



SSPP School News

16th December 2022 Issue 14



**HONOUR CHRISTMAS
IN YOUR HEART,
AND TRY TO KEEP IT
ALL THE YEAR**



SS Peter and Paul's Catholic Primary School

The Good Shepherd Catholic Trust

Gordon Road, Ilford, Essex, IG1 1SA, UK

Tel: 020 8478 1267

admin.sspeterandpauls@redbridge.gov.uk



*We show our love for God, in the way we treat each other.
Together we follow Jesus, by learning, and sharing our gifts.*

Dear Parents and Carers,

The final full week of term, was certainly an interesting one. Sadly we were knocked out of the World Cup in the quarterfinals, by France; it will not be coming home this year! The weather took a dramatic turn on Sunday, temperatures plummeted and road and pavement conditions were extremely dangerous. Although schoolwork was provided for the children on Google Classroom, I hope they managed to enjoy some fun in the snow. The school went to great lengths to inform parents of the school closure on Monday, we updated the school website at 7am, a message alert was sent out on the school Jotter App, email and text message sent to parent's listed email account and a post on Google Classroom, despite all these different methods of communication, the office received a high number of phone calls from parents asking for updates. This is not an ideal situation, as it puts extra pressure on the office, please ensure you check the school website before you phone the school for information

Unfortunately, because of the weather, the KS2 Carol Concert and Reception Nativity were postponed; they have now been rearranged for Monday 19th Dec 1.30pm (Reception) and 5pm for the KS2 carol concert. All KS2 children (Y3-Y6) will need to arrive at the Church hall, in full school uniform at 4.30pm. I look forward to seeing you all.

Christmas dinner on Wednesday was a lovely occasion, complete with Christmas jumpers to add to the festivities. A big thank you Nourish, our new school meals provider. As from 9th January, we will be reverting to a pre-order meal selection, please take some time to look at the menus on the school website and talk through the options with your child.

Sadly, we say goodbye to Mrs Woodhouse and Mr Smith at the end of this term. Mrs Woodhouse is moving to Ireland to begin a new adventure, we thank Mrs Woodhouse for all her dedication to SSPP and for her brilliant organisation of the clubs and sporting events and wish her every happiness in her new life. We also thank Mr Smith for his dedication and hard work with the youngest children in the school. Mr Smith moves back to Chester to be live closer to his family. We will certainly miss Mr Smith's musical talents and thank him for his hard work with the choir.

It has been a busy first term at SSPP, but wonderful to share so many events with our community after the restrictions of the previous two years. I wish you and all your families, peace and joy at Christmas time.

God bless,

Mrs S Johnson
Headteacher

Headteacher

Mrs Johnson

Deputy Headteacher

Mrs Hull

Assistant Headteacher

Mr Roca-Mas

DATES FOR YOUR DIARY

Monday 19th December

Re-Arranged KS2 Carol Concert
Pupils: 4:30pm @ the Parish Hall
Concert Begins at 5:00pm

Tuesday 20th December

Last Day of Term (1:30pm Finish)

Thursday 5th January

INSET Day

Friday 6th January

INSET Day

Monday 9th January

First Day of the Spring Term

LINKS

School Website:

<https://www.sspeterandpauls.redbridge.sch.uk/>

School Blogs:

<https://sspeterandpaulsblog.net/>

UNICEF

Article 31

Every child has the right to relax, play and join in a wide range of cultural and artistic activities



You have a right to play!

UNICEF Convention on the Rights of the Child Article 31

Gospel Reflection (Matthew 1:18-24)

Each year on the last Sunday of Advent, we look to Mary, our heavenly mother. The Gospel tells us something about Mary who was chosen by God to be the mother of his Son, Jesus (the name 'Jesus' means 'the LORD saves'). In this Sunday's Gospel we hear how the birth of Jesus Christ took place. The Lord appeared to Joseph in a dream and said. "Joseph, descendant of David, do not be afraid to take Mary to be your wife, for it is by the Holy Spirit that she has conceived. She will have a son, and you will name him Jesus — because he will save his people from their sins."

Prayer for the week

Loving God, as we wait for the birth of Jesus at Christmas, we give thanks for the wonderful gift of new life. We pray for all parents around the world and for their children, that they will be healthy, happy and love one another. Amen.

"The Birth of Jesus brings us the good news that we are loved immensely and uniquely by God." Pope Francis

Star Pupil Awards

N	Ume-Kaloom
RC	
RS	
1A	
1C	
2I	Leah
2P	Jay
3S	
3W	Riddhi
4B	
4M	All of 4M
5C	Harleen
5S	Mya
6B	Elizabeth
6R	Moriah

Attendance w/e 16th December 87.55%

Class	% (Target 95.5%) Class attendance weekly percentages since the 5 th September 2022 Gold = Highest Green = Above 96% Red = Below 96%
RC	80.10%
RS	87.25%
1A	89.22%
1C	80.83%
2I	94.83%
2P	87.07%
3S	93.50%
3W	75.50%
4B	94.23%
4M	98.00%
5C	91.96%
5S	83.62%
6B	87.83%
6R	88.70%



It is important that we always have the most up-to-date contact details you can provide. Please let the school office know if your contact details have changed or if additional people are collecting your child.

School Games Values Certificates

Look out for more certificates being issued in future newsletters.



Upcoming Dates

Monday 19th December

Re-Arranged KS2 Carol Concert

Pupils: 4:30pm @ the Parish Hall

Concert Begins at 5:00pm

Tuesday 20th December

Last Day of Term (1:30pm Finish)

Thursday/Friday 5th/6th January

INSET Days

Monday 9th January

First Day of the Spring Term



House Points Totals

We are going to pause on House Points for a week to allow us to give training to the House Captains who collect them. They will return (accurately) in the New Year.



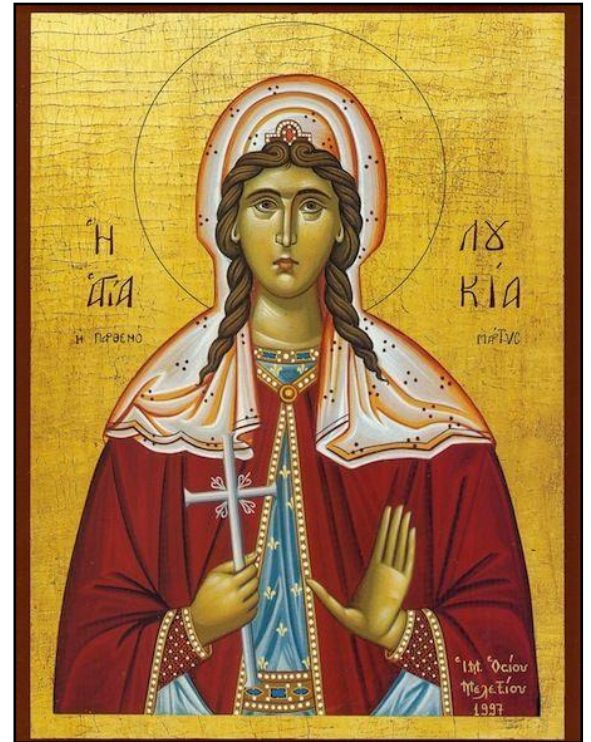
SCHOOL NEWS

Saint of the Week: Saint Lucy of Syracuse

Today's saint is one of only eight women (Mary included) commemorated in Eucharistic Prayer I: "Felicity, Perpetua, Agatha, Lucy, Agnes, Cecilia, Anastasia, and all the Saints..." It was Pope Saint Gregory the Great (590–604), familiar with the Christian traditions of Sicily through his family, who inserted the names of the Sicilian martyrs, Agatha and Lucy, into the Roman Canon.

It is likely that since Lucy was born to Christian parents, she went on pilgrimage as a child to the shrine of Saint Agatha, a fellow Sicilian, in nearby Catania. Perhaps the witness of the martyr Agatha, who perished about fifty years prior to Lucy's time, inspired little Lucy to be similarly heroic when her own hour came. One legend states that Agatha appeared to Lucy in a dream, telling her that one day she, Lucy, would be the glory of Syracuse. For over a millennium, Lucy's Feast Day of December 13 fell very close to the Winter Solstice, the shortest day of the year in the Northern Hemisphere. But the Gregorian calendar reform of 1582 corrected a ten day drift between the calendar and scientific reality, leaving December 13 now eight days before the Solstice. Lucy's symbolic resonance as a source of light in a dark season persists, despite the calendar correction distancing her feast day from winter's blackest hour

Saint Lucy, you died young and innocent, unfamiliar with the world save for its savagery. May your double martyrdom, to the flesh and to life itself, inspire all youth to see Christ and His promises as worth sacrificing to attain.



Rights Respecting / Global Action – Miss Ionita's Weekly Information

Happy Holidays!

Thank you for visiting our second edition of "Swap to Save"!
It was a lovely turn out!



We will continue organising more of them if we will continue having people donating and coming in to choose some preloved items on the day! Please send us your feedback! Or say it directly to us.



On another note, please check your Google Classroom page for a brochure about Children's Rights! You can find out information about all the things your children have been telling you! (What right they have and how the adults can help meeting them).

Have a peaceful holiday and if you celebrate Christmas, A Merry Christmas indeed!

World Cup West Ham Watch

Declan Rice – England

Once again it feels like a missed opportunity at this tournament with 'big names' like Brazil, Spain and Germany already out. We came up short against the current World Champions although it was in our hands to at least take the game into extra time. Declan now returns home hopefully ready for a Boxing Day date with Arsenal.

Alphonse Areola – France

Areola is still yet to get any minutes for France. He could well end up a World Cup winner having not played even a minute of football.

Nayef Aguerd – Morocco

Aguerd didn't play in Morocco's win against Portugal. It is yet to be confirmed if his injury will keep him out of the semi-final with France.

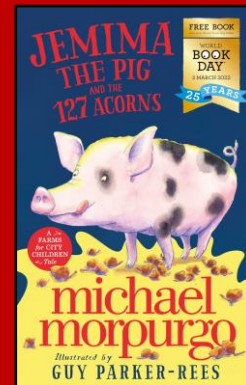
Lucas Paqueta – Brazil

Lucas has returned home after Brazil lost on penalties to Croatia.

West Ham return to action after the conclusion of the World Cup with an away game against Arsenal. Two friendlies in this mini-break has seen a 4-2 win against Cambridge and an impressive 3-1 win against Italian side Udinese. There is one more to play against Fulham.



Recommended Read Year 2



When a young boy goes from the city to stay on the farm, he discovers a world he never knew existed - a world of vegetable gardens, ducks and geese, where the sheep graze in the fields, where apples and pears grow in the orchard.

He also meets Jemima the pig: she smells and she slobbers, she breaks out of her pen to steal potatoes, and she's the undisputed queen of the farm. Soon, he's hiding acorns in his pockets to feed to her every time he sees her. But then, Jemima starts to feel ill. Could she have eaten too many acorns? Or does this queen of a pig have a secret...?

If you liked this then try:
+ 'The Mudpuddle Farm' Series by Michael Morpurgo
+ 'The Sheep Pig' by Dick King Smith
+ 'Charlotte's Web' by E.B White



Top Ten

These are the current SSPP top ten pupils:

Rank	Name	Year Group
1	Angeline	Year 5
2	Naomi	Year 5
3	Moriah	Year 6
4	Chinualum	Year 5
5	Bhavagnya	Year 4
6	Jessica	Year 5
7	Harleen	Year 5
8	Navjot	Year 6
9	Austin	Year 5
10	Timothy	Year 5

Community News



In this final newsletter of the term, we wish all of our community a blessed and restful Christmas holiday.

Please keep the families of the children caught up in the tragedy near Solihull in your prayers at this very difficult time.



Recent Tweets – @SSPP_Primary



SSPPCatholicPrimary
@SSPP_Primary

School is open today (Tuesday 13th December). The KS2 Carol Concert has been moved to Monday 19th December. On that evening, children are to be at the Parish Hall for 4:30pm ready to start the concert at 5:00pm

**PLEASE READ:
IMPORTANT
MESSAGE**



SSPPCatholicPrimary
@SSPP_Primary

We are almost at the end of the Autumn Term. Remember that the rescheduled Reception Nativity will be in our school hall on Monday 19th Dec at 1:30pm and the KS2 Carol Concert will begin at 5:00pm on the same day, with the children being dropped at the Parish Hall for 4:30pm.



#BOOKMATCH

© The Reader Teacher

Books for fans of Ross MacKenzie



IF YOU LIKE ROSS MACKENZIE, READ THESE

For more #BookMatch & similar suggested reads, visit TheReaderTeacher.com

Author Book Match



Ross MacKenzie

- + The Nowhere Emporium
- + The Elsewhere Emporium
- + The Otherwhere Emporium
- + Shadowsmith
- + Evernight

Christmas Recommended Reads

We are once again going to promote and showcase Christmas-themed books for various age ranges (3+, 5+, 7+ and 9+).

For this week, it is the turn of the **9+** category.

Zoom into the image for a better look at the titles suggested



The Reader Teacher Book Gift Giving Guide
Reads, Reviews & Recommendations!

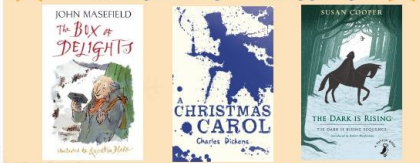
www.TheReaderTeacher.com/2022-christmas-books-9-plus

Christmas 2022



Recommended books for children aged 9+!

★ Christmas Classics ★



Winter Warmers



Super Funny Stocking Fillers!



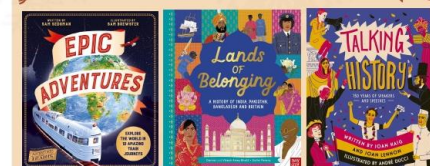
New Out This Christmas



Festive Fiction



Factual Books for All the Family



Presents of Poetry & Prose

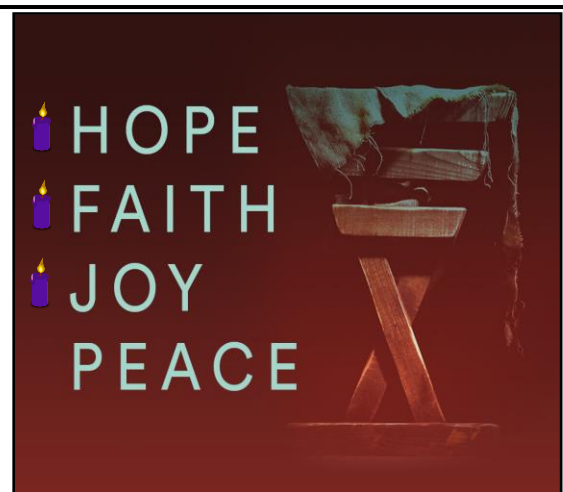


Picture Book Party



Give the gift of reading this Christmas!

For more Christmas gift giving guides & recommended reads, visit TheReaderTeacher.com



KS2 Carol Concert – New Date

As noted in various places, the KS2 Carol Concert has been moved to **Monday 19th December** – to allow for a hopeful improvement to the weather.

Children will be required to be at the Parish Hall beside SSPP Church for **4:30pm** in full school uniform (including their school shoes) with the concert starting at **5:00pm**.

All pupils are required to attend and none can travel home alone.

SSPP School Clubs



Keep an eye on your child's Google Classroom over the next few days for information about new after-school clubs being offered in the Spring term. Please follow the instructions in each letter in order to register your child's interest in joining. If you have any questions about after-school clubs contact

Mrs Woodhouse at clubs@sspeterandpauls.redbridge.sch.uk

Times Tables Rock Stars – Version Update

We have been contacted by Times Tables Rock Stars to say that some pupils are playing on out-of-date versions of the website or app.

It is important that they use the latest versions of the app or website to ensure they receive the most secure, feature-rich and enjoyable experience of Times Tables Rock Stars. Some of the versions are so far behind that they're missing out on key updates.

Solution

If using the website at home, please visit play.ttrockstars.com/reset to load the latest version in your device's browser. Otherwise update the Times Tables Rock Stars app.



Phonics Books

All phonics books have been collected today; children will begin to bring new ones home again in the New Year. Children still have access to Oxford Owl's online library to read from, alongside other texts which may have been sent home.



Snow In School

Having returned to school with the site and surrounding roads a little safer, children were given the chance to enjoy the undisturbed snow on Tuesday. For some it was the first time out in it, and for many it was the first chance to build a snowman!



Spring Term

We start the Spring Term with two INSET days on Thursday 5th and Friday 6th January 2023, so school starts again on **Monday 9th January** for our pupils.



Reception Nativity

The rescheduled Reception Nativity will happen at **1.30pm** on **Monday 19th December**



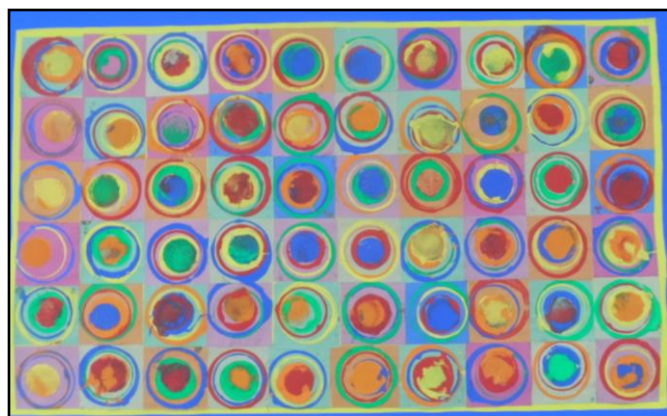
Christmas Lunch

There was a very festive feel to SSPP on Wednesday when we celebrated our Christmas Jumper Day and had our Christmas lunch.



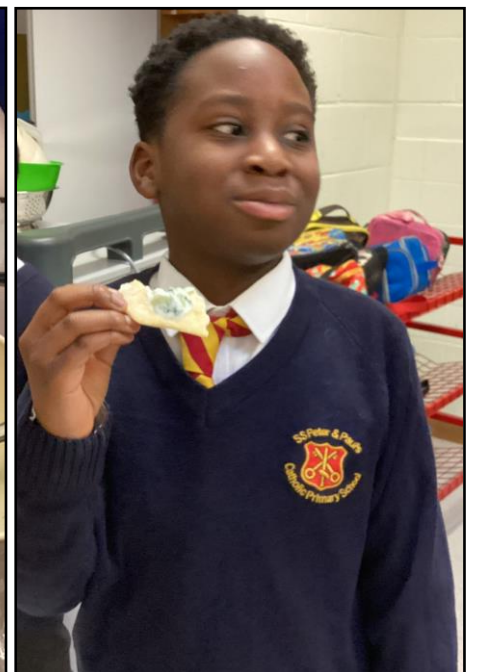
Year 2 – Art

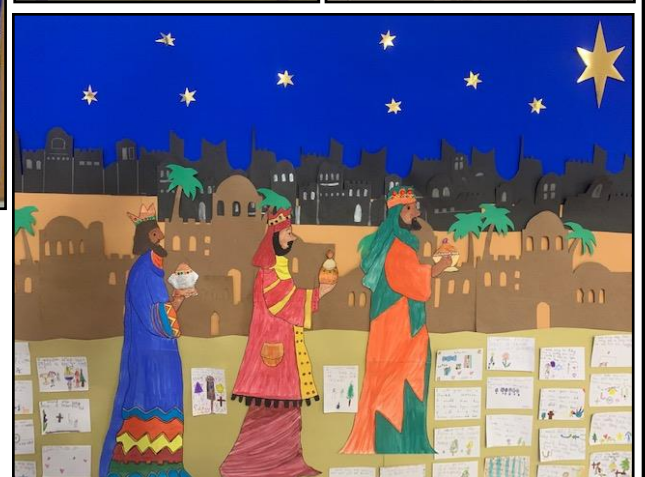
Year 2 have been learning about Kandinsky in our Art unit this week. We looked at a number of his paintings and talked about how they made us feel. We also looked at different printing techniques, including how we can overlap and use contrasting colours for effect. After a practice lesson of printing with fruit, we used different circular objects to recreate one of Kandinsky's famous paintings. We are very proud of the results!



Year 5 – Design and Technology

5S made hummus, tzatziki and flatbread this week after researching different Greek foods. They used lots of different equipment: colanders for draining chickpeas, grater for the cucumbers and rolling pins for the flatbread etc.





Enjoy our Nativity artwork

*"For unto us a child is born,
to us a son is given."* Isaiah 9:6-7



1 Sam has £29

He gets £28 more for his birthday.
He buys this cap and jumper with his money.



How much money does he have left?

2 One fifth of a number is 12

What is a half of the number?

3



I have 207 stickers

I have 150 stickers



Mo gives Alex some stickers.

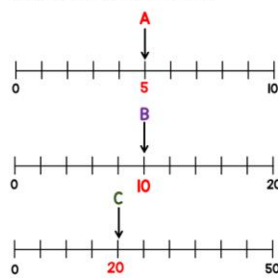
Alex now has twice as many as Mo.

How many stickers did Mo give Alex?



The answer to the KS1 problem seen in our last Newsletter:

1 Given that $A + B = C$
Draw an arrow pointing to C



2 Amir has a box of 50 counters.
12 of the counters are red.
17 of the counters are blue.
The rest of the counters are yellow.
Which coloured counter are there more of? $12 + 17 = 29$
 $50 - 29 = 21$
There are more yellow counters.

3 When I share my stickers between me and my 4 friends, we all get 7 stickers.



How many stickers did Lisa share out? $7 \times 5 = 35$
Lisa shared 35 stickers.



Online Safety

As part of our continued drive to offer advice and support for all aspects of digital/online safety, we are going to showcase weekly information from the National Online Safety resources which can be found at:

<https://nationalonlinesafety.com/>

Millions of new phones, tablets, laptops and games consoles will be nestling under Christmas trees this year. However, even if parents and carers have gone to the trouble of setting up these new devices and enabling the safety features, there are still potential hazards in the apps, games and software that children will want to install and use. Knowing what to look for and discussing those risks with your child may help avoid any nasty surprises this Christmas. Here are our top tips for ensuring that unwrapping this year's presents doesn't unleash any unexpected dangers.

In the guide, you'll find tips such as disabling in-app purchasing, take note of age ratings and watching out for imitators.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about SETTING UP APPS, GAMES AND SOFTWARE

Millions of new phones, tablets, laptops and games consoles will be nestling under Christmas trees this year. However, even if parents and carers have gone to the trouble of setting up these new devices and enabling the safety features, there are still potential hazards in the apps, games and software that children will want to install and use. Knowing what to look for and discussing those risks with your child may help avoid any nasty surprises this Christmas. Here are our top tips for ensuring that unwrapping this year's presents doesn't unleash any unexpected dangers.

TAKE NOTE OF AGE RATINGS

Back when most games were bought in shops, checking the age rating was easy: it was on the front of the box. Now that most games are downloaded, it's tougher – but not impossible. All reputable download stores show a game's age rating at the point of purchase, and you can check the suitability of a specific title your child wants to play at videostandards.org.uk/ratingboard/games.

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CHECK THE SPECS

To avoid let-downs, check a game's specs before buying – especially for PC or Mac, where games often need a particular graphics chip or processor to work. Sites like systemrequirementslab.com can scan your computer to see if it will run certain games properly. On consoles, make sure you're buying the right version: some newer Xbox or PlayStation games won't play on older consoles.

'FREE' ISN'T ALWAYS FREE

The games market has changed radically in recent years. Many titles are free to download but then tempt players to pay for cosmetic items (as in Fortnite) or to unlock additional content. There can be huge peer pressure for children to pay for these items. Agree a budget for in-game purchases before the game is downloaded, and make sure children can't authorise in-game purchases by themselves.

MONITOR IN-GAME COMMS

Voice chat with friends is part of the fun of modern gaming – but danger lurks here too. Many titles have open chat systems, meaning that children could speak to strangers or hear adult language and verbal abuse when games get particularly competitive. Using a shared family area (as opposed to alone in bedrooms) for online gaming is a good way to keep an occasional ear on what's being said.

BE WARY OF GIFTS

Titles like Roblox, Minecraft and Fortnite have in-game currencies, which can be earned through progress in the game – but can also be bought with real money. A common scam is for a young player to be offered currency if they click a link, visit a certain site or contact another user directly. Warn your child about such offers; they should show you if they're in any doubt over an in-game gift.

APPS ARE AGE RATED, TOO

Like games, apps in the major stores have age ratings, too – so you can see in advance whether an app's appropriate for your child. Additionally, phones' parental control settings allow you to set age limits, preventing young ones from downloading unsuitable apps themselves. These ratings aren't infallible, however: we've seen TV apps featuring adult shows with an age rating of 3, for example.

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CONSIDER STORAGE

Most apps and games will tell you in the online store how much space they need on a device. Check this carefully – especially with games, which can run into hundreds of megabytes and beyond. If you don't have enough free storage on a device to run the game or app, you won't get a refund from the store. You can normally check a device's available storage space through the settings menu.

WATCH OUT FOR IMITATORS

Even in the official stores, untrustworthy rogue apps can slip through the net. Common tricks are apps or games that have a slightly different name to the genuine article (Fortnite rather than Fortnite, for instance) or use logos which deliberately look very similar to the official app. To avoid downloading these imitations, read the app's description and check who the publisher is listed as.

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LEGAL APPS THAT BREAK THE LAW

There are many apps that are perfectly legal but enable illegal activity – streaming apps which let people watch football matches, say, without paying for Sky or BT Sport. Prosecution for using such apps is rare, but they can lead to risky behaviour like viewing rogue streams on sites teeming with malicious links. Watch for children installing unusual apps with 'TV', 'stream' or 'sport' in the name.

IN-APP REGISTRATION

It's common for apps and games to ask users to register, entering personal details like email address, date of birth and other information you might not want your child to divulge. Ask them to get your permission before giving any personal info to an app – and consider using your details rather than the child's, so they're not targeted by marketing spam or put at risk of having their data stolen.

STAY UPDATED

Most games and apps are subject to regular updates, which not only offer new content and features but also provide critical security improvements. Children tend to ignore such updates – usually because they don't understand why they're important, or they simply want to get straight on with gaming. Check your child's devices periodically to make sure these updates are being installed.

Meet Our Expert

Barry Collins has been a technology journalist and editor for more than 20 years, working for titles such as the Sunday Times, Which?, PC Pro and Computeractive. He's appeared regularly as a technology pundit on television and radio, including on Newsnight, Radio 5 Live and ITV News at Ten. He has two children and has written regularly about internet safety issues.

National Online Safety

#WakeUpWednesday

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 14.12.2022

Christmas Colouring (For Fun)

It is not a competition; just enjoy reflecting on the true meaning of Christmas with this colouring page.

While they were there, the time came for the baby to be born, and she gave birth to her firstborn, a son. She wrapped him in cloths and placed him in a manger, because there was no room available for them. (Luke 2:6-7)



Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?

Do you want your voice heard?

Upcoming COFFEE MORNINGS

Time: 10am – 12noon

DATE: FRIDAY 13TH JANUARY 2023

VENUE: GEARIES CHILDREN'S CENTRE

GUEST: WES STREETING MP

DATE: MONDAY 16TH JANUARY 2023

VENUE: THACKERAY DRIVE CHILDREN'S CENTRE

GUEST: AUTISM SPECIALIST TEACHER

DATE: TUESDAY 24TH JANUARY 2023

VENUE: ST JOHN'S COLLEGE OPEN DAY

DATE: WEDNESDAY 25TH JANUARY 2023

VENUE: NEWBURY HALL CHILDREN'S CENTRE



Come along and meet other parent carers, share experiences, signposting and gain mutual support.

FREE MEMBERSHIP

Open to family members and carers of any child or young person with SEND up to the age of 25 years who live in or receive services from Redbridge. Associate membership is available for practitioners.

MEMBERSHIP FORMS AVAILABLE FROM:

www.empoweringparentstogether.org.uk
info@empoweringparentstogether.org.uk



07486 880 799
07486 880 646

FOLLOW US ON FACEBOOK: Empowering Parents Together - Redbridge

FOLLOW US ON TWITTER: @EPT_Redbridge



Department
for Education

London Borough of
Redbridge 



contact For families
with disabled children

Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?

JOIN OUR FREE WEBINARS!

Ultimate Parent Teacher Guide to SEND Appeals & Tribunals

Thursday 5th January 2023 at 8pm

How to improve your child's Executive Functioning Skills

Tuesday 10th January 2023 at 8pm

Dyspraxia (Developmental Coordination Disorder) - an Introduction

Monday 16th January 2023 at 7pm

Precision Teaching - Sight Words to Fluency

Wednesday 18th January 2023 at 7pm

Ultimate Guide to explaining Anxiety to Children with Coping Strategies

Thursday 26th January 2023 at 8pm

Graphic Facilitation - using Dual Coding to support Learning

Tuesday 31st January 2023 at 7pm

Please check EPT Facebook page for further details.

Please join EPT free membership and book the webinars by text or email.

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FOLLOW US ON FACEBOOK: Empowering Parents Together - Redbridge

FOLLOW US ON TWITTER: @EPT_Redbridge



Department
for Education

London Borough of

Redbridge



contact For families
with disabled children

Parenting Courses



We would like to draw your attention to some free online parenting courses, which enable parents/carers to develop parenting skills in their own time. The Solihull courses are short modules on a range of subjects from 'Understanding Pregnancy/ Labour, Birth and Your Baby' right through to 'Mental Health and Well Being for Parents and Teenagers Only'. The courses are excellent, available in several different languages and FREE to Redbridge residents.

To access the range of courses go to <https://inourplace.co.uk/> and apply the 'access' code 'BRIDGE'.

Cost of Living Crisis

Please see below important links providing information, which may help you with the cost of living crisis.

- Household Support Fund (HSF): hsf@redbridge.gov.uk
- <https://www.redbridge.gov.uk/benefits/cost-of-living-payments> Cost of Living Payments / Low-income benefits
- <https://www.gov.uk/browse/benefits> Includes eligibility, appeals, tax credits and Universal Credit
- List of food banks in Redbridge:
<https://search3.openobjects.com/mediamanager/redbridge/fsd/files/foodsupportlocationsredbridge.pdf>

Redbridge Emotional Welling Mental Health Services



Anna Freud Centre Resources

- Lingo booklet: provides insight into the experiences of young people when talking to adults/professionals about their mental health <https://www.annafreud.org/mental-health-professionals/improving-help/resources/lingo/>
- Talking mental health with young people in primary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-primary-school/>
- Talking mental health with young people in secondary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-secondary-school/>
- Supporting children's transition into secondary school: Guidance for parents/carers: evidence-based guidance package for parents that was written with input from clinicians at the AFC and teachers. <https://www.annafreud.org/schools-and-colleges/resources/supporting-childrens-transition-to-secondary-school-guidance-for-parents-and-carers/>



Child Psychotherapy

- Understanding childhood: contains a series of leaflets written by experienced Child and Adolescent Psychotherapists to give parents, grandparents, carers and professionals additional insight into children's feelings and view of the world and to help make sense of their behavior. <https://childpsychotherapy.org.uk/resources-families/understanding-childhood>



Redbridge EWMHS/CAMHS

- ADHD Resources for parents: with information on organizations that parents can refer to for extra support for their child, including support in the education section, parenting programs, and online courses for parents/carers. (attached)
- Official Redbridge EWMHS/CAMHS Resource Booklets <https://www.nelft.nhs.uk/redbridge-camhs>



YoungMinds

- Apart from having great resources for parents/carers regarding young people's mental health, they also have a parenting support helpline that you are able to call.
 - Offer advice to parents/carers concerned about their child's mental health up to the age of 25.
 - Helpline: 0808 802 5544 (9:30am-4pm Monday to Friday) FREE
 - Webchat service (9:30am-4pm Monday to Friday) – on bottom right hand corner, click the webchat icon
 - Email service (temporarily closed)
 - [Parents Helpline | Mental Health Help for Your Child | YoungMinds](#)



Gov.Uk

- UK Government website also has a section called the Education Hub where they provide lists of resources for children, students, parents, school staff that you can access for free.
- [Mental health resources for children, students, parents, carers and school/college staff - The Education Hub \(blog.gov.uk\)](#)

Google Classrooms – Help Sheet



Google Classroom

What is Google Classroom?

Google Classroom is a class-organisation platform that incorporates Google's core G Suite (Google Docs, Sheets, Slides, Drive) and other Google products so students can access everything they need for a class, including homework assignments, group projects and files. Google Classroom is designed for organisation and collaboration. We will be using Google Classroom to assign homework as well as within school to improve children's digital literacy.

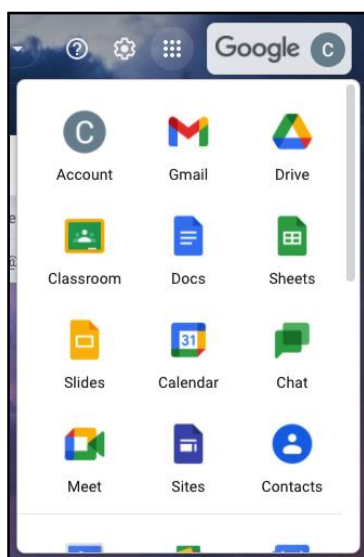
How do you log into a Google Classroom?

Your child has been given a username (email address) and a password, these should be stuck inside their communication or homework books. You have also received an email and/or text with the information. To access it you can search 'Google login', once you have logged in using the username and password you have access to email, classroom and Google drive (a storage system that uses the Google version of Word, Excel and PowerPoint).

When you log in look for the 'waffle' (the nine dots).



You will then see these options and you select 'Classroom'



Each class is private to the people the teacher has personally invited, including the students enrolled in that class and other teachers. Once your child has accessed a class, they can use all the features the teacher has enabled for that class, including class schedules, assignments and announcements.

Can you use Google Classroom at home?

Children can access Google Classroom from anywhere, including from their phones or tablets, when they download the Google Classroom app.

How does my child find out about new stuff posted in Google Classroom?

Your child will receive an email when the teacher posts an announcement. These emails come through your child's email account, not solely in the Classroom. Classrooms do not alert you when an assignment is due; to keep track of deadlines, kids need to check the class calendar.