



SSPP School News

29th March 2024 Issue 26



**IT WAS LOVE,
NOT NAILS THAT
HELD JESUS TO
THE CROSS**



SS Peter and Paul's Catholic Primary School

The Good Shepherd Catholic Trust

Gordon Road, Ilford, Essex, IG1 1SA, UK

Tel: 020 8478 1267

admin.sspeterandpauls@redbridge.gov.uk



*We show our love for God, in the way we treat each other.
Together we follow Jesus, by learning, and sharing our gifts.*

Dear Parents, Carers and Friends of SS Peter and Paul's,

As we enter the Easter holiday season, we reflect on the profound significance of this time for our school community. We extend warm greetings to those who have celebrated Holi this week and to those who will be observing the end of Ramadan during the upcoming holidays. May these festive occasions bring joy, unity, and blessings to all.

During this Holy Week, we pause to reflect on the significance of Christ's sacrifice and resurrection. Through prayer, fasting, and acts of charity, our school community has journeyed together in the spirit of Lent. As we prepare to commemorate the passion, death, and resurrection of Jesus Christ, let us think about the teachings of Catholic Social Teaching, particularly the principle of 'solidarity' which has been the focus in class this half term.

A heartfelt thank you to all parents and children who attended the 'Stay and Pray' session on Tuesday, organised by our Liturgy Leaders. Their active participation in prayer and reflection during class collective worships is deeply appreciated and truly enriches our school community. Please remember that this invitation is extended to all members of our school community, regardless of faith, as we unite in prayer and reflection to stand for our shared beliefs.

We also extend our gratitude to everyone who joined us for yesterday's 'Swap to Save' book exchange event. The overwhelming success of the event has inspired us to organise another one in the summer term, ensuring that the joy of sharing and reading continues to flourish within our school.

The children delighted in participating in the Easter Bonnet Parade. We witnessed a splendid array of entries, and our 'Friends of SSPP Parent Association' graciously lent their support by judging the contenders. Winners in each class received a prize as a token of appreciation for their creativity and enthusiasm and all children left school with an extra treat to enjoy.

I am delighted to have completed my first term as Headteacher. Getting to know the staff, children, and parents has been a true blessing, and I express my heartfelt gratitude for your dedication, support, and commitment to our shared mission.

May the joy and peace of Easter fill your hearts and homes with abundant blessings.

Ms. Osei
Headteacher

Headteacher

Ms Osei

Deputy Headteacher

Mrs Hull

Assistant Headteacher

Mr Roca-Mas

DATES FOR YOUR DIARY

Monday 15th April

First Day of Summer 1

Friday 19th April

CAFOD Walk 3.15pm - field

Wednesday 24th April

Bishop Alan Visiting SSPP

Thursday 25th April

2I Class Assembly

LINKS

School Website:

<https://www.sspeterandpauls.redbridge.sch.uk/>

Twitter - X:

https://twitter.com/SSPP_Primary

UNICEF Article 17

Every child has the right to reliable information from the mass media.



You can get information in lots of ways – so long as it's safe
U.N. Convention on the Rights of the Child Article 17

Gospel Reflection (John 20:1-9)

Why wasn't Jesus in the tomb? This week is Holy Week and this coming Sunday is Easter Sunday. This is the day when the Church throughout the world especially remembers and celebrates the resurrection of Jesus - his rising in glory.

Easter Sunday is the greatest day in the Church's calendar. This day reminds us that Jesus, the Son of God, offers each one of us a share in his everlasting life and eternal happiness. All are warmly invited to come and join with the Church community this Sunday and celebrate the hope that Jesus' resurrection brings to our lives.

Prayer for the week

Dear Lord Jesus, thank you for this Sunday's wonderful celebration of your resurrection. Please bless my family with new life throughout the great Season of Easter.

"Let us prepare to celebrate Easter in the joy of God! Christ is risen! Christ is alive!" Pope Francis

Star Pupil Awards

N	
RC	Hejal
RK	Elen
1M	Riddhi
1S	Lethan
2B	Zahne
2I	Aaron R
3P	Dominic
3W	Courtney
4A	Allyson
4C	Miftahul
5C	Naweera & Kaiden
5S	Noah
6B	Jayden
6R	Ellen

Attendance w/e 29th March %

Class	% (Target 95.5%) Class attendance weekly percentages since the 4 th September 2023 Gold = Highest Green = Above 96% Red = Below 96%
RC	Attendance data will return after the Easter Holiday.
RK	
1M	
1S	
2B	
2I	
3P	
3W	
4A	
4C	
5C	
5S	
6B	
6R	



It is important that we always have the most up-to-date contact details you can provide. Please let the school office know if your contact details have changed or if additional people are collecting your child.

Scooters and Bikes

When collecting children, please do not bring scooters or bikes past the main school gate and into the playground. This includes allowing younger siblings to ride to the collection lines.

Please make use of the ample scooter and bike racks at the front of the school and then collect these as you leave.



Upcoming Dates

Monday 15th April

First Day of Summer 1

Friday 19th April

CAFOD Walk 3.15pm – school field

Wednesday 24th April

Bishop Alan Visiting SSPP

Thursday 25th April

2I Class Assembly



Final House Points Totals

NEWMAN	<div style="width: 100px; height: 15px; background-color: blue;"></div>	5176
MANNING	<div style="width: 150px; height: 15px; background-color: red;"></div>	5257
VAUGHAN	<div style="width: 250px; height: 15px; background-color: yellow;"></div>	6424
WISEMAN	<div style="width: 300px; height: 15px; background-color: green;"></div>	7180



SCHOOL NEWS

Saint of the Week: St Isidore (c.560–636)

Saint Isidore of Seville was among the most learned and prolific writers in the history of the Catholic Church. His influence was felt directly for more than a millennia, as his books were among the most copied and read books throughout the Middle Ages. Today, the world is unquestionably different because of this holy and brilliant man.

Isidore was born in Cartagena, modern-day Spain, to Severianus and Theodora, a well-respected, influential, and upper-class couple. Isidore had an older brother, Leander, who became a monk and then the Bishop of Seville. His younger brother, Fulgentius, became the Bishop of Astigi, and his sister, Florentina, became a nun of prominence. All three of Saint Isidore's siblings are saints.

Isidore's parents died when he was young, so his older brother, Leander, cared for him and his other two siblings. As a monk devoted to studies himself, Leander was especially attentive to the education of his siblings. Leander was quite strict in his disciplines, which resulted in Isidore obtaining a thorough education in grammar, logic, rhetoric, arithmetic, astronomy, music, geometry, Latin, Greek, Hebrew, and the Catholic faith. His interests were so vast that it has been said that Isidore knew everything. Isidore also benefited greatly from the contemplative influence of the monks he was drawn to their life of deep prayer.

Isidore's brother, Leander, became the Bishop of Seville in 580 and served for about twenty years.

When Bishop Leander died around the year 600, Isidore was named his successor in Seville and continued to strengthen the unified faith of Nicene Catholicism. Bishop Isidore was amazingly successful in his pastoral work. People flocked to him, listened to his preaching, were in awe of his vast knowledge, and were inspired by his holiness. As a shepherd, he was both an intellectual and a contemplative and enjoyed great confidence and trust from his people and other Church leaders.

During his lifetime, Saint Isidore had an enormous influence upon the Church and Western world. He influenced popes, bishops, clergy, laity, kings, and heretics. He won over the minds and hearts of countless people for Christ, uniting them with confidence in the true faith.



Rights Respecting / Global Action – Miss Ionita's Weekly Information

Rights Respecting - Myths and misconceptions Part 3

8. Rights help to control children's behaviour at school: Inaccurate - when children know about the Convention and learn in an environment that respects their rights, they gain a deeper understanding of other people's rights and the need to respect them. This in turn improves relationships at all levels as well as behaviour and attitudes. However, the rights in the Convention should not be used to control children nor be considered as a bargaining tool for positive attitudes or behaviour. Keep in mind that there are no conditions attached to rights and rights cannot be taken away or earned.

9. Rights tell children how to behave towards other children: Inaccurate - in our experience with rights respecting schools, we have seen that when children learn about their rights, their relationship with other children (and adults) tends to improve, as they develop a stronger sense of empathy and an awareness of how their actions can impact on others. Some rights in the Convention talk about children's relationship with each other (for example in article 15) or the need to not stop other people from enjoying their rights in the exercise of your own rights (for example in article 14) but the aim of the Convention is not to define and put a duty on a child's relationship with each other.

10. Children's rights come from UNICEF: Incorrect - the CRC is a United Nations treaty. It is not the property of UNICEF, and its articles are not 'UNICEF rights'. What is true is that UNICEF's work is guided by the Convention and that, as the world's leading children's organisation, UNICEF is mandated by the United Nations General Assembly "to advocate for the protection of children's rights, to help meet their basic needs and to expand their opportunities to reach their full potential". UNICEF is also the only agency explicitly named in the Convention (article 45).

11. When you turn 18, you have new human rights that are just for adults: Incorrect - all people, regardless of age, have human rights. The rights of the child apply from birth, until the age of 18. This means that when children reach the age of legal majority and cease to be protected under the CRC, they continue to be protected by other human rights treaties.

12. The Convention is out of date: Inaccurate - the Convention took years to develop and was adopted by the UN General Assembly in 1989. While the text of the Convention itself has not been changed since, the Convention as a whole is a living instrument that has evolved over time and adapted itself to many new realities that children face. There are regular reviews as to how the Convention should be interpreted and how governments must implement the Convention. For example, the Committee on the Rights of the Child, the body of experts that monitors the implementation of the Convention, regularly publishes statements called General Comments. These aim to clarify and elaborate on specific articles or themes that are relevant to children's rights. The Committee also organises Days of General Discussions on specific topics to deepen the understanding of certain areas of children's rights. In addition, there are a number of agreements that add further unique rights for children which are optional for countries, called "Optional Protocols".

West Ham Corner

We are still on an international break at the moment.

First up, England hosted Brazil at Wembley.

Bowen was named amongst the England subs for this one, and did taste some of the action when he came on in the 67th minute. It was about to be a Bowen/Paqueta midfield battle until 4 minutes after Bowen's arrival, Paqueta was taken off. The Brazilian had the bragging rights at the end, when the game finished 1-0 to the South America visitors.

Next up was another home game against Belgium. This marked Declan Rice's first game as captain for the national side. I have no doubt that Arsenal will lay claim to him – but we all know where he was forged.

It ended up being a 2-2 draw, thanks to a very late equaliser by man-of-the-moment Bellingham, but Bowen's good performance did him no harm in his attempt to secure a place at the Euros later this summer.

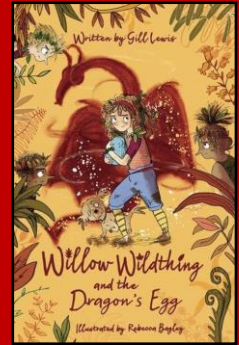
We return to league action at the weekend (yay!) with a trip to Newcastle – let's hope we can get through a game without the need to mention VAR!

Latest Result: West Ham United 1 – 1 Aston Villa

League Position: 7th



Recommended Read Year 3



In the Wilderness, where magic and nature collide, there are magical creatures and strange powers at work. In this story the Wild Things – a group of children who have taken on the characteristics of the wild creatures they are named after – discover another group, the Bark Skins, have taken over their camp, and won't give it back. A battle of the camps begins with witches, dragons, dragon's eggs and the two warring clans. Can they resolve the dispute and live alongside each other in The Wilderness?

If you liked this then try:
+ 'Willow Wildthing and the Swamp Monster' by Gill Lewis

+ 'Bad Mermaids on the Rocks' by Sibeal Pounder



Top Ten

Most correct answers over the last 7 days:

Rank	Name	Year Group
1	Karanveer	Year 4
2	Kevin	Year 4
3	Leah	Year 3
4	Elizabeth	Year 4
5	Jasleen	Year 2
6	Nathaniel	Year 4
7	Bhavagnya	Year 5
8	Ky'Reiss	Year 3
9	Thasvin	Year 4
10	Yasvika	Year 4

Community News



A huge thank you to the Friends of SSPP, who have been organising and running two Easter competitions. They provided prizes to the winners and then eggs to each of the children in the school to celebrate the end of the Spring Term.

Recent Tweets – @SSPP_Primary



SSPPCatholicPrimary
@SSPP_Primary

"They took palm branches and went out to him, shouting, 'Hosanna! Blessed is he who comes in the name of the Lord. Blessed is the King of Israel.'" John 12:13



PALM SUNDAY



SSPPCatholicPrimary
@SSPP_Primary

A big thank you to our Year 6 pupils who took time out from their busy lessons in order to take the rest of the school through Jesus' Passion. This reflective re-telling of the Stations of the Cross, allowed us all to listen, reflect, pray and then act. #SSPP



STATIONS of the CROSS

#BOOKMATCH

© The Reader Teacher

Books for fans of Pamela Butchart



IF YOU LIKE PAMELA BUTCHART, READ THESE

For more #BookMatch & similar suggested reads, visit TheReaderTeacher.com

Author Book Match



Pamela Butchart

- + The Spy Who Loved School Dinners
- + Baby Aliens Got My Teacher
- + My Headteacher is a Vampire Bat
- + Attack Of The Demon Dinner Ladies

Easter Bonnet Parade

The Friends of SSPP launched an Easter bonnet competition which the children really rose to. We saw some egg-cellent entries which were then judged by our PSA members. Congratulations to all those who took the time to enter both this and our egg-colouring competition.

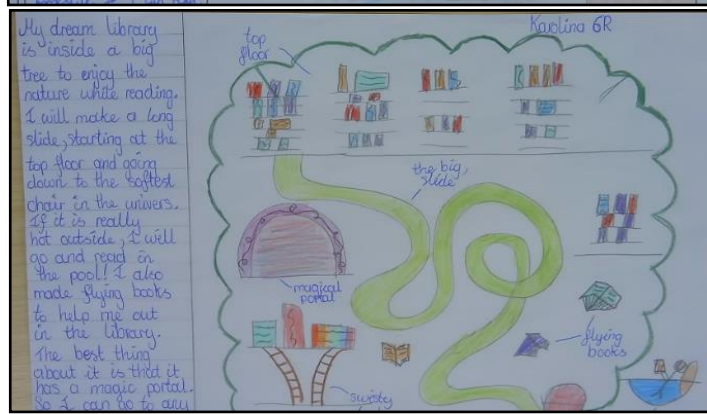
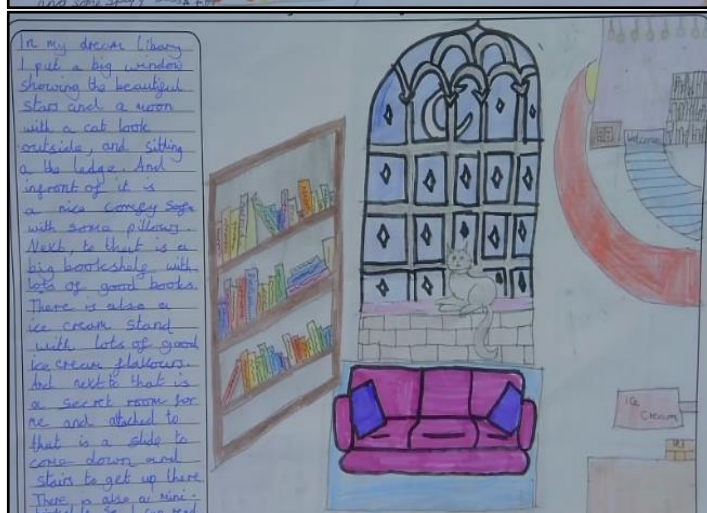
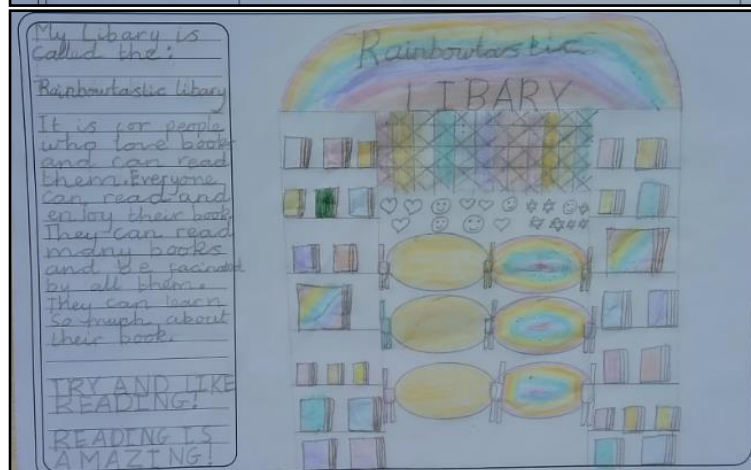
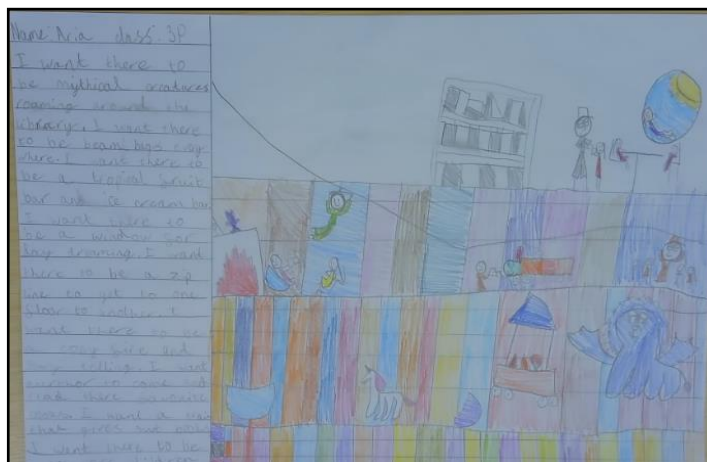
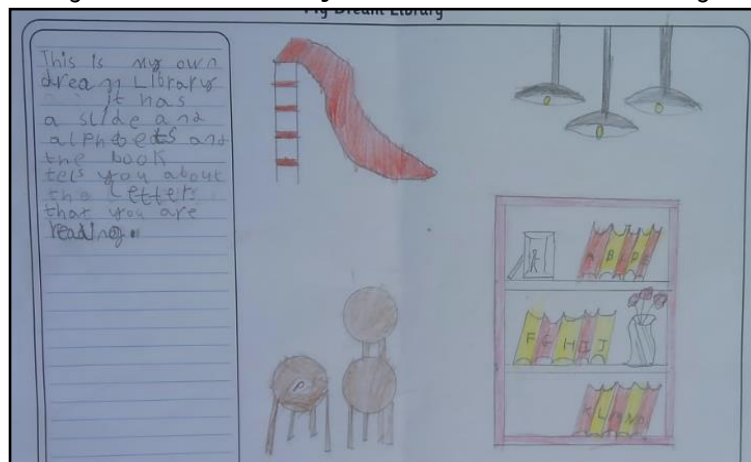


World Book Day Competition Winners

We had lots of entries across the school for our 'Design your dream library' competition. This was based on the book 'So You Want To Build A Library' by Lindsay Leslie. Some of the runners up included a stall selling Korean, Vietnamese and Chinese food or one that had a zip line between sections!



Congratulations to all of our winners: Faith, Aria, Alyssia, Riddhi, Roisin, Vandana, David and Jessica.



4C – Design Technology

4C made shadufs (used in Ancient Egypt for farming) as part of their D&T topic. The students planned, made and evaluated their designs.



2B – Design Technology

2B put their sewing skills to the test using different stitches to create colourful pocket aprons.

The children were able to thread their own needles and showed resilience and determination to create some fantastic work.



Sewing Club

Ms Cutri would like to say a massive well done to everyone who took part in Sewing Club. By the final week, students became experts in how to sew buttons, add sequins, embroider a variety of designs AND how to back-stitch. The cushions look ab-SEW-lutely brilliant!



Promoting Peace

Projects backed by CAFOD are building peace in multiple conflict situations. Poverty and conflict are closely linked, so CAFOD works in many countries where there is war or violence.



Prayer Room

We would like to remind parents that our beautiful prayer room is open for you to make use of during our whole-school assembly (Tuesdays at 9:05am-9.30am).

It is a quiet space which was heavily used in the days pre-covid, and one we know our parents appreciated.



Stations of the Cross

Year 6 led the meditation for the whole school detailing the passion of Jesus. Each station was displayed through a tableaux, whilst those watching were given the chance to reflect, pray and act. Communal hymns were shared throughout.



CAFOD – The Big Walk

Advanced Warning:

Our annual fundraiser close to the Lenten period where we put in the hard yards and collectively walk hundreds of miles in order to raise awareness and much needed funds for CAFOD will take place after Easter on **Friday 19th April**. Further details will be provided nearer the time.



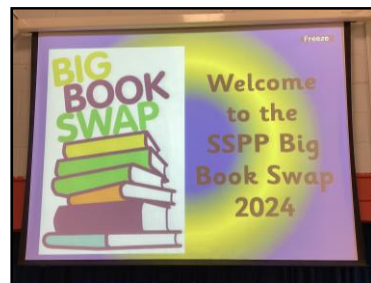
Summer Term

REMINDER: Summer Term begins on
Monday 15th April 2024



Swap 2 Save – The Big Book Swap

Our Big Book Swap was a resounding success. The Liturgy Ambassadors worked hard to share a message of reuse and recycle. Hopefully all of the children who took home a new book(s) will enjoy some reading time during the Easter break.



Summer Uniform

When we return for the Summer Term, children are allowed to come back in the summer uniform.

If chosen, this needs to be a complete set, rather than combined with elements of the winter uniform.

Where parents may decide to put layers under any of our uniform, these should not be visible.

Boys: Summer

Trousers – navy long or short
Navy blue V neck pullover, with school logo
Shirt – white long or short sleeve
School tie
Socks – navy/black/grey
Shoes – black (no thick rubber soles or trainers, no ankle boots or canvas shoes).

Girls: Summer

Navy and white checked dress
Navy cardigan or V neck pullover, with school logo
White socks (no tights/leggings cycling shorts)
Shoes black (no ankle boots, canvas shoes, sandals or wedges)



Book Competition Winners



- 

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- 

A circle divided into 8 equal sectors. 5 sectors are red, 2 are white, and 1 is blue.



**The
National
College®**

Low cost Easter Break Activities for Families

What?	Who?	How much?	More info
Vision Megamix			
Swimming	5-16 year olds in Redbridge (with some activities in set age groups)	£1	More info: Redbridge Holiday MegaMix • Vision RCL Book via: Redbridge Megamix - Booking by Bookwhen
Tennis camp		£2	
Cinema		£1	
Drama classes		£3	
Arts and craft		£3	
Digital workshops		£4	
Kids Zumba		£3	
Nature Activities		£4	
Roller Skating (8-18 year olds)		£4	
Science theatre		£3	
Art adventures Adapted Water Sports Adapted cycling	Young people with SEN/ Additional Needs	£4	

What?	Who?	How much?	More info
South Indian Dance Workshops	All ages	Free	Oaks park school 6.30-8.30pm 15/3/24 22/3/24 29/3/24 Contact East Tamil Society: 07919910984 addressetsociety@hotmail.co.uk
Ramadan Craft (Seven Kings Library, Hainault Library and Keith Axon Centre)	0-5 year olds	Free	Children's Events • Vision RCL Dates: (dates at locations vary) 16/3/24 23/3/24 2/4/24 3/4/24 6/4/24
Greta and the giants drama workshop	4-8 year olds	£3 for 1 adult and 1 child	Fullwell Cross: Greta and the Giants drama workshop @ Fullwell Cross Library Tickets, Sat 23 Mar 2024 at 11:00 Eventbrite South woodford library: Greta and the Giants drama workshop @ South Woodford Library Tickets, Sat 23 Mar 2024 at 14:00 Eventbrite
Easter Egg Hunt Valentines Mansion and Gardens	5-10 year olds	£2	Easter Egg Hunt • Vision RCL
Wanstead library Lego workshop	6+	free	Lego Workshop - Wanstead • Vision RCL
Family movie night Redbridge Central Library Children's library area	All ages	free	Dates: 11/4/23 12/4/23 4-6pm Movie Night • Vision RCL
Pop up peter rabbit craft	5+	Free	9/4/23 Pop-Up Peter Rabbit Craft • Vision RCL
Bunny adventures Easter trail	0-11	Free	3/4/24 4/4/24 Fullwell cross library Redbridge central library Wanstead Library The Bunny Adventures Easter Trail • Vision RCL

Low cost Easter Break Activities for Families

What?	Who?	How much?	More info
Easter craft (Seven Kings Library, Hainault Library and Keith Axon Centre)	4+	Free	30/4/2024
Colouring club	4+	Free	Wanstead Library 2/4/24 2.30pm
Trolls band together film screening	All ages	£3.00 Children: £1.00 Concessions: £1.00	Kenneth More Theatre Oakfield Road Ilford IG1 1BT 11:00 to 12:30 14:00 to 15:30
Owls Play Centre, Barkingside	0-11	Babies under 1 year £2.00 Admission for 1-3 years £5.50 Admission for 3 years+ £7.50 Adults £2.00 Senior (60+) £1.00	Owls Play Centre Indoor Play & Party Venue • Vision RCL
Fairlop Sky Run	5+	Low ropes (5+) £6pp High ropes (8+) £8pp	https://www.fairlopsykyrun.co.uk/booking
Redbridge Holiday Fun (HAF) Programme	4-12 11-16	HAF activities are for children and young people who receive benefit- related Free School Meals.	If you are not eligible for FSM you may be able to book a paid place at certain locations, please contact the providers directly https://eequ.org/redbridgehaf



Young Carers - Redbridge

Pre-bookable only

Join us for our **FREE** Young Carers Groups
Every Saturday in Redbridge

T: 0203 375 9045

E: faye@endorphins.uk

W: www.endorphins.uk

YOUNG CARERS GROUP
Valentines High School
children & young people
Every Saturday (term time only)
9.30am – 12 noon
8 – 12 year old
Pre-bookable only

YOUNG CARERS GROUP
Valentines High School
for young people
Every Saturday (term time only)
12.30pm – 3pm
13 – 18 year old
Pre-bookable only

In Partnership with **London Borough of Redbridge** 

Young Carers Redbridge - What you've said ...

Very happy with the service so far, good lines of communication with the staff.
My daughter is happy

I like the way you cope with our children, my son loves coming there, he enjoys all of the activities, my son says the team are very caring and he wants to continue the activities. Thank you so much.

I feel safe with my son attending Endorphins. A has made some friends which is lovely to see, he also gets on with the adults which is a big deal for him.

We were hesitant at first as he had become accustomed to the last service, but everything is going well and I feel the staff are caring, friendly and accommodating - 100% love.

B says she loves the sessions and all of the activities – staff are nice she also commented that staff listen to her views.

My son has enjoyed the little time he has spent at Endorphins he loves the project.



To book
T: 0203 375 9045
E: faye@endorphins.uk



REDBRIDGE EASTER HOLIDAY FUN

London Borough of
Redbridge

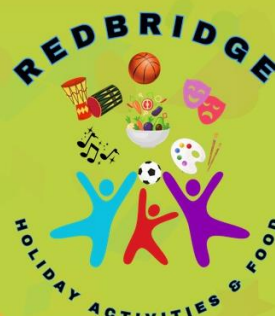


**APRIL
2nd to 5th
2024**

**Free activities ✓
New skills ✓
Free meals ✓
New friends ✓**

**IS YOUR CHILD
IN RECEPTION TO
YEAR 11 AND IN
RECEIPT OF BENEFIT RELATED
FREE SCHOOL MEALS?**

**Enjoy sports,
arts & crafts,
drama, cooking
and MUCH MORE!**



**SCAN ME
TO BOOK**

**TO BOOK YOUR PLACE - SCAN THIS QR CODE, VISIT
[HTTPS://FIND.REDBRIDGE.GOV.UK/HAF](https://find.redbridge.gov.uk/haf)
OR EMAIL [HAF@REDBRIDGE.GOV.UK](mailto:haf@redbridge.gov.uk)**

Funded by



**Department
for Education**

Redbridge Holiday Fun

H A F N E W S L E T T E R



Holiday Fun News:

Welcome to the second issue of our HAF newsletter. We hope these updates will provide you with helpful information, including upcoming dates and the great activities on offer.

This Easter, we return to some of our great venues across the borough including St Augustine's, Frenford Clubs, Hainault Youth Centre and Uphall Primary School.

Some of our dedicated holiday providers this Easter include *Leyton Orient* who have added a brand new Drama workshop.

Kids In Charge strive to keep things fresh with wholesome Cooking sessions.

While new provider *Learning Hive* will be bringing the fun with a Comic Book workshop, Gymnastics and Archery!

For the FULL list of providers and amazing activities, visit our booking page from 6th of March [HERE](#).

Best, Redbridge HAF Team

Important Dates:

29th February

HAF referrals for professionals working with families can be made here:

<https://forms.office.com/e/qnzdp8R7wB>

6th March

Easter HAF bookings officially open. Register your child(ren) here:

<https://eequ.org/redbridgehaf>

22nd March

Easter HAF referrals will close. Any submissions after this date will be a late referral and subject to availability.

2nd - 5th April

Redbridge Easter HAF!

CONTACT US:

e: haf@redbridge.gov.uk

w: <https://find.redbridge.gov.uk/haf>

Views from Parents:

Whether or not your child(ren) have attended a HAF session, we would love to hear your views. Your feedback helps us develop the service.

PLEASE COMPLETE OUR NEW SURVEY [HERE](#):

https://engage.redbridge.gov.uk/redbridge-haf_programme/surveys/haf-parent-survey1

Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?

JOIN OUR FREE WEBINARS!

Eating Disorders in Autistic People
Tuesday 16th April 2024 at 8pm

Reducing and Resolving Conflict - Mediation and Thinking skills
Wednesday 24th April 2024 at 7pm

Reducing Exam-based Anxiety in Children and Young People
Thursday 25th April 2024 at 8pm

Global Development Delay
Thursday 16th May 2024 at 7pm

Toileting - Supporting children in home and school
Thursday 23rd May 2024 at 7pm

School Transitions from Nursery to Further Education
Thursday 30th May 2024 at 8pm

Please check EPT Facebook page for further details.
Please join EPT free membership and book the webinars by text or email.

FREE MEMBERSHIP

Open to family members and carers of any child or young person with SEND up to the age of 25 years who live in or receive services from Redbridge. Associate membership is available for practitioners.

MEMBERSHIP FORMS AVAILABLE FROM:

www.empoweringparentstogether.org.uk
info@empoweringparentstogether.org.uk



07486 880 799
07486 880 646

FOLLOW US ON FACEBOOK: Empowering Parents Together - Redbridge

FOLLOW US ON TWITTER: @EPT_Redbridge



Department
for Education

London Borough of
Redbridge 



contact For families
with disabled children



Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?

Do you want your voice heard?

Upcoming COFFEE MORNINGS at 10am to 12pm

DATE: WEDNESDAY 17TH APRIL 2024

**VENUE: NEWBURY HALL CHILDREN'S CENTRE,
NEWBURY PARK, IG2 7LD**

GUEST: LINKS SUPPORT SOLUTIONS LTD.

TOPIC: SUPPORTED LIVING, SHORT BREAKS & DAY ACTIVITIES



DATE: FRIDAY 2ND MAY 2024

**VENUE: EYPAD CRANBROOK CHILDREN'S CENTRE,
THE DRIVE, ILFORD, IG1 3PS**

**GUEST: DR CAT HALLIGAN, EDUCATION PSYCHOLOGIST,
MENTAL HEALTH SUPPORT TEAM (MHST)**

TOPIC: EMOTIONAL BASED SCHOOL ANXIETY- STRATEGIES AND Q&A



Light refreshments provided.

PLEASE NOTE: We do not endorse any speakers or services invited.

FREE MEMBERSHIP

Open to family members and carers of any child or young person with SEND up to the age of 25 years who live in or receive services from Redbridge. Associate membership is available for practitioners.

MEMBERSHIP FORMS AVAILABLE FROM:

www.empoweringparentstogether.org.uk
info@empoweringparentstogether.org.uk



07486 880 799
07486 880 646

FOLLOW US ON FACEBOOK: Empowering Parents Together - Redbridge

FOLLOW US ON TWITTER: @EPT_Redbridge



Department
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Redbridge



contact For families
with disabled children



Come and meet other parents / carers of SEND children and young people at our regular coffee mornings.

Redbridge Emotional Welling Mental Health Services



Anna Freud Centre Resources

- Lingo booklet: provides insight into the experiences of young people when talking to adults/professionals about their mental health <https://www.annafreud.org/mental-health-professionals/improving-help/resources/lingo/>
- Talking mental health with young people in primary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-primary-school/>
- Talking mental health with young people in secondary school: <https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-secondary-school/>
- Supporting children's transition into secondary school: Guidance for parents/carers: evidence-based guidance package for parents that was written with input from clinicians at the AFC and teachers. <https://www.annafreud.org/schools-and-colleges/resources/supporting-childrens-transition-to-secondary-school-guidance-for-parents-and-carers/>



Child Psychotherapy

- Understanding childhood: contains a series of leaflets written by experienced Child and Adolescent Psychotherapists to give parents, grandparents, carers and professionals' additional insight into children's feelings and view of the world and to help make sense of their behaviour. <https://childpsychotherapy.org.uk/resources-families/understanding-childhood>



Redbridge EWMHS/CAMHS

- ADHD Resources for parents: with information on organizations that parents can refer to for extra support for their child, including support in the education section, parenting programs, and online courses for parents/carers. (attached)
- Official Redbridge EWMHS/CAMHS Resource Booklets <https://www.nelft.nhs.uk/redbridge-camhs>



YoungMinds

- Apart from having great resources for parents/carers regarding young people's mental health, they also have a parenting support helpline that you are able to call.
 - Offer advice to parents/carers concerned about their child's mental health up to the age of 25.
 - Helpline: 0808 802 5544 (9:30am-4pm Monday to Friday) FREE
 - Webchat service (9:30am-4pm Monday to Friday) – on bottom right hand corner, click the webchat icon
 - Email service (temporarily closed)
 - [Parents Helpline | Mental Health Help for Your Child | YoungMinds](#)



Gov.Uk

- UK Government website also has a section called the Education Hub where they provide lists of resources for children, students, parents, school staff that you can access for free.
- [Mental health resources for children, students, parents, carers and school/college staff - The Education Hub \(blog.gov.uk\)](#)

Google Classrooms – Help Sheet



Google Classroom

What is Google Classroom?

Google Classroom is a class-organisation platform that incorporates Google's core G Suite (Google Docs, Sheets, Slides, Drive) and other Google products so students can access everything they need for a class, including homework assignments, group projects and files. Google Classroom is designed for organisation and collaboration. We will be using Google Classroom to assign homework as well as within school to improve children's digital literacy.

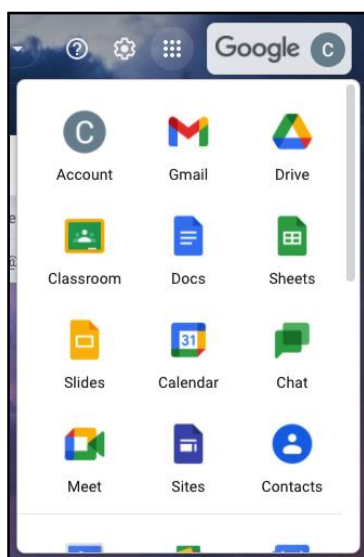
How do you log into a Google Classroom?

Your child has been given a username (email address) and a password, these should be stuck inside their communication or homework books. You have also received an email and/or text with the information. To access it you can search 'Google login', once you have logged in using the username and password you have access to email, classroom and Google drive (a storage system that uses the Google version of Word, Excel and PowerPoint).

When you log in look for the 'waffle' (the nine dots).



You will then see these options and you select 'Classroom'



Each class is private to the people the teacher has personally invited, including the students enrolled in that class and other teachers. Once your child has accessed a class, they can use all the features the teacher has enabled for that class, including class schedules, assignments and announcements.

Can you use Google Classroom at home?

Children can access Google Classroom from anywhere, including from their phones or tablets, when they download the Google Classroom app.

How does my child find out about new stuff posted in Google Classroom?

Your child will receive an email when the teacher posts an announcement. These emails come through your child's email account, not solely in the Classroom. Classrooms do not alert you when an assignment is due; to keep track of deadlines, kids need to check the class calendar.