

EYFS Exploration Morning

LINKS

School Website:

<https://www.sspeterandpauls.redbridge.sch.uk/>

School Blogs:

<https://sspeterandpaulsblog.net/>

UNICEF Article 23

A child with a disability has the right to live a full and decent life in conditions that promote dignity, independence and an active role in the community.



Children with disabilities should be respected and part of a group
© UNICEF/UNEP/WHO/World Bank Group

Gospel Reflection (Matthew 4:12-23)

In this Sunday's Gospel, we hear about Jesus starting to gather the first Christian community. Hearing that John the Baptist had been arrested, Jesus went back to Galilee and settled in Capernaum, a lakeside town. From that moment Jesus began his preaching with the message, "Repent, for the kingdom of heaven is close at hand." As he was walking beside the Sea of Galilee, he saw two brothers, Simon, who was called Peter, and his brother Andrew; they were making a cast in the lake with their net, for they were fishermen. Jesus said to them, "Follow me and I will make you fishers of people." They left their nets at once and followed him. Going on from there, he saw another pair of brothers, James, son of Zebedee, and his brother John; they were in their boat with their father Zebedee, mending their nets, and he called them. At once, leaving their boat and their father, they followed him. Jesus went round the whole of Galilee teaching in their synagogues, proclaiming the Good News of the kingdom and curing all kinds of diseases and sickness among the people.

Prayer for the week

God of light, shine in our hearts so that we can bring joy and hope to other people, especially those who are frightened, sick, lonely or hungry. Amen.

Dear brothers and sisters, be an active presence in the community. Pope Francis

Star Pupil Awards

N	
RC	
RS	Noah
1A	Whole Class
1C	Ezhilan
2I	Aarash
2P	Agastya
3S	Miftahul & Mia
3W	Jojo
4B	Tejveer
4M	
5C	Brielle
5S	
6B	Manmeet
6R	Sandra

Attendance w/e 20th January 94.53%

Class	% (Target 95.5%) Class attendance weekly percentages since the 5 th September 2022 Gold = Highest Green = Above 96% Red = Below 96%
RC	87.20%
RS	90.00%
1A	91.33%
1C	91.72%
2I	95.17%
2P	95.17%
3S	93.20%
3W	**100.00%**
4B	93.85%
4M	96.00%
5C	96.43%
5S	97.86%
6B	97.93%
6R	98.62%



It is important that we always have the most up-to-date contact details you can provide. Please let the school office know if your contact details have changed or if additional people are collecting your child.

School Games Values Certificates

Look out for more certificates being issued in future newsletters.



Upcoming Dates

Tuesday 24th January

Y6 Maths Booster Begins

Thursday 26th January

2I Class Assembly – 9:00am

Thursday 26th January

Y6 Reading Booster Begins

Friday 27th January

EYFS Exploration Morning



House Points Totals

NEWMAN 

897

MANNING 

1604

VAUGHAN 

1392

WISEMAN 

862



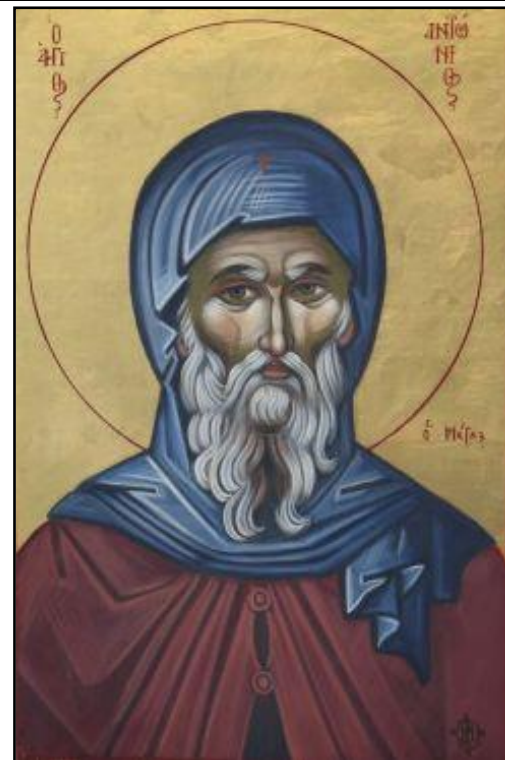
SCHOOL NEWS

Saint of the Week: Saint Anthony of Egypt (251–356)

Anthony was born into an upper-class Catholic home. His parents raised Anthony and his younger sister in a small village in southern Egypt. He received a basic education and was twenty years old when his parents suddenly died. He was left with a large inheritance and the responsibility of caring for his sister. Some months later, Anthony was attending Mass and heard the Gospel story of Jesus' command to the rich young man: *"If you wish to be perfect, go, sell what you have and give to the poor, and you will have treasure in heaven"* (Matthew 19:21). As Anthony heard these words, he knew Jesus was speaking directly to him. Shortly after, he gave away most of his property, sold almost everything else, and kept only what he needed to care for himself and his sister.

Not long afterward, Anthony was at Mass once again and heard the Gospel passage, *"Do not worry about tomorrow; tomorrow will take care of itself"* (Matthew 6:34). Again, he knew Jesus was speaking directly to him, so he gave away even the little he had saved back, entrusted his sister to the care of some holy women, and entered the desert to live a life of poverty, solitude and prayer.

After spending fifteen years living in a desert cave once used as a tomb, Anthony retreated even deeper into solitude, spending another twenty years in self-imposed solitary confinement. He ate only bread that friends threw over the wall of the abandoned Roman fort he called home. He never opened his mouth to speak to anyone, for God called him to the unique life of complete solitude.



Rights Respecting / Global Action – Miss Ionita's Weekly Information

RE: movie afternoon fundraising event for The Salvation Army Christmas Appeal.

Before the holidays we raised money to donate to the Salvation Army. We are very grateful to everyone who donated for such a wonderful cause!

The Salvation Army wrote us a letter to thank us for our efforts and they have let us know that the amount raised £266.30 has been used in the Baby Bank project.

It is lovely to know that we have supported the new generations with our generosity. This is a great example of what we would like them to see around them when they grow up, kindness and generosity!

This way we have also highlighted the importance of Article 24 – health, water, food, environment.

A sincere thank you to our SSPP Community!



**Giving
Hope
Today**

West Ham Corner

Ah, business as usual as a predictably negative performance saw us lose 1-0 at Wolves last weekend.

That would be a Wolves side who were below us, a Wolves side who have recently changed their manager, and a Wolves side who are now bringing in fresh faces during the transfer window. Basically, Wolves are doing everything we should be doing, but are failing to act upon.

Instead, a very predictable line up, with Antonio back up front on his own, failed to really create any moments of note in the entire game.

What is worrying is that the constant reflection that we had two decent league finishes in the last two seasons, is clouding the realisation that we have not played well for a full calendar year now.

This weekend we play Everton, who are joint bottom with us on 15 points; I'd like to think even a win might not be enough to keep the manager in his job, but this is West Ham we're talking about, and we seem to be quite happily sleepwalking into a relegation disaster.

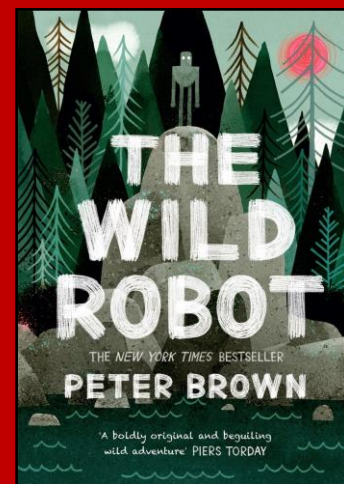
So next year could be fun if we were to win the Europa League, as it'll be elite European competition one day and then a Monday night at Preston!

Latest Result: Wolves 1 – 0 West Ham United

League Position: 18th



Recommended Read Year 4



When robot Roz crash lands on an island, she's forced to fight for survival. The only way Roz can live is by learning about her new environment from the island's hostile animal inhabitants. But when she finds herself taking care of a baby goose, all the animals pitch in and teach Roz how to thrive in this new world.

If you liked this then try:
+ 'The Iron Man' by Ted Hughes
+ 'The Iron Woman' by Ted Hughes
+ 'The Last Bear' by Hannah Gold



Top Ten

These are the current SSPP top ten pupils:

Rank	Name	Year Group
1	Angeline	Year 5
2	Naomi	Year 5
3	Moriah	Year 6
4	Chinualum	Year 5
5	Bhavagnya	Year 4
6	Jessica	Year 5
7	Harleen	Year 5
8	Navjot	Year 6
9	Austin	Year 5
10	Timothy	Year 5

Community News



It has been great to see so many children taking note about our reminder regarding smart watches.

Remember, there is no real need for any child to have a watch in school, but if they do, it should be a simple analogue one which they will remove for PE.

Recent Tweets – @SSPP_Primary



SSPPCatholicPrimary
@SSPP_Primary

On Wednesday 18th January we held a Coffee morning for the EYFS parents. They found out about all the new opportunities that will be provided to them and their child. It was amazing to see such a great turn out of parents. #SSPP #EYFS



#BOOKMATCH

© The Reader Teacher

Books for fans of Sophie Anderson



IF YOU LIKE SOPHIE ANDERSON, READ THESE

For more #BookMatch & similar suggested reads, visit TheReaderTeacher.com

Author Book Match

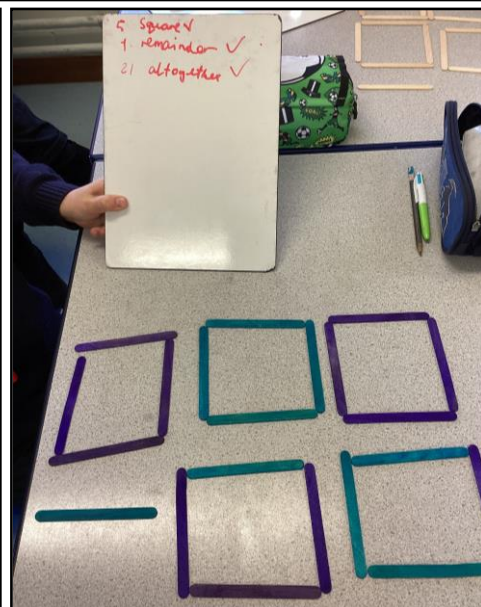
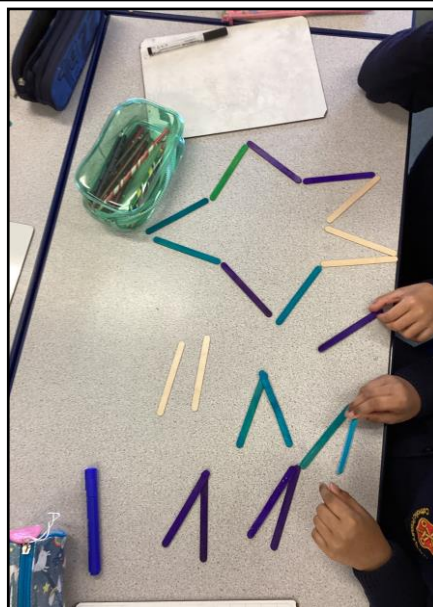


Sophie Anderson

- + The House With Chicken Legs
- + The Girl Who Speaks Bear
- + The Castle of Tangled Magic

SSPP Maths

As part of a maths mastery programme, SSPP hosted a number of teachers from across the Borough on Thursday. During the session, they watched a year 3 lesson being delivered by our maths lead, Miss Bond. They were then able to discuss the learning they saw taking place. Our children were a credit to us despite the daunting number of adults in the room.



Year 6 – PE

To conclude the Tag Ruby unit we were working on just before the Christmas break, we spent the last week pulling all of the knowledge which had been taught and then practised, into small games.

There were some flashes of brilliance in games where certain pupils received the ball and then tried to make progress towards the try line. Others found it slightly more tricky, but made every effort to ensure they were still passing backwards and applying the throwing and catching techniques from earlier in the unit.



EYFS Coffee Morning

On Wednesday 18th January we held a Coffee morning for the EYFS parents. They found out about all the new opportunities that will be provided to them and their child.

It was amazing to see such a great turn out of parents. Once again thank you for taking the time to come in and listen to information.

Key dates for the Diary:

Reception:

Friday 27th January 9am – 10am: Parents' Exploration Morning

Monday 6th February 2pm – 3pm: Parents invited in for a picnic

Nursery:

Friday 27th January 9am – 10am: Parents Exploration morning

Remember if you have any questions put in in your Home communication book or come and speak to us.

Thank you

Mrs Kumar- EYFS Phase Leader



School Dinners

As part of our disco dinner time on Thursday, the catering team at Nourish, were treated to a helping pair of hands (yes we didn't know oranges had hands either).

Remember that lunches can once again be pre-ordered at home, which can help our younger pupils decide.



Reception and Nursery – Parents' Exploration Morning

On Friday 27th January from 9am-10am, we will be holding our first Parents' Exploration Morning in the Early Years.

All parents are welcome to come and join their child in their classes. This is an opportunity to engage in learning with your child and speak to Teachers in class about your child's development.

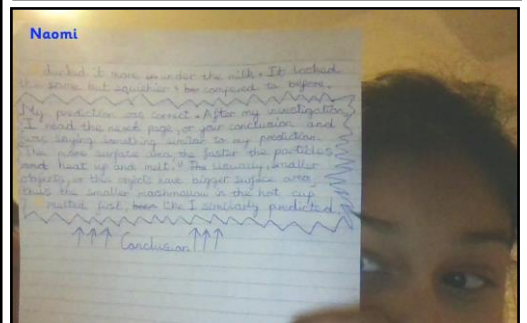
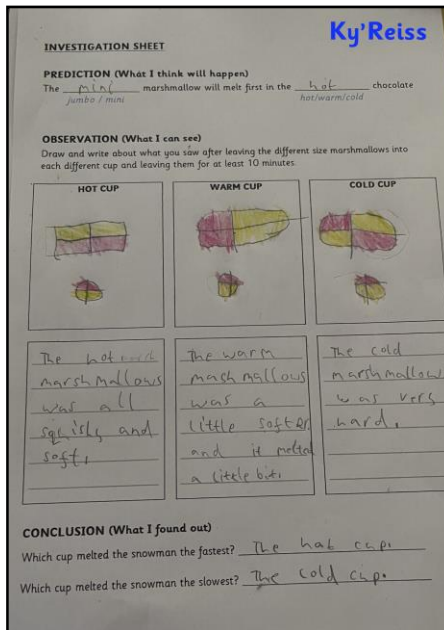
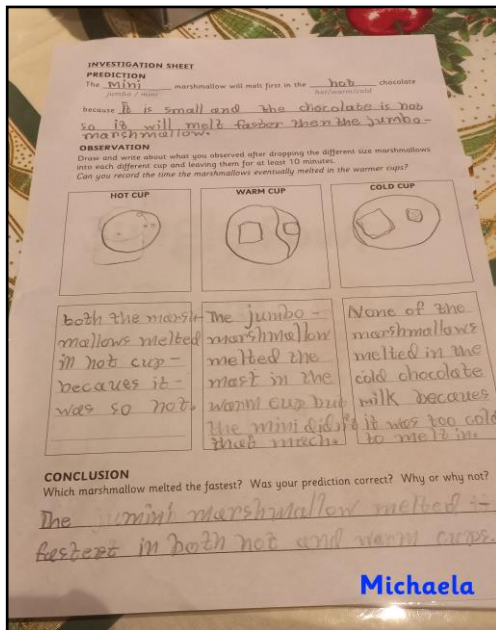
We look forward to welcoming as many parents as possible.



Science – Whole School Christmas Project

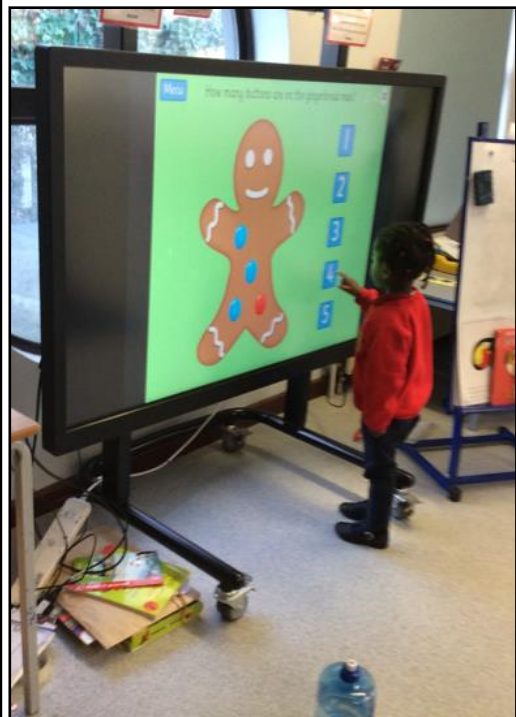
Following the enthusiastic response to last year's biscuit dunking investigation, Mrs Perry set our children another science challenge during this holiday. Children were asked to investigate the speed at which marshmallows melted in different liquids - hot, warm and cold. Thank you to all of the scientists who tried the investigation, we hope you enjoyed it. As many of you predicted, the marshmallow melted quickest in the liquid with the hottest temperature. Here are some pictures of our scientists in action and their work.

The science behind this: Melting happens when a solid changes into a liquid. Melting can be caused by heat. The particles in the solid (the marshmallow) gain energy in the heat. They start to move around quickly and eventually spread apart. This causes the object to melt. The hotter the temperature, the faster an object will melt. Surface area also has an impact on the speed the object melts at. The bigger the surface area, the faster the particles can heat up and melt the object.



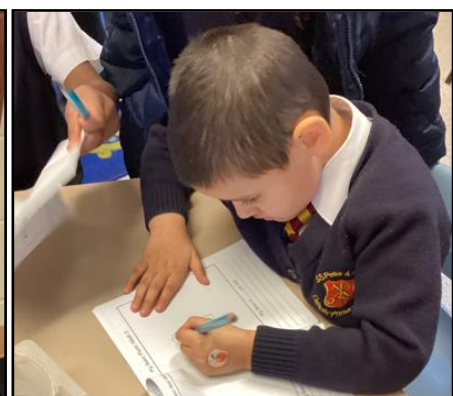
Nursery – Maths

This week in Nursery the children have been focussing on our fine motor skills and cutting. This then led to cutting numbers and then recognising numbers and matching them counting one to one correspondence. On your way to school you can look at door numbers and say the numbers that you can see. Think about counting spoons while getting your cutlery out for lunch/dinner.



Reception – Science

In Reception we have been keeping a Bean diary. We have been observing them every day to see how much they have grown. The children have been fascinated to see the roots growing and they have been eager to water them daily.



1 Circle all the numbers equivalent to 0.25

0.4 $\frac{50}{100}$ $\frac{25}{100}$ $\frac{1}{4}$

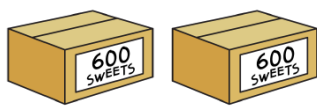
2 A rope measures 2.8 metres.



The rope is cut into 10 equal sized pieces.

What is the total length of 5 of these pieces?

3 Sweets come in boxes of 600
Danny has two boxes of sweets.



He packs the sweets into smaller bags.

There are 21 in each bag.

How many bags can Danny fill using all the sweets?



The answer to the KS1 problem seen in our last Newsletter:

1 Sam has £50
He buys this cap and jumper with his money.



How much money does he have left?
Sam has £16 left.

2 One half of a number is 6
What is double the number?

$$6 \times 2 = 12$$

$$12 \times 2 = 24$$

24 is double the number.

3 I have 42 stickers



I have 60 stickers
Mo gives Alex some stickers.
They now have the same number of stickers.

How many stickers does Mo give Alex?

$$60 - 42 = 18$$

$$18 \div 2 = 9$$

Mo gives Alex 9 stickers.



Online Safety

As part of our continued drive to offer advice and support for all aspects of digital/online safety, we are going to showcase weekly information from the National Online Safety resources which can be found at:

<https://nationalonlinesafety.com/>

World of Warcraft originally launched way back in 2004, and since then the game has blossomed into a major entertainment property. It's spawned spin-off novels, merchandise and even a Hollywood movie adaptation ... but why are we still talking about it in 2023? World of Warcraft's most recent iteration, Dragonflight, launched last November and marks the game's ninth major expansion. This latest addition has attracted a whole host of lapsed players back to the game – as well as newcomers jumping into the realm of Azeroth for the first time.

In the guide, you'll find tips on a number of potential risks such as the potential for online addiction, in-game purchases and simulated violence.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one game of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about WORLD OF WARCRAFT

World of Warcraft originally launched way back in 2004, and since then the game has blossomed into a major entertainment property. It's spawned spin-off novels, merchandise and even a Hollywood movie adaptation ... but why are we still talking about it in 2023? World of Warcraft's most recent iteration, Dragonflight, launched last November and marks the game's ninth major expansion. This latest addition has attracted a whole host of lapsed players back to the game – as well as newcomers jumping into the realm of Azeroth for the first time.

AGE RESTRICTION 12+

WHAT ARE THE RISKS?

ALWAYS ONLINE

World of Warcraft is an MMORPG, which stands for Massively Multiplayer Online Role-Playing Game. Players create a character and head off on mythical quests to earn rewards and become more powerful. The game's environment is absolutely vast, and it can only be played online on PC or Mac – so there's a high probability of young Warcraft fans wanting to monopolise the family computer.

REGULAR EXPANSIONS

As is common with many MMORPGs, World of Warcraft's developers, Blizzard, release regular expansions for the game (usually every 18 months to two years). So although there's still plenty of content for young players to experience right now, there will almost inevitably be a requirement to continue buying future expansion packs, which tend to cost around £50.

IN-GAME PURCHASES AND SUBSCRIPTIONS

Just like its genre contemporary Final Fantasy XIV, World of Warcraft requires a monthly subscription fee to play. It's currently £9.99 per month (although you can get it cheaper by signing up to a longer subscription). There are also many items which can be purchased from the in-game store that don't affect gameplay, but instead offer cosmetic alterations to a player's character.

VOICE AND TEXT CHAT

Because World of Warcraft is played exclusively on PCs and Macs, it's easy for users to type out text messages if they aren't comfortable using voice chat. If you'll forgive the pun, that's a double-edged sword because – although there's less chance of them being harassed verbally – it puts young players at increased risk of being trolled or receiving spam through the in-game messaging function.

SIMULATED VIOLENCE

The fact that World of Warcraft is almost 20 years old means that even its most violent battles look slightly cartoonish compared with the level of authenticity in many more modern games. The exception tends to be Warcraft's in-game cutscenes, animated sections which move the plot onto the next stage. These offer more realistic visuals, but they still aren't overly gory or scary.

POTENTIAL FOR ADDICTION

World of Warcraft can trigger a powerful "just one more quest" mentality in players (especially young ones) as they rush to secure the next dopamine hit from levelling their character up or earning a new item or weapon. It's also a game that doesn't have a definite "end" – because as soon as a player finishes levelling up one character, they can start afresh with another one.

Advice for Parents & Carers

MANAGE PLAYTIME

World of Warcraft can be an extremely enjoyable game to play with friends, but it's important that your child doesn't let their adventures crowd out school work, socialising or anything else they also enjoy. You could, for example, consider imposing playtime limits – such as a set number of hours to play Warcraft per week, or restricting it to particular days or just weekends.

MAKE IT A REWARD

If your child is excited about getting the next World of Warcraft expansion, you could consider using it as a reward for completing their weekly tasks (you could even call them "quests") like tidying their room or doing their homework. This will demonstrate that you're happy for them to play the game but will also help them to build good, productive habits, reinforcing that hard work earns rewards.

SIGN UP FOR THE FREE TRIAL

Warcraft's monthly subscription effectively "pays" for the regular new content, but there's also a sizeable free trial that lets new players explore the world of Azeroth without paying a penny. Players can play up until level 20 for free, which is easily "several hours" worth of gameplay. If your child does take this option, we'd suggest minimising in-game spending by not linking a bank card to their account.

REMEMBER THE AGE RATING

Due to mild violence and the occasional use of offensive language, World of Warcraft has been rated as appropriate for players aged 12 and over by PEGI (the Pan-European Game Information system, which gives games their age certificate). It isn't really suitable for anyone below that age, so you may potentially have to explain this reasoning to your younger children if they want to play it.

ADVENTURE TOGETHER

Warcraft can certainly be addictive, but playing it together is also a great way to spend time with your child. The game's focus on cooperative questing and battling enemies can make it feel like you've accomplished something as a team, and you'll also be in a prime position to spot any early signs of addiction. Just remember to apply gaming time limits to yourself as well as your young ones!

Meet Our Expert

Lloyd Coombes is Games Editor of technology and entertainment website Dailymail and has been working in the gaming media for three years. A long-time gaming enthusiast, he is also a parent and therefore a keen advocate of online safety. Writing mainly about tech and fitness, his articles have also been published on influential sites including iFon and Techradar, among others.

Source: <https://www.theguardian.com/technology/2011/aug/28/world-of-warcraft-video-game-addict> | <https://worldofwarcraft.com/en-us/start>

NOS National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 11.01.2023

Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?

Do you want your voice heard?

Upcoming COFFEE MORNINGS

Time: 10am - 12noon

DATE: FRIDAY 13TH JANUARY 2023

VENUE: GEARIES CHILDREN'S CENTRE

GUEST: WES STREETING MP

DATE: MONDAY 16TH JANUARY 2023

VENUE: THACKERAY DRIVE CHILDREN'S CENTRE

GUEST: AUTISM SPECIALIST TEACHER

DATE: TUESDAY 24TH JANUARY 2023

VENUE: ST JOHN'S COLLEGE OPEN DAY

DATE: WEDNESDAY 25TH JANUARY 2023

VENUE: NEWBURY HALL CHILDREN'S CENTRE



Come along and meet other parent carers, share experiences, signposting and gain mutual support.

FREE MEMBERSHIP

Open to family members and carers of any child or young person with SEND up to the age of 25 years who live in or receive services from Redbridge. Associate membership is available for practitioners.

MEMBERSHIP FORMS AVAILABLE FROM:

www.empoweringparentstogether.org.uk
info@empoweringparentstogether.org.uk



07486 880 799
07486 880 646

FOLLOW US ON FACEBOOK: Empowering Parents Together - Redbridge

FOLLOW US ON TWITTER: @EPT_Redbridge



Department
for Education

London Borough of
Redbridge 



contact For families
with disabled children

Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?

JOIN OUR FREE WEBINARS!

Ultimate Parent Teacher Guide to SEND Appeals & Tribunals

Thursday 5th January 2023 at 8pm

How to improve your child's Executive Functioning Skills

Tuesday 10th January 2023 at 8pm

Dyspraxia (Developmental Coordination Disorder) - an Introduction

Monday 16th January 2023 at 7pm

Precision Teaching - Sight Words to Fluency

Wednesday 18th January 2023 at 7pm

Ultimate Guide to explaining Anxiety to Children with Coping Strategies

Thursday 26th January 2023 at 8pm

Graphic Facilitation - using Dual Coding to support Learning

Tuesday 31st January 2023 at 7pm

Please check EPT Facebook page for further details.

Please join EPT free membership and book the webinars by text or email.

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Department
for Education

London Borough of

Redbridge



contact For families
with disabled children

Parenting Courses



We would like to draw your attention to some free online parenting courses, which enable parents/carers to develop parenting skills in their own time. The Solihull courses are short modules on a range of subjects from 'Understanding Pregnancy/ Labour, Birth and Your Baby' right through to 'Mental Health and Well Being for Parents and Teenagers Only'. The courses are excellent, available in several different languages and FREE to Redbridge residents.

To access the range of courses go to <https://inourplace.co.uk/> and apply the 'access' code 'BRIDGE'.

Cost of Living Crisis

Please see below important links providing information, which may help you with the cost of living crisis.

- Household Support Fund (HSF): hsf@redbridge.gov.uk
- <https://www.redbridge.gov.uk/benefits/cost-of-living-payments> Cost of Living Payments / Low-income benefits
- <https://www.gov.uk/browse/benefits> Includes eligibility, appeals, tax credits and Universal Credit
- List of food banks in Redbridge:
<https://search3.openobjects.com/mediamanager/redbridge/fsd/files/foodsupportlocationsredbridge.pdf>

Redbridge Emotional Welling Mental Health Services



Anna Freud Centre Resources

- Lingo booklet: provides insight into the experiences of young people when talking to adults/professionals about their mental health <https://www.annafreud.org/mental-health-professionals/improving-help/resources/lingo/>
- Talking mental health with young people in primary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-primary-school/>
- Talking mental health with young people in secondary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-secondary-school/>
- Supporting children's transition into secondary school: Guidance for parents/carers: evidence-based guidance package for parents that was written with input from clinicians at the AFC and teachers. <https://www.annafreud.org/schools-and-colleges/resources/supporting-childrens-transition-to-secondary-school-guidance-for-parents-and-carers/>



Child Psychotherapy

- Understanding childhood: contains a series of leaflets written by experienced Child and Adolescent Psychotherapists to give parents, grandparents, carers and professionals additional insight into children's feelings and view of the world and to help make sense of their behavior. <https://childpsychotherapy.org.uk/resources-families/understanding-childhood>



Redbridge EWMHS/CAMHS

- ADHD Resources for parents: with information on organizations that parents can refer to for extra support for their child, including support in the education section, parenting programs, and online courses for parents/carers. (attached)
- Official Redbridge EWMHS/CAMHS Resource Booklets <https://www.nelft.nhs.uk/redbridge-camhs>



YoungMinds

- Apart from having great resources for parents/carers regarding young people's mental health, they also have a parenting support helpline that you are able to call.
 - Offer advice to parents/carers concerned about their child's mental health up to the age of 25.
 - Helpline: 0808 802 5544 (9:30am-4pm Monday to Friday) FREE
 - Webchat service (9:30am-4pm Monday to Friday) – on bottom right hand corner, click the webchat icon
 - Email service (temporarily closed)
 - [Parents Helpline | Mental Health Help for Your Child | YoungMinds](#)



Gov.Uk

- UK Government website also has a section called the Education Hub where they provide lists of resources for children, students, parents, school staff that you can access for free.
- [Mental health resources for children, students, parents, carers and school/college staff - The Education Hub \(blog.gov.uk\)](#)

Google Classrooms – Help Sheet



Google Classroom

What is Google Classroom?

Google Classroom is a class-organisation platform that incorporates Google's core G Suite (Google Docs, Sheets, Slides, Drive) and other Google products so students can access everything they need for a class, including homework assignments, group projects and files. Google Classroom is designed for organisation and collaboration. We will be using Google Classroom to assign homework as well as within school to improve children's digital literacy.

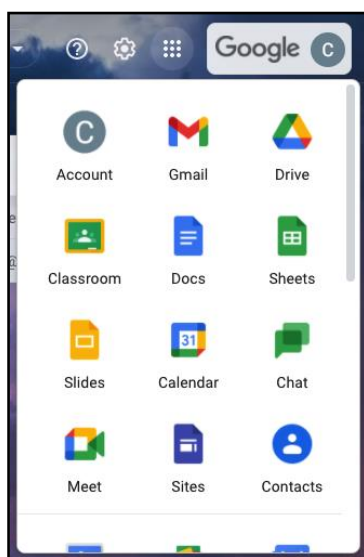
How do you log into a Google Classroom?

Your child has been given a username (email address) and a password, these should be stuck inside their communication or homework books. You have also received an email and/or text with the information. To access it you can search 'Google login', once you have logged in using the username and password you have access to email, classroom and Google drive (a storage system that uses the Google version of Word, Excel and PowerPoint).

When you log in look for the 'waffle' (the nine dots).



You will then see these options and you select 'Classroom'



Each class is private to the people the teacher has personally invited, including the students enrolled in that class and other teachers. Once your child has accessed a class, they can use all the features the teacher has enabled for that class, including class schedules, assignments and announcements.

Can you use Google Classroom at home?

Children can access Google Classroom from anywhere, including from their phones or tablets, when they download the Google Classroom app.

How does my child find out about new stuff posted in Google Classroom?

Your child will receive an email when the teacher posts an announcement. These emails come through your child's email account, not solely in the Classroom. Classrooms do not alert you when an assignment is due; to keep track of deadlines, kids need to check the class calendar.